

### 3ος ΦΛΥΓΟΝΙΟΣ ΔΡΟΜΟΣ 10.000 m

| Rank | By Gen. | By Cat. | Cat.   | Gender | BIB | Country | Name                   | YOB | Club                               | START 10KM            | CP1                   | FINISH 10KM           |
|------|---------|---------|--------|--------|-----|---------|------------------------|-----|------------------------------------|-----------------------|-----------------------|-----------------------|
| 1    | 1       | 1       | ALL    | Male   | 116 | GR      | ΙΩΑΝΝΗΣ ΚΑΡΝΑΣΟΠΟΥΛΟΣ  | -   | ΞΕΝΟΔΑΜΟΣ ΑΝΤΙΚΥΡΑΣ                | 0:00:01.263(00:00:00) | 0:19:11.250(00:19:09) | 0:39:25.193(00:39:23) |
| 2    | 2       | 2       | ALL    | Male   | 102 | GR      | ΣΤΑΥΡΟΣ ΤΣΟΚΑΝΟΣ       | -   | ΑΚΟΛ                               | 0:00:00.833(00:00:00) | 0:19:59.340(00:19:58) | 0:41:34.350(00:41:33) |
| 3    | 3       | 3       | ALL    | Male   | 110 | GR      | ΔΗΜΗΤΡΙΟΣ ΖΙΑΚΟΠΟΥΛΟΣ  | -   | Α.Σ.ΗΝΙΟΧΟΣ                        | 0:00:00.250(00:00:00) | 0:20:22.423(00:20:22) | 0:41:51.516(00:41:51) |
| 4    | 4       | 1       | 40-54M | Male   | 126 | GR      | ΓΙΑΝΝΗΣ ΠΡΩΤΟΠΑΠΠΑΣ    | -   | ΣΙΤΑΠΟΘΗΚΕΣ                        | 0:00:01.263(00:00:00) | 0:21:18.220(00:21:16) | 0:43:43.703(00:43:42) |
| 5    | 5       | 2       | 40-54M | Male   | 125 | GR      | ΔΗΜΗΤΡΗΣ ΠΟΛΥΤΑΡΧΟΥ    | -   |                                    | 0:00:02.216(00:00:00) | 0:21:41.406(00:21:39) | 0:44:02.970(00:44:00) |
| 6    | 6       | 1       | 55+M   | Male   | 114 | GR      | ΑΝΑΣΤΑΣΙΟΣ ΚΑΡΑΓΙΑΝΝΗΣ | -   | ΑΘΛΗΤΙΚΟΣ ΌΜΙΛΟΣ ΔΡΟΜΕΩΝ ΛΙΒΑΔΕΙΑΣ | 0:00:00.250(00:00:00) | 0:21:26.260(00:21:26) | 0:44:19.276(00:44:19) |
| 7    | 7       | 3       | 40-54M | Male   | 118 | GR      | ΔΗΜΗΤΡΙΟΣ ΚΙΟΥΣΗΣ      | -   | ΑΨΛ ΜΕΔΕΩΝ                         | 0:00:07.750(00:00:00) | 0:22:56.640(00:22:48) | 0:45:38.050(00:45:30) |
| 8    | 8       | 4       | 40-54M | Male   | 104 | GR      | ΓΙΑΝΝΗΣ ΑΓΓΕΛΗΣ        | -   | ΛΟΚΡΟΙ TRAIL RUNNING TEAM          | 0:00:06.373(00:00:00) | 0:23:06.953(00:23:00) | 0:46:26.710(00:46:20) |
| 9    | 9       | 2       | 55+M   | Male   | 105 | GR      | ΓΕΩΡΓΙΟΣ ΑΡΓΥΡΗΣ       | -   | ΑΚΟΛ                               | 0:00:01.560(00:00:00) | 0:23:44.626(00:23:43) | 0:48:31.516(00:48:29) |
| 10   | 10      | 3       | 55+M   | Male   | 106 | GR      | ΕΥΑΓΓΕΛΟΣ ΒΟΡΓΙΑΣ      | -   | ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ                | 0:00:02.216(00:00:00) | 0:25:40.253(00:25:38) | 0:51:46.416(00:51:44) |
| 11   | 11      | 5       | 40-54M | Male   | 117 | GR      | ΛΕΩΝΙΔΑΣ ΚΑΤΣΑΡΕΛΙΑΣ   | -   | ΑΠΣ ΔΡΟΜΕΩΝ ΕΥΒΟΙΑΣ                | 0:00:04.030(00:00:00) | 0:25:40.236(00:25:36) | 0:51:46.966(00:51:42) |
| 12   | 12      | 1       | 18-39M | Male   | 109 | GR      | ΕΥΘΥΜΙΟΣ ΖΑΡΟΓΚΙΚΑΣ    | -   | SRMR                               | 0:00:04.326(00:00:00) | 0:25:29.276(00:25:24) | 0:51:59.670(00:51:55) |
| 13   | 13      | 2       | 18-39M | Male   | 112 | GR      | ΝΙΚΟΣ ΚΑΛΛΙΑΚΜΑΝΗΣ     | -   | LEVADIA'S BEAT                     | 0:00:04.030(00:00:00) | 0:24:55.276(00:24:51) | 0:52:05.570(00:52:01) |
| 14   | 14      | 3       | 18-39M | Male   | 107 | GR      | ΝΙΚΟΛΑΟΣ ΓΚΙΟΥΖΕΛΗΣ    | -   | DESFINA RUNNERS                    | 0:00:02.216(00:00:00) | 0:25:56.500(00:25:54) | 0:54:23.056(00:54:20) |
| 15   | 15      | 4       | 55+M   | Male   | 127 | GR      | ΚΥΡΙΑΚΟΣ ΣΑΛΗΣ         | -   | ΔΡΟΜΕΙΣ ΕΥΒΟΙΑΣ                    | 0:00:04.030(00:00:00) | 0:26:52.213(00:26:48) | 0:54:55.646(00:54:51) |
| 16   | 16      | 4       | 18-39M | Male   | 130 | GR      | ΛΟΥΚΑΣ ΓΑΡΕΦΟΣ         | -   |                                    | 0:00:04.623(00:00:00) | 0:26:17.943(00:26:13) | 0:57:29.450(00:57:24) |
| 17   | 1       | 4       | ALL    | Female | 123 | GR      | ΡΕΝΑ ΠΑΠΑΔΟΠΟΥΛΟΥ      | -   | ΑΠΣ ΔΡΟΛΕΩΝ ΕΥΒΟΙΑΣ                | 0:00:04.326(00:00:00) | 0:29:06.423(00:29:02) | 0:58:59.660(00:58:55) |
| 18   | 17      | 6       | 40-54M | Male   | 113 | GR      | ΤΑΣΟΣ ΚΑΜΠΟΛΗΣ         | -   | SRMR                               | 0:00:06.373(00:00:00) | 0:29:27.603(00:29:21) | 1:02:39.703(01:02:33) |
| 19   | 18      | 5       | 55+M   | Male   | 120 | GR      | ΓΙΑΝΝΗΣ ΛΟΥΚΑΣ         | -   | ΑΝΕΞΑΡΤΗΤΟΣ                        | 0:00:04.030(00:00:00) | 0:30:56.333(00:30:52) | 1:05:15.683(01:05:11) |
| 20   | 19      | 6       | 55+M   | Male   | 124 | GR      | ΝΙΚΟΛΑΟΣ ΠΙΤΣΙΟΣ       | -   | ΑΘΗΝΑΙΟΙ ΔΡΟΜΕΙΣ                   | 0:00:06.373(00:00:00) | 0:32:15.293(00:32:08) | 1:07:08.440(01:07:02) |
| 21   | 20      | 5       | 18-39M | Male   | 101 | RO      | CĂTĂLIN ARAPALEA       | -   | APD_DACIA                          | 0:00:00.826(00:00:00) | 0:34:57.626(00:34:56) | 1:07:31.843(01:07:31) |