

## ΨΑΘΑΘΛΟ 2022 Sprint Τρίαθλο ατομικό

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
1	1	1	ALL	Male	154		ΠΑΝΑΓΙΩΤΗΣ ΔΗΜΟΠΟΥΛΟΣ	1989	TRIATHLON ACADEMY	0:10:47.833	0:11:38.206 (00:00:50)	0:42:11.163 (00:30:32)	0:42:51.856 (00:00:40)	0:59:55.950 (00:17:04)
2	2	2	ALL	Male	164		ΓΙΑΝΝΗΣ ΚΑΜΑΡΙΝΟΣ	1997	KROMIDAS COACHING	0:13:23.890	0:14:18.423 (00:00:54)	0:44:13.893 (00:29:55)	0:45:26.316 (00:01:12)	1:02:30.673 (00:17:04)
3	3	3	ALL	Male	188		ΜΑΝΟΣ ΜΟΙΡΑΣ	1985	Α.Σ ΤΡΙΑΘΛΟΝ ΧΑΛΚΙΔΑΣ	0:11:30.666	0:12:35.826 (00:01:05)	0:43:49.573 (00:31:13)	0:44:33.950 (00:00:44)	1:02:38.340 (00:18:04)
4	4	1	30-39	Male	150		ΣΠΥΡΟΣ ΓΚΟΤΖΙΑΣ	1989	ATHENS TRIATHLON TEAM	0:12:02.513	0:12:54.106 (00:00:51)	0:44:26.103 (00:31:31)	0:45:17.660 (00:00:51)	1:05:26.383 (00:20:08)
5	5	2	30-39	Male	149		ΗΛΙΑΣ ΓΚΑΡΑΒΕΛΑΣ	1987	ΑΤΗΛΟΚΙΝΙΣΙ ΤΡΙΑΘΛΟΝ TEAM	0:15:28.716	0:16:46.343 (00:01:17)	0:48:03.096 (00:31:16)	0:49:13.030 (00:01:09)	1:07:15.430 (00:18:02)
6	6	3	30-39	Male	112		CHRISTOS GIANNAKOGLU	1988	AKTINA	0:14:36.393	0:15:36.663 (00:01:00)	0:47:10.630 (00:31:33)	0:47:51.293 (00:00:40)	1:07:33.643 (00:19:42)
7	7	1	40-49	Male	101		KONSTANTINOS AGGELOPOULOS	1980	ALEX ENDURANCE GANG	0:14:07.956	0:15:55.423 (00:01:47)	0:49:42.396 (00:33:46)	0:50:42.460 (00:01:00)	1:08:42.930 (00:18:00)
8	8	1	18-29	Male	167		ΑΛΚΗΣ ΚΑΦΩΡΟΣ	1993	ΠΕΙΡΑΙΑΣ	0:14:38.250	0:15:43.670 (00:01:05)	0:48:17.546 (00:32:33)	0:49:27.040 (00:01:09)	1:09:09.723 (00:19:42)
9	9	4	30-39	Male	168		ΘΕΟΦΑΝΗΣ ΚΟΛΛΙΑΣ	1987		0:14:41.980	0:16:22.526 (00:01:40)	0:48:03.096 (00:31:40)	0:49:11.920 (00:01:08)	1:09:23.166 (00:20:11)
10	10	1	50-59	Male	118		MICHALIS MICHAS	1968	KASIMIS TRAINING	0:14:06.980	0:15:35.346 (00:01:28)	0:48:14.046 (00:32:38)	0:49:31.200 (00:01:17)	1:09:50.556 (00:20:19)
11	11	2	18-29	Male	136		ΚΩΝΣΤΑΝΤΙΝΟΣ ΑΛΕΞΗΣ	1996	PROTYPO TRIATHLON CLUB	0:14:31.913	0:16:07.936 (00:01:36)	0:48:20.280 (00:32:12)	0:49:28.800 (00:01:08)	1:09:51.440 (00:20:22)
12	12	2	40-49	Male	124		ΘΑΝΟΣ ΣΤΟΥΜΠΑΣ	1977	NSCOACHING	0:14:12.873	0:15:39.403 (00:01:26)	0:48:13.180 (00:32:33)	0:49:16.113 (00:01:02)	1:10:05.880 (00:20:49)
13	13	3	40-49	Male	129		KONSTANTINOS VERDES	1976	KROMMIDAS COACHING	0:15:30.916	0:17:19.256 (00:01:48)	0:49:19.516 (00:32:00)	0:50:39.836 (00:01:20)	1:10:11.243 (00:19:31)
14	14	4	40-49	Male	221		ΑΡΙΣΤΟΤΕΛΗΣ ΤΣΑΓΚΑΡΗΣ	1979		0:13:50.096	0:15:39.286 (00:01:49)	0:48:28.700 (00:32:49)	0:49:39.340 (00:01:10)	1:10:33.276 (00:20:53)
15	15	5	40-49	Male	131		ΒΑΓΓΕΛΗΣ ΑΓΓΕΛΟΠΟΥΛΟΣ	1976	ALEX ENDURANCE GANG	0:14:00.286	0:15:42.023 (00:01:41)	0:48:24.000 (00:32:41)	0:50:12.553 (00:01:48)	1:11:16.096 (00:21:03)
16	16	6	40-49	Male	180		ΜΙΛΤΟΣ ΜΑΚΡΥΜΙΧΑΛΟΣ	1978	TRIATHLON ACADEMY	0:15:10.886	0:16:29.540 (00:01:18)	0:48:30.780 (00:32:01)	0:49:30.430 (00:00:59)	1:11:27.816 (00:21:57)
17	17	5	30-39	Male	206		ΠΑΣΧΑΛΗΣ ΡΑΔΟΠΟΥΛΟΣ	1986	-	0:16:39.116	0:17:35.710	-	0:51:20.996	1:11:54.133

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
											(00:00:56)		(--:--:--)	(00:20:33)
18	18	2	50-59	Male	224		ΒΑΣΙΛΕΙΟΣ ΤΣΟΥΜΑΣ	1972	IRONΚΟΥΚΟΥ	0:14:44.160	0:16:44.916 (00:02:00)	0:50:15.586 (00:33:30)	0:51:19.576 (00:01:03)	1:12:27.093 (00:21:07)
19	19	3	18-29	Male	235		ΤΑΣΟΣ ΚΑΝΕΛΛΟΠΟΥΛΟΣ	1997		0:16:19.180	0:18:18.800 (00:01:59)	0:53:45.780 (00:35:26)	0:55:06.533 (00:01:20)	1:13:37.040 (00:18:30)
20	20	7	40-49	Male	104		ΒΑΣΙΛΗΣ ΑΝΑΜΟΥΡΛΟΓΛΟΥ	1980	ΠΑΛΑΙΜΟΝ - ΑΤΗΛΟΚΙΝΙΣΙ	0:13:28.280	0:14:50.986 (00:01:22)	0:47:53.330 (00:33:02)	0:49:07.986 (00:01:14)	1:13:40.093 (00:24:32)
21	21	6	30-39	Male	138		ΜΗΤΣΑΚΟΣ ΑΝΤΩΝΗΣ	1985		0:16:55.183	0:18:29.650 (00:01:34)	0:52:16.663 (00:33:47)	0:53:29.500 (00:01:12)	1:14:13.950 (00:20:44)
22	22	8	40-49	Male	217		ΓΙΑΝΝΗΣ ΤΑΣΙΟΥΛΑΣ	1977	ΟΛΥΜΠΙΑΔΑ ΑΙΓΑΛΕΩ	0:16:36.613	-	0:51:47.613 (--:--:--)	0:53:01.543 (00:01:13)	1:14:14.703 (00:21:13)
23	23	4	18-29	Male	205		ΒΙΚΤΩΡ ΠΡΩΤΟΓΕΡΑΚΗΣ	1997		0:16:08.780	0:17:40.190 (00:01:31)	0:53:43.710 (00:36:03)	0:54:58.843 (00:01:15)	1:14:56.310 (00:19:57)
24	24	9	40-49	Male	203		ΒΑΣΙΛΗΣ ΠΕΤΡΟΒΑΣ	1977	ΧΑΤΖΙΝΙCΟΛΑΣ TEAM	0:17:29.983	0:19:26.596 (00:01:56)	0:52:47.750 (00:33:21)	0:54:10.986 (00:01:23)	1:15:03.660 (00:20:52)
25	25	7	30-39	Male	122		ΝΙΚΟΛΑΟΣ ΣΕΡΕΤΑΣ	1984	GREGSOUV	0:17:49.166	0:20:09.423 (00:02:20)	0:53:10.443 (00:33:01)	0:54:34.120 (00:01:23)	1:15:33.870 (00:20:59)
26	26	8	30-39	Male	107		ΚΟΝΣΤΑΝΤΙΝΟΣ ΔΙΜΟΡΟΥΛΟΣ	1985	ΑΘΛΟΚΙΝΗΣΗ ΤΡΙΑΘΛΟΝ TEAM	0:52:01.350	0:17:29.350 (-00:34:32)	-	0:53:24.353 (--:--:--)	1:15:43.060 (00:22:18)
27	27	10	40-49	Male	211		ΠΑΝΟΣ ΣΑΡΙΔΗΣ	1975	ΤΡΙΑΘΛΟΝ ΑCΑΔΕΜΥ	0:16:29.136	0:18:23.626 (00:01:54)	0:51:54.996 (00:33:31)	0:53:20.300 (00:01:25)	1:15:45.903 (00:22:25)
28	28	11	40-49	Male	191		ΟΡΕΣΤΗΣ ΜΠΕΙΚΟ	1981		0:17:17.300	0:20:04.160 (00:02:46)	0:55:22.780 (00:35:18)	0:56:10.900 (00:00:48)	1:16:08.336 (00:19:57)
29	1	4	ALL	Female	201		ΚΑΤΕΡΙΝΑ ΠΑΠΑΙΩΑΝΝΟΥ	1981	ΑΤΗΝΣ ΤΡΙΑΘΛΟΝ TEAM	0:15:20.193	0:16:49.760 (00:01:29)	0:53:53.336 (00:37:03)	0:55:13.890 (00:01:20)	1:17:59.700 (00:22:45)
30	29	1	60+	Male	208		ΑΝΔΡΕΑΣ ΣΑΚΕΛΛΑΡΙΟΘ	1959		0:18:32.370	0:21:06.650 (00:02:34)	0:53:27.160 (00:32:20)	0:55:17.186 (00:01:50)	1:18:15.150 (00:22:57)
31	30	3	50-59	Male	193		ΤΖΑΝΗΣ ΜΠΟΥΓΙΟΥΡΗΣ	1969	ΤΡΙΑΘΛΟΝ ΑCΑΔΕΜΥ	0:18:46.290	0:20:20.196 (00:01:33)	0:56:19.630 (00:35:59)	0:57:41.153 (00:01:21)	1:18:25.126 (00:20:43)
32	31	4	50-59	Male	159		ΣΤΕΦΑΝΟΣ ΔΡΑΓΑΝΗΣ	1972	ΑΤΗΝΣ ΤΡΙΑΘΛΟΝ TEAM	0:15:12.420	0:17:47.080 (00:02:34)	0:54:29.963 (00:36:42)	0:56:08.230 (00:01:38)	1:18:28.433 (00:22:20)
33	2	5	ALL	Female	179		ΔΑΝΑΗ-ΕΛΙΝΑ ΜΑΚΡΙΔΑΚΗ	1985		0:14:33.876	0:15:47.320 (00:01:13)	0:52:53.670 (00:37:06)	0:54:14.280 (00:01:20)	1:18:47.953 (00:24:33)
34	32	5	50-59	Male	170		ΣΤΑΘΗΣ ΚΟΝΤΟΣ	1969	ΑΤΗΛΟΚΙΝΙΣΙ Ν. ΙΡΑΚΛΕΙΟΥ	0:18:57.870	0:20:30.493 (00:01:32)	0:53:47.860 (00:33:17)	0:55:27.906 (00:01:40)	1:18:52.873 (00:23:24)
35	33	9	30-39	Male	110		ALEXANDROS	1988		0:17:54.960	0:20:49.116	0:56:14.266	0:57:26.353	1:19:55.640

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
							ENGLEZAKIS				(00:02:54)	(00:35:25)	(00:01:12)	(00:22:29)
36	3	6	ALL	Female	230		ΑΘΗΝΑ ΨΕΥΤΟΥΔΗ	1969	ATHENS TRIATHLON TEAM	0:16:11.853	0:18:14.490 (00:02:02)	0:54:27.020 (00:36:12)	0:55:56.526 (00:01:29)	1:20:07.233 (00:24:10)
37	34	12	40-49	Male	141		ΚΩΣΤΑΣ ΒΑΛΣΑΜΙΔΗΣ	1982		0:19:30.170	0:21:18.706 (00:01:48)	0:57:52.360 (00:36:33)	0:58:43.930 (00:00:51)	1:20:49.280 (00:22:05)
38	35	10	30-39	Male	114		SAVVAS KATOMERITIS	1985		0:18:05.250	0:21:05.553 (00:03:00)	0:55:24.330 (00:34:18)	0:56:47.193 (00:01:22)	1:20:58.370 (00:24:11)
39	4	11	30-39	Female	117		SOFIA MALTEZOU	1989	ATHENS TRIATHLON TEAM	0:18:36.873	0:19:56.173 (00:01:19)	0:57:29.920 (00:37:33)	0:58:34.620 (00:01:04)	1:21:33.860 (00:22:59)
40	36	13	40-49	Male	157		ΘΑΝΑΣΗΣ ΔΙΟΓΟΣ	1975		0:20:20.276	0:23:08.776 (00:02:48)	0:59:08.460 (00:35:59)	0:59:50.270 (00:00:41)	1:21:33.966 (00:21:43)
41	37	12	30-39	Male	120		PANOS PALLIS	1990		0:16:30.000	0:17:05.096 (00:00:35)	0:56:31.363 (00:39:26)	0:57:32.706 (00:01:01)	1:21:35.070 (00:24:02)
42	38	5	18-29	Male	151		ΠΑΝΑΓΙΩΤΗΣ ΔΕΡΒΙΣΗΣ	1995		0:17:59.220	0:20:01.320 (00:02:02)	0:54:12.470 (00:34:11)	0:55:28.350 (00:01:15)	1:21:35.830 (00:26:07)
43	39	6	50-59	Male	213		ΝΙΚΟΛΑΟΣ ΣΙΔΕΡΗΣ	1968	NS COACHING	0:17:50.143	0:20:22.390 (00:02:32)	0:57:42.060 (00:37:19)	0:59:29.566 (00:01:47)	1:21:39.780 (00:22:10)
44	40	13	30-39	Male	202		ΚΩΝΣΤΑΝΤΙΝΟΣ ΠΑΠΑΪΩΑΝΝΟΥ	1983		0:19:22.840	0:21:14.973 (00:01:52)	0:59:06.156 (00:37:51)	1:00:25.916 (00:01:19)	1:21:49.636 (00:21:23)
45	41	14	40-49	Male	187		ΔΗΜΗΤΡΗΣ ΜΗΤΡΑΚΟΣ	1975	ATHENS TRIATHLON TEAM	0:16:09.663	0:18:52.743 (00:02:43)	0:56:10.110 (00:37:17)	0:57:56.273 (00:01:46)	1:21:59.050 (00:24:02)
46	42	14	30-39	Male	135		ΔΗΜΗΤΡΗΣ ΑΙΚΑΤΕΡΙΝΗΣ	1985	ΟΡΕΙΒΑΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΛΟΥΤΡΑΚΙΟΥ	0:22:31.243	0:24:25.226 (00:01:53)	1:00:43.403 (00:36:18)	1:02:07.083 (00:01:23)	1:22:05.640 (00:19:58)
47	43	15	30-39	Male	223		ΓΕΩΡΓΙΟΣ ΤΣΟΥΚΑΤΟΣ	1989		0:18:23.740	0:20:40.263 (00:02:16)	0:58:56.283 (00:38:16)	0:59:55.770 (00:00:59)	1:22:06.630 (00:22:10)
48	44	15	40-49	Male	197		ΠΑΝΑΓΙΩΤΗΣ ΠΑΛΑΒΟΣ	1982		0:58:49.823	0:21:22.970 (-00:37:26)	-	1:00:44.520 (-:-:-)	1:22:12.090 (00:21:27)
49	5	7	50-59	Female	134		ΣΟΦΙΑ ΑΘΑΝΑΣΙΑΔΟΥ	1969		0:14:42.953	0:16:54.683 (00:02:11)	0:58:08.640 (00:41:13)	0:59:37.133 (00:01:28)	1:22:21.930 (00:22:44)
50	45	16	40-49	Male	161		ΜΑΡΙΟΣ ΘΕΜΙΣΤΟΚΛΕΟΥΣ	1976	ATHENS TRIATHLON LAB	0:18:48.136	0:21:39.863 (00:02:51)	0:57:59.563 (00:36:19)	0:59:37.790 (00:01:38)	1:22:24.916 (00:22:47)
51	46	17	40-49	Male	115		ΙΛΙΑΣ ΚΑΤΡΙΣ	1976		0:55:18.303	0:16:35.810 (-00:38:42)	-	0:56:32.610 (-:-:-)	1:22:30.153 (00:25:57)
52	47	16	30-39	Male	146		ΓΕΩΡΓΙΟΣ ΓΕΩΡΓΟΠΟΥΛΟΣ	1983	SATYROS CC	0:16:50.160	0:20:47.586 (00:03:57)	0:59:13.063 (00:38:25)	1:00:21.870 (00:01:08)	1:22:31.360 (00:22:09)
53	48	17	30-39	Male	123		PANAGIOTIS SOFOS	1987		0:18:08.200	0:22:25.430	0:58:33.920	1:00:11.553	1:23:22.276

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											(00:04:17)	(00:36:08)	(00:01:37)	(00:23:10)
54	49	18	30-39	Male	232		ΔΗΜΗΤΡΗΣ ΒΑΛΣΑΜΑΚΗΣ	1985		0:21:00.070	0:23:38.910 (00:02:38)	1:01:32.043 (00:37:53)	1:02:31.660 (00:00:59)	1:23:26.666 (00:20:55)
55	50	8	50-59	Male	130		FRAGKISKOS ZOURIDAKIS	1971		0:17:25.496	0:19:52.880 (00:02:27)	0:56:03.216 (00:36:10)	0:57:23.830 (00:01:20)	1:23:39.130 (00:26:15)
56	51	19	30-39	Male	229		ΝΙΚΟΣ ΧΡΥΣΟΧΟΟΥ	1989	IN THE MOUNTAINS	-	-	1:02:20.613 (--:--)	1:03:34.613 (00:01:14)	1:23:59.613 (00:20:25)
57	52	18	40-49	Male	186		ΔΗΜΗΤΡΙΟΣ ΜΕΪΝΤΑΣΗΣ	1973	TRIATHLON ATHENS TEAM	0:14:29.070	0:16:52.050 (00:02:22)	1:00:59.860 (00:44:07)	1:02:27.723 (00:01:27)	1:24:07.773 (00:21:40)
58	53	9	50-59	Male	185		ΑΘΑΝΑΣΙΟΣ ΜΕΓΑΛΟΣ	1970		0:18:14.983	0:21:31.323 (00:03:16)	0:59:11.080 (00:37:39)	1:01:11.683 (00:02:00)	1:24:11.383 (00:22:59)
59	6	10	50-59	Female	192		ΜΑΝΙΑ ΜΠΙΚΩΦ	1971	LIFEGUARD HELLAS	0:15:21.840	0:16:53.800 (00:01:31)	0:55:58.950 (00:39:05)	0:57:34.553 (00:01:35)	1:24:14.680 (00:26:40)
60	54	20	30-39	Male	172		ΝΙΚΟΣ ΚΟΤΣΑΚΑΣ	1985	ATHENS TRIATHLON TEAM	0:14:35.190	0:16:39.100 (00:02:03)	0:51:40.463 (00:35:01)	0:52:51.530 (00:01:11)	1:24:53.893 (00:32:02)
61	55	19	40-49	Male	106		ΚΟΝΣΤΑΝΤΙΝΟΣ ΔΑΜΑΛΑΣ	1975	ANEMOS	0:17:32.606	0:19:24.083 (00:01:51)	0:55:56.993 (00:36:32)	0:57:57.270 (00:02:00)	1:25:11.206 (00:27:13)
62	56	11	50-59	Male	210		ΓΙΑΝΝΗΣ ΣΑΡΑΤΣΗΣ	1971	ΑΤΤ	0:17:07.126	0:20:32.906 (00:03:25)	0:57:34.080 (00:37:01)	0:59:57.533 (00:02:23)	1:25:29.913 (00:25:32)
63	57	20	40-49	Male	195		ΝΙΚΟΣ ΜΠΟΥΝΙΑΛΕΤΟΣ	1977	ΣΔΥ ΑΘΗΝΑΣ	0:21:16.736	0:23:13.586 (00:01:56)	1:01:42.136 (00:38:28)	1:03:40.120 (00:01:57)	1:26:11.626 (00:22:31)
64	58	21	40-49	Male	234		ΧΡΗΣΤΟΣ ΑΣΗΜΑΚΟΠΟΥΛΟΣ	1973		0:13:37.583	0:15:38.636 (00:02:01)	0:54:24.180 (00:38:45)	0:55:44.476 (00:01:20)	1:26:13.820 (00:30:29)
65	59	22	40-49	Male	143		ΑΛΕΞΙΟΣ ΒΑΣΙΛΕΙΟΥ	1977		0:21:34.046	0:25:36.176 (00:04:02)	1:03:04.390 (00:37:28)	1:04:47.666 (00:01:43)	1:26:45.343 (00:21:57)
66	60	23	40-49	Male	111		VASILEIOS FLOURIS	1973		0:19:34.220	0:47:31.116 (00:27:56)	-	1:02:04.130 (--:--)	1:27:00.673 (00:24:56)
67	7	24	40-49	Female	148		ΡΑΝΙΑ ΓΙΑΝΝΑΚΟΠΟΥΛΟΥ	1978	TRIATHLON ACADEMY	0:17:03.290	0:19:32.296 (00:02:29)	1:02:29.793 (00:42:57)	1:04:07.076 (00:01:37)	1:27:07.786 (00:23:00)
68	61	25	40-49	Male	156		ΠΑΝΑΓΙΩΤΗΣ ΔΙΒΡΙΩΤΗΣ	1979	ATHENS TRIATHLON LAB	0:19:07.963	0:21:37.133 (00:02:29)	0:59:16.340 (00:37:39)	1:00:53.163 (00:01:36)	1:27:09.650 (00:26:16)
69	62	12	50-59	Male	227		ΒΑΓΓΕΛΗΣ ΧΑΡΑΛΑΜΠΑΚΗΣ	1971	MERENDA TEAM	0:22:10.960	0:24:17.560 (00:02:06)	1:00:38.683 (00:36:21)	1:02:12.780 (00:01:34)	1:27:16.653 (00:25:03)
70	63	21	30-39	Male	220		ΑΛΕΞΑΝΔΡΟΣ ΤΖΙΝΤΖΗΣ	1986		0:19:50.206	0:22:43.406 (00:02:53)	1:01:56.063 (00:39:12)	1:03:36.833 (00:01:40)	1:27:52.770 (00:24:15)
71	64	13	50-59	Male	153		ΝΙΚΟΛΑΟΣ	1968	NS COACHING	0:18:07.113	0:20:50.433	0:59:29.380	1:01:30.940	1:27:55.393

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
							ΔΗΜΗΤΡΟΠΟΥΛΟΣ				(00:02:43)	(00:38:38)	(00:02:01)	(00:26:24)
72	65	26	40-49	Male	121		ΝΙΚΙΤΑΣ ΡΙΖΟΥΛΙΣ	1978		0:20:23.793	0:21:59.416 (00:01:35)	1:01:26.563 (00:39:27)	1:02:55.516 (00:01:28)	1:28:19.260 (00:25:23)
73	66	22	30-39	Male	196		ΜΕΡΚΟΥΡΙΟΣ ΜΥΣΤΙΛΟΓΛΟΥ	1987		0:20:09.126	0:22:11.046 (00:02:01)	1:02:50.820 (00:40:39)	1:04:32.620 (00:01:41)	1:28:34.813 (00:24:02)
74	67	23	30-39	Male	218		ΚΛΕΑΝΘΗΣ ΤΖΙΑΛΛΗΛΑΣ	1984		0:20:45.380	0:23:30.370 (00:02:44)	1:01:33.710 (00:38:03)	1:02:55.953 (00:01:22)	1:28:41.936 (00:25:45)
75	68	24	30-39	Male	127		VASILEIOS VAGIAS	1990		0:18:28.116	0:21:42.820 (00:03:14)	1:04:29.660 (00:42:46)	1:05:47.426 (00:01:17)	1:28:49.720 (00:23:02)
76	69	2	60+	Male	194		ΝΙΚΟΛΑΟΣ ΜΠΟΥΛΟΥΚΟΣ	1962	ATHENS TRIATHLON TEAN	0:22:40.983	0:25:56.143 (00:03:15)	1:03:38.336 (00:37:42)	1:05:35.036 (00:01:56)	1:28:51.146 (00:23:16)
77	70	25	30-39	Male	182		ΣΩΤΗΡΗΣ ΜΑΣΤΡΑΝΔΡΙΚΟΣ	1988		0:24:34.493	0:26:59.696 (00:02:25)	1:03:07.133 (00:36:07)	1:04:14.860 (00:01:07)	1:29:17.093 (00:25:02)
78	71	14	50-59	Male	226		ΜΑΝΟΛΗΣ ΦΥΛΛΑΔΙΤΑΚΗΣ	1970		0:18:37.530	0:21:24.740 (00:02:47)	1:03:03.193 (00:41:38)	1:04:59.766 (00:01:56)	1:29:17.530 (00:24:17)
79	72	15	50-59	Male	222		ΓΕΩΡΓΙΟΣ ΤΣΟΥΚΑΛΑΣ	1965		0:21:21.230	0:23:23.130 (00:02:01)	0:54:36.326 (00:31:13)	0:56:08.230 (00:01:31)	1:29:20.736 (00:33:12)
80	8	27	40-49	Female	108		GEORGIA DROSOU	1980	Π.Δ.Σ.ΟΔΥΣΣΕΑΣ	0:19:19.446	0:21:27.590 (00:02:08)	1:03:40.196 (00:42:12)	1:05:17.743 (00:01:37)	1:29:47.206 (00:24:29)
81	73	28	40-49	Male	133		ΑΝΑΣΤΑΣΙΟΣ ΑΔΑΜΙΔΗΣ	1982	PISISTRATOU	0:17:45.100	0:19:54.533 (00:02:09)	1:06:26.730 (00:46:32)	1:08:02.900 (00:01:36)	1:29:52.576 (00:21:49)
82	74	16	50-59	Male	209		ΘΕΟΦΙΛΟΣ ΣΑΚΚΗΣ	1969	ATHENS TRIATHLON TEAM	0:19:04.890	0:21:35.926 (00:02:31)	1:02:03.753 (00:40:27)	1:04:30.426 (00:02:26)	1:29:58.920 (00:25:28)
83	9	6	18-29	Female	103		STEFANIA AGRIMANI	1994	L-CREW	0:21:24.076	0:23:17.003 (00:01:52)	1:00:13.930 (00:36:56)	1:01:38.196 (00:01:24)	1:30:10.746 (00:28:32)
84	75	29	40-49	Male	109		THEMIS ΕΦΤΗΥΜΙΟΥ	1982		0:22:53.806	0:26:53.473 (00:03:59)	1:04:19.260 (00:37:25)	1:05:52.690 (00:01:33)	1:30:19.523 (00:24:26)
85	76	17	50-59	Male	207		ΙΩΑΝΝΗΣ ΡΕΣΜΠΙΘΑΣ	1968		0:21:15.760	0:23:44.080 (00:02:28)	1:04:05.816 (00:40:21)	1:05:34.273 (00:01:28)	1:30:35.710 (00:25:01)
86	77	30	40-49	Male	219		ΓΕΩΡΓΙΟΣ ΤΖΙΛΙΑΝΟΣ	1980		0:21:52.213	0:24:51.583 (00:02:59)	1:06:14.116 (00:41:22)	1:07:39.000 (00:01:24)	1:30:47.093 (00:23:08)
87	10	26	30-39	Female	144		ΕΛΕΝΑ ΓΑΝΤΖΟΥ	1991	IN THE MOUNTAINS	0:24:08.540	0:26:13.563 (00:02:05)	1:02:16.780 (00:36:03)	1:04:07.076 (00:01:50)	1:31:11.070 (00:27:03)
88	78	18	50-59	Male	231		ΑΓΗΣ ΠΙΣΤΙΟΛΑΣ	1970		0:20:32.330	0:23:20.613 (00:02:48)	1:01:46.513 (00:38:25)	1:03:29.720 (00:01:43)	1:31:15.453 (00:27:45)
89	79	31	40-49	Male	105		TASSOS AVGERINOS	1973		0:17:33.056	0:20:26.873	1:02:11.850	1:04:02.823	1:31:31.210

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
											(00:02:53)	(00:41:44)	(00:01:50)	(00:27:28)
90	11	32	40-49	Female	160		ΚΕΛΛΥ ΖΑΡΑΝΗ	1975	NS COACHING	0:22:09.610	0:24:33.570 (00:02:23)	1:02:25.753 (00:37:52)	1:04:06.760 (00:01:41)	1:31:43.466 (00:27:36)
91	80	3	60+	Male	178		ΘΕΟΔΩΡΟΣ ΛΙΑΝΟΣ	1961	KROMMIDAS - COACHING - TRISSUTO	0:23:56.350	0:27:37.780 (00:03:41)	1:04:43.776 (00:37:05)	1:06:57.930 (00:02:14)	1:31:55.740 (00:24:57)
92	81	33	40-49	Male	142		ΚΩΝΣΤΑΝΤΙΝΟΣ ΒΑΣΙΛΑΚΗΣ	1981		0:21:14.640	0:25:02.206 (00:03:47)	1:03:47.090 (00:38:44)	1:05:33.170 (00:01:46)	1:32:29.596 (00:26:56)
93	82	27	30-39	Male	152		ΝΙΚΟΛΑΟΣ ΔΗΜΗΤΡΑΚΑΚΗΣ	1986		0:18:28.550	0:21:28.683 (00:03:00)	1:02:58.036 (00:41:29)	1:04:54.520 (00:01:56)	1:33:25.173 (00:28:30)
94	83	19	50-59	Male	215		ΓΕΩΡΓΙΟΣ ΣΤΑΗΣ	1972	ΑΝΕΞΑΡΤΗΤΟΣ	0:22:18.650	-	1:03:45.900 (--:--:--)	1:05:19.613 (00:01:33)	1:33:41.906 (00:28:22)
95	84	34	40-49	Male	173		ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΤΣΙΦΑΣ	1974		0:19:59.836	0:23:50.016 (00:03:50)	1:07:38.806 (00:43:48)	1:08:35.486 (00:00:56)	1:33:44.426 (00:25:08)
96	85	20	50-59	Male	137		ΔΗΜΗΤΡΗΣ ΑΝΔΡΙΩΤΗΣ	1972	PROTYPO FITNESS HERBALIFE	0:21:05.880	0:24:17.996 (00:03:12)	1:03:48.410 (00:39:30)	1:05:14.666 (00:01:26)	1:34:07.496 (00:28:52)
97	86	21	50-59	Male	181		ΓΙΩΡΓΟΣ ΜΑΝΩΛΟΠΟΥΛΟΣ	1965	ATHENS TRIATHLON TEAM	0:20:15.583	0:24:13.946 (00:03:58)	1:02:48.193 (00:38:34)	1:07:01.126 (00:04:12)	1:34:38.253 (00:27:37)
98	87	35	40-49	Male	183		ΚΩΣΤΑΣ ΜΑΥΡΟΓΕΩΡΓΗΣ	1973		0:17:04.823	0:19:41.940 (00:02:37)	1:00:48.140 (00:41:06)	1:02:25.970 (00:01:37)	1:35:37.040 (00:33:11)
99	12	36	40-49	Female	145		ΠΑΤΡΙΣΙΑ ΓΕΩΡΓΑΚΑΡΑΚΟΥ	1981		0:20:34.193	0:24:15.373 (00:03:41)	1:05:01.743 (00:40:46)	1:07:08.273 (00:02:06)	1:35:37.926 (00:28:29)
100	88	4	60+	Male	166		ΔΗΜΗΤΡΙΟΣ ΚΑΤΣΑΝΤΩΝΗΣ	1959	MEDEON	0:25:34.996	0:29:54.856 (00:04:19)	1:06:58.673 (00:37:03)	1:09:07.263 (00:02:08)	1:36:34.386 (00:27:27)
101	89	37	40-49	Male	214		ΜΑΡΙΟΣ ΣΚΑΡΠΙΔΗΣ	1980	MALAKOSIAN BROS	0:23:11.880	0:26:56.530 (00:03:44)	1:07:11.703 (00:40:15)	1:09:13.626 (00:02:01)	1:36:50.176 (00:27:36)
102	90	38	40-49	Male	139		ΠΑΡΑΣΚΕΥΑΣ ΑΡΓΥΡΙΑΔΗΣ	1973		0:22:49.200	0:26:42.853 (00:03:53)	1:02:24.113 (00:35:41)	1:05:01.203 (00:02:37)	1:36:51.936 (00:31:50)
103	91	5	60+	Male	116		ΧΕΝΟΡΗΟΝ ΛΟΥΡΑΝΤΟΣ	1954	ATHENS TRIATHLON TEAM	0:20:08.463	0:25:27.843 (00:05:19)	1:06:11.483 (00:40:43)	1:09:10.126 (00:02:58)	1:37:11.693 (00:28:01)
104	92	1	-	Male	233		ΒΑΓΓΕΛΗΣ ΚΑΦΦΕΣ	-		0:19:28.640	0:23:10.416 (00:03:41)	1:06:25.510 (00:43:15)	1:08:34.500 (00:02:08)	1:38:31.766 (00:29:57)
105	93	7	18-29	Male	204		ΙΑΣΩΝΑΣ ΠΕΤΡΟΠΟΥΛΟΣ	1996		0:18:58.990	0:20:42.330 (00:01:43)	1:09:43.880 (00:49:01)	1:10:33.260 (00:00:49)	1:39:09.463 (00:28:36)
106	94	39	40-49	Male	174		ΓΡΗΓΟΡΗΣ ΚΟΥΚΟΥΛΙΔΗΣ	1973		0:26:42.466	0:29:03.850 (00:02:21)	1:07:47.896 (00:38:44)	1:09:29.516 (00:01:41)	1:39:21.413 (00:29:51)
107	95	22	50-59	Male	165		ΙΩΑΝΝΗΣ ΚΑΡΑΣΙΜΟΣ	1967		0:31:33.380	0:34:08.963	1:11:25.620	1:13:32.103	1:40:10.393



Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
											(00:02:35)	(00:37:16)	(00:02:06)	(00:26:38)
108	96	40	40-49	Male	189		ΓΕΩΡΓΙΟΣ ΜΠΑΛΑΣΚΑΣ	1980		0:29:21.703	0:32:32.613 (00:03:10)	1:13:10.736 (00:40:38)	1:15:24.463 (00:02:13)	1:42:29.883 (00:27:05)
109	13	41	40-49	Female	176		ΣΤΕΛΛΑ ΚΩΛΕΤΤΗ	1974	THE RUNNERS PROJECT	0:21:39.733	0:25:29.390 (00:03:49)	1:14:02.336 (00:48:32)	1:15:19.956 (00:01:17)	1:42:45.330 (00:27:25)
110	14	23	50-59	Female	119		VANA PAITARIDOU	1966	ATHENS TRIATHLON TEAM	0:21:10.923	0:23:44.616 (00:02:33)	1:09:54.393 (00:46:09)	1:11:19.803 (00:01:25)	1:43:23.210 (00:32:03)
111	97	28	30-39	Male	147		ΘΕΟΔΩΡΟΣ ΓΙΑΝΝΑΚΟΠΟΥΛΟΣ	1984		0:24:10.720	0:28:52.986 (00:04:42)	1:16:20.150 (00:47:27)	1:17:29.530 (00:01:09)	1:44:18.293 (00:26:48)
112	98	42	40-49	Male	228		ΠΡΟΚΟΠΗΣ ΧΡΙΣΤΟΦΟΡΑΤΟΣ	1980		0:21:42.480	0:24:40.820 (00:02:58)	1:18:08.360 (00:53:27)	1:18:49.360 (00:00:41)	1:44:23.776 (00:25:34)
113	99	24	50-59	Male	126		ΝΙΚΟΛΑΟΣ ΤΟΥΝΤΑΣ	1972		0:21:13.880	-	1:14:03.866 (--:--:--)	1:15:27.613 (00:01:23)	1:44:58.100 (00:29:30)
114	15	25	50-59	Female	163		ΙΩΑΝΝΑ ΚΑΚΑΡΑΝΤΖΑ	1971		0:23:51.703	0:26:10.180 (00:02:18)	1:13:32.436 (00:47:22)	1:14:46.010 (00:01:13)	1:45:55.450 (00:31:09)
115	100	43	40-49	Male	190		ΝΙΚΟΣ ΜΠΑΣΙΣΟΓΛΟΥ	1976		0:19:55.236	1:21:52.583 (01:01:57)	1:20:57.823 (-00:00:54)	-	1:48:38.066 (--:--:--)
116	101	26	50-59	Male	140		ΑΝΔΡΕΑΣ ΑΡΧΟΝΤΙΔΗΣ	1969	ΑΠΟΕΛ ΔΡΟΜΕΙΣ	0:29:06.020	0:35:31.030 (00:06:25)	1:19:35.180 (00:44:04)	1:20:22.226 (00:00:47)	1:49:20.540 (00:28:58)
117	16	27	50-59	Female	128		AMARYLLIS VAN DER WILT	1972	ATHENS TRIATHLON TEAM	0:24:59.220	0:28:22.190 (00:03:22)	1:20:04.616 (00:51:42)	1:21:17.310 (00:01:12)	1:53:07.586 (00:31:50)
118	102	44	40-49	Male	212		ΑΠΟΣΤΟΛΟΣ ΣΙΔΕΡΗΣ	1974	FREE RUNNERS	0:32:48.570	0:38:41.233 (00:05:52)	1:28:52.680 (00:50:11)	1:30:24.186 (00:01:31)	1:56:30.003 (00:26:05)
119	103	28	50-59	Male	225		ΣΙΜΟΣ ΦΡΑΤΖΙΑΚΟΜΟ	1969		0:22:17.223	0:30:37.543 (00:08:20)	1:27:34.276 (00:56:56)	-	2:03:45.893 (--:--:--)
120	104	45	40-49	Male	199		ΓΕΩΡΓΙΟΣ ΠΑΠΑΔΑΚΗΣ	1978	ΣΔΥΠ	0:32:47.490	0:41:14.780 (00:08:27)	1:36:51.503 (00:55:36)	1:38:51.486 (00:01:59)	2:27:25.090 (00:48:33)
121	105	46	40-49	Male	102		MICHALIS AGRANIOTIS	1981		0:35:07.880	0:41:13.660 (00:06:05)	1:38:43.793 (00:57:30)	1:40:13.403 (00:01:29)	2:27:26.406 (00:47:13)
122	106	8	18-29	Male	169		ΓΕΩΡΓΙΟΣ ΚΟΝΤΟΛΑΙΜΑΚΗΣ	1994	GLADIATORS FITNESS BOX	0:37:01.453	0:43:47.040 (00:06:45)	1:47:40.010 (01:03:52)	1:48:56.946 (00:01:16)	2:27:56.400 (00:38:59)
123	107	47	40-49	Male	200		ΣΤΑΘΗΣ ΠΑΠΑΔΟΓΙΑΝΝΗΣ	1978	TRIATHLON ACADEMY	0:15:23.250	0:16:48.660 (00:01:25)	0:53:33.953 (00:36:45)	-	-
124	108	29	30-39	Male	162		ΓΙΩΡΓΟΣ ΘΕΟΔΩΡΙΔΗΣ	1983		0:21:24.403	0:25:14.300 (00:03:49)	-	-	-

## ΨΑΘΑΘΛΟ 2022 Sprint Τρίαθλο ομαδικό

Rank	By Gen.	By Cat.	Cat.	Gender	BIB	Country	Name	YOB	Club	SWIM	t1	BIKE	t2	RUN
1	1	1	-	Male	405		ΠΕΤΡΟΣ ΓΚΟΤΣΗΣ	1990	Μ'ΑΝΑΒΕΙΣ TEAM	0:13:53.056	0:14:36.260 (00:00:43)	0:47:46.883 (00:33:10)	0:48:27.950 (00:00:41)	1:04:34.143 (00:16:06)
2	2	2	-	Male	408		ΚΩΝΣΤΑΝΤΙΝΟΣ ΚΟΤΤΗΣ	1985	BODY EVOLUTION	0:47:14.893	0:14:55.130 (-00:32:19)	-	0:47:45.700 (--:--:--)	1:04:39.520 (00:16:53)
3	3	3	-	Male	413		ΣΠΥΡΙΔΩΝ ΠΟΛΑΚΗΣ ΩΩ__SPRINT ΤΡΙΑΘΛΟ ΟΜΑΔΙΚΟ_1	-		0:15:09.476	0:15:57.280 (00:00:47)	0:49:05.726 (00:33:08)	0:49:40.876 (00:00:35)	1:08:49.043 (00:19:08)
4	4	4	-	Male	410		ΝΙΚΟΛΑΟΣ ΠΑΠΑΔΟΠΟΥΛΟΣ	1962	ΑΝΕΞΑΡΤΗΤΟΙ	0:16:31.543	0:18:17.040 (00:01:45)	0:54:13.676 (00:35:56)	0:55:07.620 (00:00:53)	1:16:50.730 (00:21:43)
5	5	5	-	Male	409		ΣΩΤΗΡΗΣ ΜΠΕΜΠΕΛΟΣ	1992	ΟΙ ΦΡΕΓΑΤΕΣ	0:22:54.133	0:23:45.830 (00:00:51)	0:58:42.813 (00:34:56)	0:59:31.323 (00:00:48)	1:19:30.343 (00:19:59)
6	6	6	-	Male	407		ΣΩΤΗΡΗΣ ΧΑΡΙΤΟΣ	1979	ΧΑΡΙΤΟΣ FITNESS	0:20:36.073	0:21:44.896 (00:01:08)	-	1:05:08.613 (--:--:--)	1:25:29.913 (00:20:21)
7	7	7	-	Male	402		ΓΕΩΡΓΙΟΣ ΑΒΡΑΑΜ	1966	ΚΟΚΟΚΟ TEAM	0:16:07.800	0:16:55.126 (00:00:47)	0:58:10.606 (00:41:15)	0:59:04.890 (00:00:54)	1:28:30.766 (00:29:25)
8	8	8	-	Male	401		KONSTANTINOS EVGENEIDIS	1982	SNAILS TEAM	0:17:23.536	1:02:06.323 (00:44:42)	0:41:38.450 (-00:20:27)	0:41:52.083 (00:00:13)	1:31:19.283 (00:49:27)
9	1	9	-	Female	406		ΔΑΝΑΗ ΔΕΡΕΜΠΕΗ	1997	RED BOX	0:25:43.890	0:26:26.840 (00:00:42)	1:06:04.146 (00:39:37)	1:06:46.643 (00:00:42)	1:31:36.476 (00:24:49)
10	9	10	-	Male	404		ΓΕΩΡΓΙΟΣ ΜΑΡΙΝΟΣ ΒΕΡΓΕΝΑΚΗΣ	1985	REDBOX	0:20:06.500	0:21:10.710 (00:01:04)	1:03:26.176 (00:42:15)	1:04:16.190 (00:00:50)	1:31:51.896 (00:27:35)
11	2	11	-	Female	403		ΚΑΤΕΡΙΝΑ ΒΑΓΓΕΛΗ	1980	...	0:18:37.530	0:20:24.020 (00:01:46)	0:54:16.956 (00:33:52)	-	1:32:56.293 (--:--:--)
12	10	12	-	Male	412		ΙΩΑΝΝΗΣ ΣΠΑΧΗΣ	1983	RED BOX	0:30:58.360	0:31:34.990 (00:00:36)	1:10:27.453 (00:38:52)	1:11:09.373 (00:00:41)	1:35:47.873 (00:24:38)
13	11	13	-	Male	414		NONAME_2021 ΩΩ__SPRINT ΤΡΙΑΘΛΟ ΟΜΑΔΙΚΟ_2	-		0:25:19.040	0:29:10.126 (00:03:51)	1:02:16.890 (00:33:06)	1:09:55.960 (00:07:39)	1:41:01.640 (00:31:05)