

2o Kosmira Trail Run 2024 ΔΙΑΔΡΟΜΗ 5KM

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	FINISH 5KM
1	1	1	ALL	Male	1027	Greek	FOIVOS SYRMAKESIS	-	AGSI	0:00:02.780(00:00:00)	0:20:41.320(00:20:38)
2	2	2	ALL	Male	1038	Greek	GEORGIOS PANTOULAS	-	ΣΔΙ	0:00:00.203(00:00:00)	0:20:50.673(00:20:50)
3	3	3	ALL	Male	1013	Greek	PETROS LOLIS	-	EKA ΔΩΔΩΝΗ ΙΩΑΝΝΙΝΩΝ	0:00:00.203(00:00:00)	0:20:51.940(00:20:51)
4	4	4	ALL	Male	1058		KONSTANTINOS TATSIS	-	ΑΓΣΙ	0:00:02.343(00:00:00)	0:21:16.663(00:21:14)
5	5	5	ALL	Male	1023	Greek	MARIOS PAPOULIAS	-	EKA DODONI	0:00:02.516(00:00:00)	0:21:48.723(00:21:46)
6	6	6	ALL	Male	1033	Greek	ALEXANDROS PERVANAS	-		0:00:00.203(00:00:00)	0:22:21.650(00:22:21)
7	7	7	ALL	Male	1052	Greek	NAPOLEON MPALTOGIANNIS	-	REVOLUTION-FIT	0:00:00.673(00:00:00)	0:23:42.673(00:23:42)
8	8	8	ALL	Male	1024	Greek	KONSTANTINOS HARALAMPOUS	-	ΑΓΣΙ	0:00:02.343(00:00:00)	0:23:44.320(00:23:41)
9	9	9	ALL	Male	1092		EVANGELOS PLIAKOPANOS	-		0:00:02.516(00:00:00)	0:23:56.560(00:23:54)
10	10	10	ALL	Male	1028	Greek	EVAGGELOS NOUSIAS	-	ΑΓΣΙ	0:00:00.673(00:00:00)	0:24:10.233(00:24:09)
11	11	11	ALL	Male	1004	Greek	ALEXANDROS BLETSAS	-	BLETSAS FARM	0:00:00.110(00:00:00)	0:24:20.520(00:24:20)
12	12	12	ALL	Male	1022	Greek	ATHANASIOS VOULGARIS	-		0:00:03.110(00:00:00)	0:25:06.436(00:25:03)
13	1	13	ALL	Female	1060		STAVROULA PAPADOPOULOU	-	ΑΓΣΙ	0:00:00.110(00:00:00)	0:25:26.580(00:25:26)
14	13	14	ALL	Male	1046	Greek	FOTIS MEGAS	-	REVOLUTION-FIT	0:00:00.203(00:00:00)	0:25:46.166(00:25:45)
15	14	15	ALL	Male	1043	Greek	STEFANOS SEVASTIADIS	-	REVOLUTION-FIT	0:00:03.576(00:00:00)	0:25:56.886(00:25:53)
16	15	16	ALL	Male	1032	Greek	ILIAS ZIOGAS	-		0:00:01.046(00:00:00)	0:27:39.880(00:27:38)
17	16	17	ALL	Male	1053	Greek	EVVAGGELOS PASIAS	-	REVOLUTION-FIT	0:00:00.110(00:00:00)	0:27:39.990(00:27:39)
18	2	18	ALL	Female	1012	Greek	MARIA RINI	-		0:00:03.576(00:00:00)	0:27:42.293(00:27:38)
19	17	19	ALL	Male	1014	Greek	CHRISTOS ZOGAKIS	-		0:00:03.110(00:00:00)	0:27:58.370(00:27:55)
20	18	20	ALL	Male	1067		DIMITRIS KALIARNTAS	-		0:00:07.063(00:00:00)	0:28:08.653(00:28:01)
21	19	21	ALL	Male	1089		PANAGIOTIS TSIAVOS	-		0:00:03.326(00:00:00)	0:28:17.190(00:28:13)
22	20	22	ALL	Male	1049	Greek	IOANNIS TSANTAS	-	REVOLUTION-FIT	0:00:05.063(00:00:00)	0:28:21.660(00:28:16)
23	21	23	ALL	Male	1005	Greek	ORESTIS BLETSAS	-	BLETSAS FARM	0:00:00.110(00:00:00)	0:29:37.210(00:29:37)
24	22	24	ALL	Male	1095		DIMOSTHENIS ALEXIOU	-		0:00:04.000(00:00:00)	0:29:40.066(00:29:36)
25	23	25	ALL	Male	1062		IOANNIS KAKAIDIS	-	REVOLUTION FIT	0:00:07.500(00:00:00)	0:30:00.803(00:29:53)
26	24	26	ALL	Male	1007	Greek	CHRISTOS MILTSAKAKIS	-	DADSON	0:00:05.453(00:00:00)	0:30:45.603(00:30:40)
27	3	27	ALL	Female	1090		STAVROULA PRISKA	-		0:00:03.060(00:00:00)	0:30:50.646(00:30:47)
28	25	28	ALL	Male	1093		MARIOS PAPPAS	-		0:00:03.656(00:00:00)	0:31:06.400(00:31:02)
29	26	29	ALL	Male	1097		PAVLOS KITNIS	-		0:00:04.093(00:00:00)	0:31:14.056(00:31:09)

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30	27	30	ALL	Male	1088		THOMAS TSIANAKAS	-		0:00:05.923(00:00:00)	0:31:24.993(00:31:19)
31	28	31	ALL	Male	1087		DIMITRIOS VOULGARIS	-		0:00:05.923(00:00:00)	0:31:24.993(00:31:19)
32	4	32	ALL	Female	1056		VASILIKI GOURGOULI	-	REVOLUTION FIT	0:00:04.830(00:00:00)	0:32:38.950(00:32:34)
33	29	33	ALL	Male	1009	Greek	DIMITRIOS DEZOS	-		0:00:04.000(00:00:00)	0:32:53.030(00:32:49)
34	30	34	ALL	Male	1036	Greek	LAMPROS FRAGKOS	-	ΣΔΙ	0:00:07.500(00:00:00)	0:33:08.550(00:33:01)
35	31	35	ALL	Male	1017	Greek	DIMOS TASOULIS	-	Red Lions Serres	0:00:09.340(00:00:00)	0:33:09.870(00:33:00)
36	5	36	ALL	Female	1050	Greek	EYGENIA ZARAGKA	-	REVOLUTION-FIT	0:00:04.830(00:00:00)	0:34:37.773(00:34:32)
37	6	37	ALL	Female	1048	Greek	NATALIA KYRIAKOU	-	REVOLUTION-FIT	0:00:00.483(00:00:00)	0:34:38.230(00:34:37)
38	7	38	ALL	Female	1065		AIKATERINI ZYGOURI	-		0:00:07.500(00:00:00)	0:34:44.556(00:34:37)
39	32	39	ALL	Male	1008	Greek	ANDREAS MILTSAKAKIS	-	DADSON	0:00:02.673(00:00:00)	0:34:45.753(00:34:43)
40	33	40	ALL	Male	1096		KONSTANTINOS KITNIS	-		0:00:05.250(00:00:00)	0:34:58.683(00:34:53)
41	8	41	ALL	Female	1066		OURANIA ATHANASIOU	-		0:00:07.500(00:00:00)	0:35:20.563(00:35:13)
42	9	42	ALL	Female	1030	Greek	CHARIKLEIA STAVROULA	-		0:00:07.500(00:00:00)	0:35:44.643(00:35:37)
43	10	43	ALL	Female	1025	Greek	KONSTANTINA LAKOUMENTA	-		0:00:08.083(00:00:00)	0:35:45.186(00:35:37)
44	11	44	ALL	Female	1011	Polish	BARBARA BUKOWSKA	-		0:00:05.063(00:00:00)	0:35:48.956(00:35:43)
45	34	45	ALL	Male	1068		PETROS PALASKAS	-		0:00:03.060(00:00:00)	0:35:50.153(00:35:47)
46	12	46	ALL	Female	1054	Greek	EFTYCHIA SIONTA	-	REVOLUTION-FIT	0:00:05.063(00:00:00)	0:35:51.246(00:35:46)
47	35	47	ALL	Male	1061		FILIPPOS KAKAIDIS	-	REVOLUTION FIT	0:00:09.340(00:00:00)	0:36:04.486(00:35:55)
48	36	48	ALL	Male	1064		ARIS OIKONOMOU	-	REVOLUTION FIT	0:00:09.340(00:00:00)	0:36:07.586(00:35:58)
49	37	49	ALL	Male	1063		DIMITRIOS KAKAIDIS	-	REVOLUTION FIT	0:00:09.340(00:00:00)	0:36:20.120(00:36:10)
50	13	50	ALL	Female	1055		OLGA FOTOU	-	REVOLUTION FIT	0:00:05.673(00:00:00)	0:36:27.720(00:36:22)
51	14	51	ALL	Female	1026	Greek	MARIA NOUSIA	-	ΑΓΣΙ	0:00:03.000(00:00:00)	0:36:31.760(00:36:28)
52	38	52	ALL	Male	1099		SPYROS BLETSOS	-		0:00:03.060(00:00:00)	0:36:44.453(00:36:41)
53	39	53	ALL	Male	1098		ERRIKOS APOSTOLOU	-		0:00:03.576(00:00:00)	0:36:44.556(00:36:40)
54	40	54	ALL	Male	1010	Greek	CHRIS KOKKINOS	-		0:00:05.393(00:00:00)	0:37:11.363(00:37:05)
55	15	55	ALL	Female	1040	Greek	KONSTANTINA LEFA	-	REVOLUTION-FIT	0:00:07.500(00:00:00)	0:37:43.460(00:37:35)
56	41	56	ALL	Male	1059		GEORGIOS THEODORIS	-		0:00:07.500(00:00:00)	0:40:01.303(00:39:53)
57	16	57	ALL	Female	1094		ALEXANDRA ALEXIOU	-		0:00:04.673(00:00:00)	0:41:08.923(00:41:04)
58	17	58	ALL	Female	1015	Greek	THEODORA KOSTAGIANNI	-		0:00:00.343(00:00:00)	0:41:27.730(00:41:27)
59	42	59	ALL	Male	1006	Greek	KOSTANTINOS PAPADIMITRIOU	-	ΣΥΛΛΟΓΟΣ ΑΠΙΝΤΑΧΟΥ ΖΕΡΜΑΤΙΝΩΝ ΖΕΡΜΑ	0:00:05.923(00:00:00)	0:41:29.713(00:41:23)
60	43	60	ALL	Male	1021	Greek	NIKOS PAPADOPOULOS	-		-	0:42:18.980 (-:-:-)
61	18	61	ALL	Female	1019	Greek	LAMPRINI KOSMA	-		-	0:42:20.063 (-:-:-)

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62	44	62	ALL	Male	1018	Greek	APOSTOLOS LEKKAS	-		-	0:42:21.306 (---:--)
63	19	63	ALL	Female	1020	Greek	SASA DREPANA	-		-	0:42:22.226 (---:--)
64	20	64	ALL	Female	1091		VASILIKI TSOUNI	-		0:00:02.123(00:00:00)	0:42:48.660(00:42:46)
65	21	65	ALL	Female	1041	Greek	KATERINA LEFA	-	REVOLUTION-FIT	0:00:05.923(00:00:00)	0:45:26.170(00:45:20)
66	22	66	ALL	Female	1042	Greek	TERRY PALASKA	-	REVOLUTION-FIT	0:00:06.593(00:00:00)	0:45:27.923(00:45:21)
67	23	67	ALL	Female	1057		THEODORA KARTSAMPA	-	REVOLUTION FIT	0:00:03.576(00:00:00)	0:46:28.296(00:46:24)
68	45	68	ALL	Male	1034	Greek	IOANNIS NTAKAS	-		0:00:09.420(00:00:00)	0:47:04.586(00:46:55)
69	46	69	ALL	Male	1039	Greek	SPIRIDON NTAKOULAS	-	ΣΔΙ	0:00:07.500(00:00:00)	0:48:42.216(00:48:34)
70	47	70	ALL	Male	1001	Greek	KOSTAS TZIKOPOULOS	-	LITOHOROTEAM	0:00:09.340(00:00:00)	0:48:45.173(00:48:35)
71	48	71	ALL	Male	1051	Greek	PETROS SOULIS	-		0:00:05.673(00:00:00)	0:55:24.296(00:55:18)