

Place	Gender Rank	AG Rank	Bib	Name	Gender	AG	Time3K	Time5k	Time8k	Time	Net time	Pace	Club
1	1	-1	1001	ISALLARI HERALD	M	Male 16-49	0:13:20,0	0:21:17,0	0:35:19,0	0:43:20,0	0:43:16,0	4:19	
2	2	-1	1012	ΔΑΝΙΑΣ ΑΓΓΕΛΟΣ	M	Male 16-49	0:14:05,0	0:22:00,0	0:36:13,0	0:44:04,0	0:44:03,0	4:24	
3	3	-1	1024	ΚΩΝΣΤΑΝΤΗΣ ΔΗΜΗΤΡΗΣ	M	Male 16-49	0:14:11,0	0:22:20,0	0:37:27,0	0:45:26,0	0:45:23,0	4:32	
4	4	1	1003	ΑΝΤΩΝΙΔΗΣ ΧΡΗΣΤΟΣ	M	Male 16-49	0:14:17,0	0:22:57,0	0:37:33,0	0:45:53,0	0:45:52,0	4:35	Γ. Σ. ΠΑΡΝΗΘΑΣ
5	5	1	1051	ΤΣΟΥΜΑΣ ΒΑΣΙΛΗΣ	M	Male 50+	0:15:02,0	0:24:07,0	0:39:46,0	0:48:21,0	0:48:20,0	4:50	CGS Triathlon club
6	6	2	1042	ΣΙΟΥΧΛΕΡΗΣ ΒΑΣΙΛΗΣ	M	Male 16-49	0:14:33,0	0:23:28,0	0:40:01,0	0:49:34,0	0:49:32,0	4:57	
7	7	2	1036	ΠΑΠΑΔΟΠΟΥΛΟΣ ΓΕΩΡΓΙΟΣ	M	Male 50+	0:15:40,0	0:24:55,0	0:40:59,0	0:49:55,0	0:49:51,0	4:59	
8	1	-1	1018	ΙΩΑΝΝΟΥ ΜΑΡΙΛΕΝΑ	F	Female 16-49	0:15:26,0	0:24:50,0	0:41:11,0	0:50:42,0	0:50:40,0	5:04	ΑΟ ΠΑΛΑΙΟΥ ΦΑΛΗΡΟΥ
9	8	3	1022	ΚΟΥΤΣΩΝΑΣ ΑΛΕΞΑΝΔΡΟΣ	M	Male 50+	0:16:09,0	0:25:11,0	0:42:26,0	0:51:26,0	0:51:25,0	5:08	No fear
10	9	3	1013	ΔΗΜΗΤΡΟΚΑΛΛΗΣ ΝΙΚΟΣ	M	Male 16-49	0:22:00,0	0:35:26,0		0:51:55,0	0:51:44,0	5:11	
11	10	4	1023	ΚΥΡΙΤΣΗΣ ΣΤΑΥΡΟΣ	M	Male 16-49	0:17:09,0	0:27:15,0	0:43:30,0	0:52:25,0	0:52:17,0	5:14	Recreation Fitness Team
12	11	5	1055	ΧΑΡΙΤΟΣ ΔΗΜΗΤΡΗΣ	M	Male 16-49	0:16:14,0	0:26:13,0	0:43:39,0	0:53:05,0	0:53:02,0	5:18	
13	2	-1	1032	ΜΠΑΛΤΑ ΡΑΛΛΟΥ	F	Female 16-49	0:16:38,0	0:26:42,0	0:43:28,0	0:53:19,0	0:53:11,0	5:19	
14	12	6	1057	ΔΟΛΙΑΣ ΑΘΑΝΑΣΙΟΣ	M	Male 16-49	0:17:13,0	0:27:26,0	0:45:20,0	0:55:24,0	0:55:21,0	5:32	ΚΟΥΜΠΑΡΑΣ
15	3	-1	1027	ΜΑΡΚΙΔΗ ΝΙΚΟΛΕΤΤΑ	F	Female 16-49	0:17:14,0	0:27:29,0	0:45:20,0	0:55:35,0	0:55:32,0	5:33	
16	13	7	1046	ΣΥΝΟΔΙΝΟΣ ΚΥΡΙΑΚΟΣ	M	Male 16-49	0:17:30,0	0:27:39,0	0:45:36,0	0:55:44,0	0:55:43,0	5:34	
17	14	8	1019	ΚΑΛΑΜΑΡΗΣ ΧΡΗΣΤΟΣ	M	Male 16-49	0:17:29,0	0:27:50,0	0:46:03,0	0:56:16,0	0:56:10,0	5:37	-
18	15	9	1020	ΚΑΡΑΠΑΝΑΓΟΣ ΣΤΑΥΡΟΣ	M	Male 16-49	0:16:38,0	0:27:08,0	0:46:28,0	0:58:04,0	0:58:00,0	5:48	
19	16	10	1044	ΣΠΑΝΟΠΟΥΛΟΣ ΑΝΔΡΕΑΣ	M	Male 16-49	0:19:01,0	0:29:03,0	0:48:28,0	0:58:13,0	0:58:02,0	5:49	
20	17	11	1031	ΜΠΑΛΑΓΙΑΝΝΗΣ ΚΩΣΤΑΣ	M	Male 16-49	0:17:23,0	0:28:36,0	0:47:21,0	0:58:31,0	0:58:23,0	5:51	PORTICUS
21	4	1	1058	ΚΑΡΑΠΑΤΣΙΟΥ ΖΩΖΙΑΝΑ	F	Female 16-49	0:17:39,0	0:28:29,0	0:48:03,0	0:58:42,0	0:58:40,0	5:52	
22	5	2	1002	ΑΓΓΕΛΙΔΟΥ ΑΝΑΣΤΑΣΙΑ	F	Female 16-49	0:18:24,0	0:28:52,0	0:48:28,0	0:58:55,0	0:58:51,0	5:53	
23	18	12	1053	ΤΥΛΙΓΑΔΑΣ ΙΩΑΝΝΗΣ	M	Male 16-49	0:17:27,0	0:28:28,0	0:48:09,0	0:59:13,0	0:59:10,0	5:55	
24	19	13	1017	ΖΑΧΑΡΗΣ ΝΙΚΟΛΑΟΣ	M	Male 16-49	0:18:02,0	0:29:16,0	0:48:21,0	0:59:39,0	0:59:33,0	5:57	
25	20	14	1014	ΔΗΜΟΠΟΥΛΟΣ ΚΑΡΟΛΟΣ	M	Male 16-49	0:17:25,0	0:28:36,0	0:49:10,0	0:59:56,0	0:59:49,0	5:59	PORTICUS
26	21	15	1060	ΣΤΑΥΡΙΔΗΣ ΒΑΓΓΕΛΗΣ	M	Male 16-49	0:18:17,0	0:29:03,0	0:49:15,0	1:00:00,0	0:59:55,0	5:59	
27	22	16	1007	ΒΑΓΕΝΑΣ ΓΙΩΡΓΟΣ	M	Male 16-49	0:18:28,0	0:29:18,0	0:50:42,0	1:01:16,0	1:01:05,0	6:07	Γιώργος Βαγενάς
28	23	17	1009	ΓΕΩΡΓΟΠΟΥΛΟΣ ΒΑΣΙΛΕΙΟΣ	M	Male 16-49	0:19:16,0	0:30:19,0	0:50:56,0	1:01:24,0	1:01:12,0	6:08	Global
29	24	18	1039	ΠΟΡΙΑΖΗΣ ΜΑΝΟΣ	M	Male 16-49	0:19:09,0	0:30:30,0	0:51:15,0	1:02:31,0	1:02:22,0	6:15	
30	6	3	1030	ΜΕΛΙΤΣΙΩΤΗ ΖΕΝΙΑ	F	Female 16-49	0:19:15,0	0:30:45,0	0:51:09,0	1:02:57,0	1:02:53,0	6:17	
31	25	4	1011	ΔΑΜΑΣΚΟΣ ΣΠΥΡΟΣ	M	Male 50+	0:19:48,0	0:31:38,0	0:52:03,0	1:03:45,0	1:03:36,0	6:22	Polias Runners
32	26	5	1034	ΠΑΝΤΖΙΔΗΣ ΛΥΚΟΥΡΓΟΣ	M	Male 50+	0:19:57,0	0:31:39,0	0:52:13,0	1:04:16,0	1:04:10,0	6:25	
33	27	19	1035	ΠΑΝΤΙΩΡΑΣ ΠΑΝΤΕΛΗΣ	M	Male 16-49	0:19:22,0	0:30:39,0	0:53:13,0	1:04:56,0	1:04:51,0	6:29	Ανεξαρτητος
34	7	1	1008	ΒΕΛΩΝΙΑ ΣΤΕΛΛΑ	F	Female 50+	0:20:16,0	0:32:19,0	0:53:56,0	1:05:02,0	1:04:46,0	6:30	
35	8	4	1029	ΜΕΛΗ ΝΙΚΟΛΕΤΑ	F	Female 16-49	0:20:15,0	0:31:57,0	0:53:44,0	1:05:14,0	1:05:12,0	6:31	Alfa Cycling team
36	9	5	1004	ΑΡΤΟΠΟΥΛΟΥ ΑΙΚΑΤΕΡΙΝΗ	F	Female 16-49	0:22:09,0	0:33:55,0	0:54:56,0	1:05:55,0	1:05:46,0	6:35	
37	28	20	1033	ΝΙΚΟΛΑΚΑΚΟΣ ΔΗΜΗΤΡΗΣ	M	Male 16-49	0:19:41,0	0:31:23,0	0:54:09,0	1:06:39,0	1:06:31,0	6:39	
38	29	21	1005	ΑΣΚΑΡΙΔΗΣ ΚΙΜΩΝ	M	Male 16-49	0:20:18,0	0:33:27,0	0:54:50,0	1:06:45,0	1:06:34,0	6:40	
39	30	6	1040	ΡΗΓΑΣ ΓΕΩΡΓΙΟΣ	M	Male 50+	0:19:53,0	0:31:53,0	0:56:27,0	1:09:08,0	1:09:02,0	6:54	ΣΔΥΑ
40	31	22	1049	ΤΟΥΡΝΑΣ ΝΙΚΟΣ	M	Male 16-49	0:20:07,0	0:33:02,0	0:57:14,0	1:10:19,0	1:10:11,0	7:01	Οι τελειωμένοι
41	32	7	1048	ΤΙΜΙΟΥ ΘΕΟΦΙΛΟΣ	M	Male 50+	0:23:04,0	0:35:24,0	0:58:46,0	1:10:42,0	1:10:31,0	7:04	
42	33	23	1015	ΔΗΜΟΥΛΕΑΣ ΦΩΤΗΣ	M	Male 16-49	0:22:24,0	0:35:02,0	0:59:54,0	1:12:58,0	1:12:50,0	7:17	
43	34	24	1056	ΧΑΨΑΣ ΑΛΕΞΑΝΔΡΟΣ	M	Male 16-49	0:21:00,0	0:35:23,0	1:02	1:19:04,0	1:18:55,0	7:54	ΟΙ ΤΕΛΕΙΩΜΕΝΟΙ
44	35	25	1016	ΖΑΧΑΡΑΚΗΣ ΠΑΝΟΣ	M	Male 16-49				1:21:30,0	1:21:30,0	8:08	
45	10	6	1026	ΜΑΡΓΕΛΗ ΓΕΩΡΓΙΑ	F	Female 16-49				1:23:39,0	1:23:39,0	8:21	OUTDOOR GAMES RUNNING TEAM
46	36	26	1052	ΤΥΛΙΓΑΔΑΣ ΑΠΟΣΤΟΛΟΣ	M	Male 16-49	0:25:18,0	0:40:24,0	1:11	1:29:10,0	1:29:05,0	8:54	
47	37	27	1021	ΚΑΦΑΝΤΑΡΙΔΗΣ ΠΑΝΤΕΛΗΣ	M	Male 16-49		1:13:31		1:29:27,0	1:29:27,0	8:56	ΑΣ ΑΡΗΣ Θεσσαλονίκης