

4o Grammos Mountain Run 2022 GMR Vertical 5km

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	START 5KM	FINISH 5KM
1	1	1	ALL	Male	2005		ALFRED GAXHJA	1993		0:00:00.100(00:00:00)	0:45:09.320(00:45:09)
2	2	2	ALL	Male	2010		KONSTANTINOS GIANNOPOULOS	1984	DYNAFIT / MOUNTAIN TRAINING SOLUTIONS	0:00:00.100(00:00:00)	0:46:25.907(00:46:25)
3	3	3	ALL	Male	2009		ODYSSEAS ZIOGOS	1978		0:00:00.873(00:00:00)	0:47:24.777(00:47:23)
4	4	4	ALL	Male	2006		GEZIM GAXHJA	1999		0:00:00.333(00:00:00)	0:50:32.107(00:50:31)
5	5	5	ALL	Male	2008		XENOFON SARIGIANNIS	1991		0:00:00.873(00:00:00)	0:52:41.687(00:52:40)
6	6	6	ALL	Male	2001		MIHAIL KALLIMANIS	1997		0:00:00.530(00:00:00)	0:54:44.980(00:54:44)
7	7	7	ALL	Male	2007		CHRISTOS KARAKOULAKIS	1988		0:00:01.187(00:00:00)	0:55:39.530(00:55:38)
8	1	8	ALL	Female	2004		DAFNI MANTOUSHI	1992	MOUNTAIN TRAINING SOLUTIONS	0:00:00.530(00:00:00)	1:02:47.047(01:02:46)
9	2	9	ALL	Female	2011		MARIA TZOVARA	1978		0:00:01.953(00:00:00)	1:10:11.550(01:10:09)
10	8	10	ALL	Male	2015		IOANNIS TILIOS	1960	ΔΗΜΟΣ ΚΑΛΛΙΘΕΑΣ	0:00:00.100(00:00:00)	1:11:30.467(01:11:30)
11	9	11	ALL	Male	2002		GEORGE TSAGKAS	1997		0:00:00.100(00:00:00)	1:14:33.860(01:14:33)
12	3	12	ALL	Female	2003		GEORGIA THEODOSIADOU	1972		0:00:02.080(00:00:00)	1:30:42.447(01:30:40)