

A/A	Σειρά ά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Swim	T1	Bike	T2	Run-SP1	Run	Total
1	1	1	1	1008	BITADOS PANAGIOTIS ( photos ) Άνδρας - 2003 (M) GARMIN	0:17:46	0:00:56	1:25:25	0:00:39	0:08:59	0:34:20	2:19:04
2	2	1	2	1103	KUMLE JULIAN ( photos ) Άνδρας - 1990 (M30)	0:21:27	0:01:10	1:33:40	0:01:14	0:09:35	0:35:46	2:33:16
3	3	2	3	1031	VOKOS FILIPPOS ( photos ) Άνδρας - 2002 (M) KROMMIDAS COACHING	0:25:42	0:01:22	1:31:34	0:00:54	0:09:59	0:37:07	2:36:37
4	4	1	4	4217	KOSTIMPAS KONSTANTINOS ( photos ) Άνδρας - 1973 (M45)	0:22:57	0:01:33	1:39:47	0:01:19	0:10:31	0:39:51	2:45:25
5	5	1	5	1076	PANETIS ELEFThERIOS ( photos ) Άνδρας - 1983 (M35) AO OKEANOS	0:19:43	0:01:24	1:44:40	0:00:55	0:10:30	0:39:49	2:46:29
6	6	2	6	1037	KARAGIANNIS GIORGOS ( photos ) Άνδρας - 1983 (M35)	0:22:17	0:01:29	1:43:11	0:01:37	0:10:45	0:39:35	2:48:07
7	7	2	7	1010	BAVAS MILTIADIS ( photos ) Άνδρας - 1990 (M30) MELISSA KIKIZAS	0:26:48	0:01:12	1:39:38	0:00:48	0:10:52	0:40:09	2:48:34
8	8	3	8	1063	ZACHILAS AIMILIOS ( photos ) Άνδρας - 1985 (M35)	0:25:37	0:01:15	1:43:38	0:00:54	0:10:38	0:40:31	2:51:53
9	9	1	9	1002	LIBERIS ILIAS ( photos ) Άνδρας - 1980 (M40) ARLA PROTEIN TEAM	0:26:55	0:01:47	1:40:22	0:01:24	0:12:14	0:46:24	2:56:50
10	10	1	10	1001	DIMOS LEFTERIS ( photos ) Άνδρας - 1993 (M25) ARLA PROTEIN TEAM	0:27:40	0:00:55	1:41:40	0:00:54	0:12:22	0:46:30	2:57:37
11	11	2	11	1044	KOURTIS ARISTOTELIS ( photos ) Άνδρας - 1979 (M40) CGS TRIATHLON CLUB	0:30:52	0:02:28	1:43:55	0:01:22	0:10:58	0:40:26	2:59:02
12	12	4	12	1004	SPILIADIS KOSTIS ( photos ) Άνδρας - 1985 (M35) ARLA PROTEIN TEAM	0:27:54	0:03:19	1:42:35	0:02:03	0:11:34	0:43:34	2:59:24
13	13	2	13	1104	THEOFANOPOULOS GIORGOS ( photos ) Άνδρας - 1993 (M25)	0:26:20	0:01:51	1:47:01	0:02:33	0:12:04	0:44:41	3:02:25
14	14	3	14	1071	THEOFANIDIS LEFTERIS ( photos ) Άνδρας - 1989 (M30)	0:33:37	0:01:53	1:44:58	0:01:30	0:10:56	0:41:00	3:02:58
15	15	3	15	1068	PACHOS MARKOS ( photos ) Άνδρας - 1979 (M40)	0:26:23	0:02:06	1:43:05	0:01:19	0:13:49	0:54:43	3:07:34
16	16	2	16	1081	KATSIKOPOULOS KONSTANTINOS ( photos ) Άνδρας - 1977 (M45)	0:25:54	0:02:25	1:49:49	0:01:12	0:12:46	0:49:01	3:08:19
17	17	1	1	1074	CHASIOTI LIANA ( photos ) Γυναίκα - 1986 (F35)	0:26:45	0:01:43	1:54:23	0:01:36	0:12:00	0:45:09	3:09:33
18	18	5	17	1054	DOUZINAS AKIS ( photos ) Άνδρας - 1983 (M35) CAMPUS CROSSFIT KIFISSIA	0:27:51	0:02:44	1:53:41	0:01:19	0:12:48	0:46:40	3:12:13
19	19	1	18	1042	FLORAKIS LABROS ( photos ) Άνδρας - 1968 (M50)	0:29:13	0:02:19	1:50:04	0:02:09	0:12:49	0:49:41	3:13:23
20	20	3	19	1020	DROUSIOTIS KONSTANTINOS ( photos ) Άνδρας - 1993 (M25)	0:29:36	0:02:30	1:52:07	0:02:25	0:12:37	0:46:47	3:13:23
21	21	4	20	1045	TORREGROSA ANDREU ( photos ) Άνδρας - 1981 (M40) ATHENS TRIATHLON TEAM	0:22:55	0:01:41	1:58:07	0:00:59	0:13:23	0:50:23	3:14:03
22	22	6	21	1057	KOSSIVAS ALEXANDROS ( photos ) Άνδρας - 1986 (M35) ALEX ENDURANCE GANG	0:22:35	0:03:46	2:00:31	0:02:23	0:12:23	0:46:06	3:15:19
23	23	2	22	1088	MARANIS SOTIRIS ( photos ) Άνδρας - 1970 (M50) RED STAR TRIATHLON CLUB	0:26:53	0:02:17	1:55:20	0:01:49	0:12:49	0:49:33	3:15:48
24	24	3	23	1098	NTALAKOS THEODOROS ( photos ) Άνδρας - 1975 (M45) CGS TRIATHLON CLUB	0:27:26	0:01:38	1:54:53	0:01:42	0:12:53	0:50:12	3:15:49
25	25	2	2	1043	NTELONI IOULIA ( photos ) Γυναίκα - 1984 (F35) CGS TRIATHLON CLUB	0:30:20	0:02:07	1:59:07	0:01:11	0:11:38	0:43:07	3:15:49
26	26	5	24	1106	SILVESTOS KONSTNATINOS ( photos ) Άνδρας - 1981 (M40)	0:32:29	0:02:08	1:48:41	0:01:23	0:13:13	0:51:31	3:16:10
27	27	6	25	1046	KATSADOYRAS KONSTANTINOS ( photos ) Άνδρας - 1979 (M40) SCIENCETRAINING	0:34:43	0:02:25	1:53:17	0:01:17	0:11:57	0:45:51	3:17:32
28	28	4	26	1011	TOUNTAS MICHAEL ( photos ) Άνδρας - 1989 (M30) MELISSA KIKIZAS	0:25:20	0:01:35	1:54:10	0:01:15	0:13:48	0:55:32	3:17:50
29	29	4	27	1108	TOGKAS KONSTANTINOS ( photos ) Άνδρας - 1973 (M45)	0:27:42	0:04:53	1:54:19	0:04:37	0:12:36	0:46:40	3:18:09
30	30	5	28	1085	PAPADIMITRIOU ZAFEIRIS ( photos ) Άνδρας - 1977 (M45) LOS VATHROS	0:28:30	0:02:31	1:53:11	0:01:19	0:13:35	0:52:51	3:18:19
31	31	4	29	1069	GKARALIAKOS ATHANASIOS ( photos ) Άνδρας - 1995 (M25)	0:29:41	0:02:37	1:57:04	0:02:40	0:10:49	0:46:29	3:18:29
32	32	5	30	1055	KALOMPRATSOS CHRISTOS ( photos ) Άνδρας - 1988 (M30) GREGSOUV	0:30:39	0:02:37	1:56:58	0:02:23	0:12:19	0:45:58	3:18:34
33	33	7	31	1053	SEPETAS NIKOS ( photos ) Άνδρας - 1984 (M35) GREGSOUV	0:29:24	0:03:05	1:57:38	0:02:13	0:12:35	0:46:16	3:18:35
34	34	6	32	1035	KROUSTALLIS AKIS ( photos ) Άνδρας - 1974 (M45) IRONAUTS TRIATHLON TEAM	0:32:37	0:01:55	1:53:10	0:01:17	0:12:51	0:49:56	3:18:53

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35	35	5	33	1109	KOUSOULIS THANANIS ( photos ) Άνδρας - 1993 (M25)	0:27:43	0:04:53	1:56:22	0:02:33	0:13:04	0:48:42	3:20:11
36	36	8	34	1048	PATSOPOULOS CONSTANTINOS ( photos ) Άνδρας - 1985 (M35)	0:31:32	0:03:24	1:53:05	0:03:08	0:12:35	0:50:18	3:21:25
37	37	6	35	1089	MORO SERGIO ( photos ) Άνδρας - 1991 (M30)	0:31:20	0:01:58	2:02:07	0:03:16	0:11:22	0:43:38	3:22:18
38	38	7	36	1034	KOTHRIS EMMANOUIL ( photos ) Άνδρας - 1976 (M45) EXTREMESURFERS	0:27:26	0:05:34	2:00:01	0:02:15	0:12:39	0:47:21	3:22:35
39	39	8	37	1040	PAPANICOLAOU SYMEON ( photos ) Άνδρας - 1975 (M45) CAMPUS CROSSFIT KIFISSIA	0:34:18	0:02:40	1:53:07	0:01:22	0:12:09	0:51:25	3:22:50
40	40	1	3	1079	LYMBEROPOULOU GRETA ( photos ) Γυναίκα - 1970 (F50)	0:28:59	0:01:47	1:58:50	0:02:14	0:13:54	0:51:28	3:23:16
41	41	7	38	1049	OIKONOMOU DIONYSIOS ( photos ) Άνδρας - 1980 (M40)	0:30:44	0:03:26	2:01:46	0:02:17	0:12:27	0:47:02	3:25:13
42	42	8	39	1016	MOROS DIMITRIS ( photos ) Άνδρας - 1981 (M40) KROMMIDAS COACHING	0:31:10	0:02:24	1:57:50	0:03:13	0:12:31	0:50:50	3:25:24
43	43	1	4	1080	KREMMIDA IONIA ( photos ) Γυναίκα - 1981 (F40)	0:30:12	0:02:13	1:58:29	0:01:36	0:13:36	0:53:45	3:26:14
44	44	9	40	1067	LOULLOUDIS MARIOS ( photos ) Άνδρας - 1985 (M35) YOUNG LIONS	0:38:31	0:02:16	1:53:54	0:01:57	0:12:51	0:50:09	3:26:44
45	45	9	41	1052	MANOPOYLOS LAMPROS ( photos ) Άνδρας - 1980 (M40) TRIATHLON STARS	0:29:25	0:02:46	1:58:51	0:01:36	0:13:46	0:55:26	3:28:02
46	46	10	42	1094	MARKANTONIS APOSTOLOS ( photos ) Άνδρας - 1982 (M40) E D C	0:36:21	0:02:57	1:55:38	0:01:54	0:12:48	0:51:36	3:28:24
47	47	9	43	1062	KONTOS DIMITRIS ( photos ) Άνδρας - 1976 (M45)	0:34:06	0:02:17	1:55:07	0:01:57	0:13:59	0:55:04	3:28:28
48	48	11	44	1061	KARAFILLIDES FILIPPOS ( photos ) Άνδρας - 1980 (M40)	0:29:58	0:04:00	1:58:19	0:02:47	0:13:48	0:53:44	3:28:47
49	49	12	45	1023	PRAGIATIS LAZAROS ( photos ) Άνδρας - 1978 (M40)	0:27:56	0:04:27	2:05:18	0:01:41	0:12:39	0:49:44	3:29:05
50	50	3	46	1029	LAFKAS DIMITRIS ( photos ) Άνδρας - 1972 (M50) DRYOPEΣ	0:29:31	0:05:10	1:58:16	0:02:01	0:15:41	0:58:26	3:33:22
51	51	13	47	1025	PATSAOURAS ALEXANDROS ( photos ) Άνδρας - 1978 (M40)	0:36:54	0:03:03	2:00:47	0:02:55	0:13:10	0:52:12	3:35:49
52	52	1	48	1073	MICHALOPOULOS STELIOS ( photos ) Άνδρας - 1962 (M60+)	0:29:33	0:02:09	1:57:55	0:02:41	0:16:16	1:03:34	3:35:50
53	53	10	49	1028	DIOGOS THANASSIS ( photos ) Άνδρας - 1975 (M45)	0:35:15	0:05:34	2:00:21	0:01:19	0:13:15	0:53:33	3:36:00
54	54	4	50	1058	PAFOS ATHANASIOS ( photos ) Άνδρας - 1970 (M50) MYATHLETE LOS VATHROS	0:34:33	0:03:47	2:05:52	0:01:42	0:13:25	0:50:21	3:36:13
55	55	10	51	1059	FOUNTAS DIMITRIOS ( photos ) Άνδρας - 1984 (M35) COMPACT	0:37:33	0:02:50	2:02:31	0:02:07	0:13:34	0:51:41	3:36:40
56	56	11	52	1036	IKONOMOU DIMITRIS ( photos ) Άνδρας - 1973 (M45)	0:33:16	0:01:47	2:08:43	0:01:29	0:13:59	0:51:53	3:37:05
57	57	14	53	1024	PAPADIMITRIOU MENELAOS ( photos ) Άνδρας - 1978 (M40)	0:30:33	0:04:50	2:10:02	0:00:56	0:12:36	0:50:59	3:37:19
58	58	7	54	1101	KANELLOPOULOS NONTAS ( photos ) Άνδρας - 1990 (M30)	0:33:29	0:03:02	2:07:45	0:02:49	0:13:36	0:51:22	3:38:25
59	59	8	55	1021	HALAMANDARIS NIKOS ( photos ) Άνδρας - 1988 (M30)	0:32:52	0:04:12	1:58:34	0:02:03	0:14:01	1:02:07	3:39:47
60	60	5	56	1070	KOSTOPOULOS TOLIS ( photos ) Άνδρας - 1969 (M50) NS COACHING	0:34:36	0:01:44	1:59:01	0:01:59	0:15:05	1:02:45	3:40:03
61	61	12	57	1064	MOISIADIS MICHALIS ( photos ) Άνδρας - 1976 (M45) 4M TRIATHLON TEAM	0:33:24	0:03:26	2:01:40	0:02:12	0:15:07	0:59:26	3:40:06
62	62	9	58	1033	TSAMPROS NICOLAS ( photos ) Άνδρας - 1989 (M30)	0:36:29	0:03:57	2:01:28	0:02:00	0:14:38	0:56:39	3:40:32
63	63	13	59	1038	SPOURDALAKIS GREGORY ( photos ) Άνδρας - 1976 (M45)	0:34:45	0:03:14	2:05:27	0:02:09	0:14:02	0:55:12	3:40:45
64	64	1	5	1005	VANTELA ANNA ( photos ) Γυναίκα - 1997 (F25) ARLA PROTEIN TEAM	0:26:12	0:03:22	2:14:33	0:01:32	0:14:23	0:56:14	3:41:51
65	65	11	60	1107	CHRISOFAKIS ALEXANDROS ( photos ) Άνδρας - 1984 (M35)	0:29:23	0:03:28	2:05:25	0:02:07	0:15:15	1:01:30	3:41:52
66	66	6	61	1102	PELETEOS ALEXIS ( photos ) Άνδρας - 1971 (M50)	0:33:05	0:03:11	1:05:25	1:08:26	0:15:02	0:54:09	3:44:15
67	67	3	62	1091	POLYTARIDIS SPYRIDON STEFANOS ( photos ) Άνδρας - 2001 (M)	0:30:49	0:03:39	2:15:01	0:00:54	0:14:07	0:54:11	3:44:33
68	68	12	63	1007	SENETAKIS MICHALIS ( photos ) Άνδρας - 1985 (M35) Deloitte	0:25:13	0:04:11	2:07:51	0:02:21	0:15:41	1:05:07	3:44:41

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69	69	6	64	1019	THEODOULOU ΙΑΚΟΒΟΣ ( photos ) Άνδρας - 1993 (M25)	0:37:28	0:03:54	2:12:50	0:02:49	0:12:58	0:50:44	3:47:42
70	70	2	6	1087	LALIOTI GEORGIA ( photos ) Γυναίκα - 1982 (F40)	0:41:29	0:03:49	2:11:46	0:01:35	0:13:45	0:50:14	3:48:50
71	71	1	65	1110	BURSNOLL RICHARD ( photos ) Άνδρας - 1966 (M55)	0:35:01	0:03:08	1:58:19	0:03:16	0:18:16	1:09:23	3:49:05
72	72	3	7	1050	FAKINOY KATERINA ( photos ) Γυναίκα - 1979 (F40) CB SWIMMING	0:32:38	0:03:20	2:23:25	0:01:18	0:12:53	0:49:35	3:50:14
73	73	10	66	1083	SAMIOTIS GEORGIOS ( photos ) Άνδρας - 1988 (M30)	0:29:22	0:03:29	2:17:48	0:04:18	0:13:37	0:55:21	3:50:16
74	74	13	67	1032	THEODORAKOS ALEXANDROS ( photos ) Άνδρας - 1984 (M35)	-	-	-	-	-	-	3:56:30
75	75	1	8	1075	PAPAIOANNOY PARASKEVI ( photos ) Γυναίκα - 1977 (F45) TRIATHLON STARS	0:37:00	0:03:48	2:17:35	0:02:00	0:14:31	0:56:14	3:56:35
76	76	14	68	1066	GOULIS NIKOS ( photos ) Άνδρας - 1976 (M45)	0:30:11	0:03:57	2:19:18	0:03:42	0:15:17	1:00:38	3:57:44
77	77	3	9	1003	PAPAMICHAIL ANGELIKI ( photos ) Γυναίκα - 1987 (F35) ARLA PROTEIN TEAM	0:39:33	0:02:21	2:15:53	0:01:18	0:15:02	0:58:42	3:57:45
78	78	14	69	1099	GIANNOPOYLOS KONSTANTINOS ( photos ) Άνδρας - 1983 (M35)	0:39:38	0:03:50	2:17:14	0:02:17	0:15:14	0:55:15	3:58:13
79	79	4	10	1093	KARAVANI LENA ( photos ) Γυναίκα - 1986 (F35) THE FACTORY LENA KARAVANI	0:43:17	0:02:31	2:11:13	0:01:25	0:16:32	0:59:52	3:58:16
80	80	15	70	1097	NATSOS ANASTASIOS ( photos ) Άνδρας - 1987 (M35)	0:43:25	0:05:26	2:05:31	0:01:55	0:17:13	1:06:52	4:03:08
81	81	16	71	1015	TZORTZIS MIMIS ( photos ) Άνδρας - 1984 (M35)	0:36:23	0:04:03	2:08:27	0:02:43	0:16:38	1:12:31	4:04:04
82	82	7	72	1018	LYSSIoTIS VASILIS ( photos ) Άνδρας - 1993 (M25)	0:31:54	0:02:54	2:32:55	0:02:04	0:15:58	0:59:52	4:09:36
83	83	11	73	1100	MARINAKIS GRIGORIS ( photos ) Άνδρας - 1991 (M30)	0:34:24	0:03:53	2:27:07	0:04:24	0:16:08	1:02:01	4:11:47
84	84	15	74	1022	KONTZINOS KONSTANTINOS ( photos ) Άνδρας - 1980 (M40)	0:36:48	0:04:05	2:37:25	0:02:15	0:15:00	0:59:04	4:19:35
85	85	7	75	1051	PANAGIOTAKIS ALEXANDROS ( photos ) Άνδρας - 1970 (M50)	0:57:17	0:09:00	-	-	-	-	4:21:15
86	86	12	76	1060	POUGKAKIOTIS KONSTANTINOS ( photos ) Άνδρας - 1992 (M30)	0:37:02	0:02:27	2:34:44	0:06:36	0:46:59	1:04:10	4:24:57
87	87	17	77	1026	BOUKIS LAOKRATIS ( photos ) Άνδρας - 1983 (M35)	0:51:00	0:06:14	2:33:52	0:02:26	0:16:52	1:15:55	4:49:25

#### Relay

A/A	Σειρά	Σειρά /Φύλο	BIB	Όνομα Φύλο Ομάδα/Σύλλογος/Εταιρία/Οργανισμός/Άλλο	Swim	T1	Bike	T2	Run-SP1	Run	Total
1	1	1	2001	KOULOURIS D. - PAPANGELIS N. - STAMOULIS G. ( photos ) Άνδρας ARLA TEAM 1	0:20:37	0:00:44	1:37:35	0:00:29	0:08:04	0:30:17	2:29:41
2	2	1	2010	TSIGKOS A. - DIMOPOYLOS P. - NOMIKOU O. ( photos ) Μεικτή TRIATHLON ACADEMY	0:21:30	0:00:38	1:30:49	0:00:36	0:11:47	0:44:09	2:37:40
3	3	2	2007	XORIANOPOYLOS V. - PANOPOYLOS D. - SMPRINIS K. ( photos ) Άνδρας TRIO STOOGES	0:29:32	0:01:26	1:44:10	0:00:53	0:12:00	0:44:15	3:00:14
4	4	3	2002	VLACHOS K. - KOULOURIS G. - DIMAS S. ( photos ) Άνδρας ARLA TEAM 3	0:23:12	0:00:55	1:57:31	0:00:50	0:12:44	0:49:16	3:11:41
5	5	4	2013	KOBOPOYLOS A.-MANIATIS D.-TSAPRASLIS S. ( photos ) Άνδρας	0:22:52	0:01:03	2:13:18	0:00:45	0:11:59	0:46:32	3:24:28
6	6	2	2009	KOLETTI S. - KARABABAS C. - LYTRIVIS P. ( photos ) Μεικτή THA PESI PANTOFLA	0:37:01	0:00:53	2:04:35	0:00:54	0:12:37	0:48:45	3:32:05
7	7	5	2004	KOUTSOPOYLOS D. - ARGITELIS T. - ZAFIROPOYLOS V. ( photos ) Άνδρας Deloitte TEAM 1	0:27:56	0:00:53	1:18:11	0:00:29	1:58:41	2:30:18	4:17:44