

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split1	Split2	Split3	Split4	Split5	Finish
1	1	1	1	2001	ΔΙΑΛΕΚΤΟΣ ΓΙΩΡΓΟΣ Άνδρας - 1984 (M)	00:00:01 00:00:00	00:08:51 00:08:51	00:21:23 00:21:23	00:37:52 00:37:52	00:47:01 00:47:01	00:59:45 00:59:45	01:15:51 01:15:51
2	2	2	2	2310	ΣΑΓΚΡΙΩΤΗΣ ΗΛΙΑΣ Άνδρας - 1983 (M)	00:00:01 00:00:00	00:09:34 00:09:34	00:23:06 00:23:06	00:40:18 00:40:18	00:49:53 00:49:53	01:02:56 01:02:56	01:19:34 01:19:34
3	3	3	3	2041	ΓΕΩΡΓΟΠΟΥΛΟΣ ΧΡΙΣΤΟΦΟΡΟΣ Άνδρας - 1986 (M) ΓΣ ΑΜΑΡΟΥΣΙΟΥ	00:00:01 00:00:00	00:09:34 00:09:34	00:23:16 00:23:16	00:41:08 00:41:08	00:50:50 00:50:50	01:04:43 01:04:43	01:22:36 01:22:36
4	4	1	4	2152	ΡΟΝΤΟΠΟΥΛΟΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1968 (M50)	00:00:01 00:00:00	00:10:18 00:10:18	00:24:27 00:24:27	00:42:41 00:42:41	00:52:38 00:52:38	01:07:04 01:07:04	01:25:35 01:25:35
5	5	4	5	2121	ΜΠΙΣΜΠΙΚΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1992 (M) Sciencetraining	00:00:01 00:00:00	00:09:50 00:09:49	00:23:56 00:23:55	00:42:03 00:42:03	00:52:14 00:52:14	01:06:54 01:06:53	01:26:05 01:26:04
6	6	5	6	2269	ΔΑΦΝΗΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1989 (M)	00:00:01 00:00:00	00:09:39 00:09:39	00:24:00 00:24:00	00:42:53 00:42:53	00:53:32 00:53:32	01:08:55 01:08:54	01:28:44 01:28:44
7	7	1	1	2133	ΠΑΝΑΓΙΩΤΟΠΟΥΛΟΥ ΙΟΥΛΙΑ-ΕΛΕΝΗ Γυναίκα - 1994 (F) ΓΣ ΑΜΑΡΟΥΣΙΟΥ	00:00:01 00:00:00	00:11:03 00:11:02	00:26:40 00:26:39	00:46:23 00:46:22	00:56:35 00:56:34	01:11:09 01:11:08	01:29:16 01:29:15
8	8	6	7	2192	ΧΑΡΑΛΑΜΠΟΠΟΥΛΟΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1987 (M) ΔΕΛΤΑ	00:01:02 00:00:00	00:12:37 00:11:36	00:27:27 00:26:26	00:46:10 00:45:09	00:56:35 00:55:34	01:11:07 01:10:06	01:29:54 01:28:53
9	9	2	8	2275	ΠΑΤΟΥΧΕΑΣ ΑΓΗΣΙΛΑΟΣ - ΑΝΑΣΤΑΣΙΟΣ Άνδρας - 1968 (M50)	00:00:06 00:00:00	00:10:28 00:10:22	00:25:55 00:25:49	00:45:40 00:45:35	00:56:38 00:56:32	01:12:18 01:12:12	01:32:21 01:32:15
10	10	7	9	2216	ΓΚΙΖΑΣ ΣΤΑΜΑΤΗΣ Άνδρας - 1981 (M)	00:00:02 00:00:00	00:10:21 00:10:19	00:25:45 00:25:43	00:45:33 00:45:31	00:56:39 00:56:38	01:12:27 01:12:26	01:32:37 01:32:36
11	11	3	10	2033	ΒΑΡΕΛΑΣ ΧΑΡΗΣ Άνδρας - 1968 (M50)	00:00:05 00:00:00	00:10:52 00:10:47	00:26:05 00:26:00	00:45:51 00:45:47	00:57:06 00:57:01	01:12:53 01:12:48	01:32:50 01:32:46
12	12	4	11	2204	ΚΕΛΑΪΔΗΣ ΙΩΣΗΦ Άνδρας - 1969 (M50) SANTA RUNNING TEAM	00:00:02 00:00:00	00:10:20 00:10:18	00:25:46 00:25:44	00:45:43 00:45:41	00:56:47 00:56:45	01:12:49 01:12:47	01:33:40 01:33:39
13	13	8	12	2011	ΡΑΡΛΟΜΑΤΑΣ ALEXANDER Άνδρας - 1981 (M)	00:00:07 00:00:00	00:10:57 00:10:51	00:25:43 00:25:37	00:44:59 00:44:52	00:55:50 00:55:44	01:12:02 01:11:56	01:33:41 01:33:35
14	14	1	13	2242	ΠΑΠΑΓΙΑΝΝΗΣ ΕΥΑΓΓΕΛΟΣ Άνδρας - 1977 (M40) My Athlete / Chozen	00:00:05 00:00:00	00:10:58 00:10:53	00:26:17 00:26:13	00:46:15 00:46:11	00:57:23 00:57:18	01:13:16 01:13:11	01:33:48 01:33:43
15	15	5	14	2180	ΤΣΙΑΚΙΡΗΣ ΑΝΝΙΒΑΣ Άνδρας - 1960 (M50) One Step Beyond Endurance Team	00:00:14 00:00:00	00:12:00 00:11:46	00:27:31 00:27:17	00:47:47 00:47:33	00:59:07 00:58:53	01:14:45 01:14:31	01:34:37 01:34:24
16	16	2	15	2009	CAMPBELL PETER Άνδρας - 1978 (M40) ΝΟΥΝΟΥ	00:00:02 00:00:00	00:11:09 00:11:08	00:27:19 00:27:17	00:48:03 00:48:01	00:59:23 00:59:21	01:15:22 01:15:20	01:35:10 01:35:09
17	17	3	16	2083	ΚΟΥΤΣΑΛΑΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1973 (M40)	00:00:01 00:00:00	00:10:56 00:10:56	00:26:46 00:26:46	00:47:13 00:47:13	00:58:37 00:58:37	01:14:54 01:14:54	01:35:17 01:35:17
18	18	1	2	2291	ΣΑΚΕΛΑΡΗ ΔΑΝΑΗ Γυναίκα - 1977 (F40)	00:00:01 00:00:00	00:10:52 00:10:51	00:26:49 00:26:48	00:47:27 00:47:27	00:58:47 00:58:46	01:14:52 01:14:52	01:35:20 01:35:19
19	19	9	17	2155	ΣΑΒΟΥΛΙΑΝ ΑΛΕΞ Άνδρας - 1988 (M) Ενωση Αρμενίων Αθλητών "Αρμενική"	00:00:04 00:00:00	00:11:42 00:11:38	00:27:49 00:27:46	00:48:40 00:48:36	01:00:11 01:00:07	01:15:59 01:15:55	01:36:17 01:36:14
20	20	2	3	2223	ΚΑΒΑΚΟΠΟΥΛΟΥ ΕΙΡΗΝΗ Γυναίκα - 1978 (F40) POLIAS RUNNERS	00:00:02 00:00:00	00:11:03 00:11:02	00:26:55 00:26:54	00:47:18 00:47:17	00:58:55 00:58:54	01:15:16 01:15:15	01:36:22 01:36:21
21	21	10	18	2227	ΚΟΥΤΡΟΥΜΠΗΣ ΑΘΑΝΑΣΙΟΣ Άνδρας - 1982 (M) genesion multisports club	00:00:09 00:00:00	00:11:54 00:11:45	00:27:39 00:27:30	00:48:10 00:48:01	00:59:49 00:59:40	01:15:58 01:15:49	01:36:22 01:36:13
22	22	3	4	2098	ΜΑΓΙΑΚΟΥ ΕΛΙΣΑΒΕΤ Γυναίκα - 1975 (F40)	00:00:01 00:00:00	00:11:22 00:11:21	00:27:45 00:27:44	00:49:01 00:49:00	01:00:45 01:00:44	01:17:23 01:17:22	01:37:46 01:37:45
23	23	2	5	2251	ΣΠΑΝΟΥ ΝΑΤΑΣΑ Γυναίκα - 1986 (F)	00:00:02 00:00:00	00:10:30 00:10:29	00:26:58 00:26:57	00:47:32 00:47:31	00:59:06 00:59:05	01:16:11 01:16:10	01:37:47 01:37:46
24	24	4	19	2013	WARCHOLIK ADAM Άνδρας - 1977 (M40)	00:00:03 00:00:00	00:11:06 00:11:03	00:27:10 00:27:07	00:48:23 00:48:20	01:00:24 01:00:22	01:17:14 01:17:11	01:39:17 01:39:15
25	25	5	20	2169	ΤΑΤΣΗΣ ΝΙΚΟΛΑΟΣ Άνδρας - 1970 (M40) ΔΕΛΤΑ RUNNING TEAM	00:01:02 00:00:00	00:14:32 00:13:31	00:30:25 00:29:23	00:51:18 00:50:16	01:02:54 01:01:53	01:18:49 01:17:48	01:39:41 01:38:40
26	26	11	21	2255	ΤΡΙΜΜΗΣ ΧΡΗΣΤΟΣ Άνδρας - 1983 (M)	00:00:02 00:00:00	00:11:48 00:11:46	00:28:34 00:28:32	00:50:05 00:50:03	01:01:57 01:01:55	01:18:39 01:18:37	01:39:43 01:39:41
27	27	12	22	2203	ΒΑΡΔΑΚΗΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1981 (M) SANTA RUNNING TEAM	00:00:03 00:00:00	00:11:48 00:11:46	00:28:33 00:28:31	00:50:05 00:50:03	01:01:57 01:01:55	01:18:39 01:18:37	01:39:43 01:39:41
28	28	13	23	2240	ΠΑΠΑΓΕΩΡΓΙΟΥ ΓΕΩΡΓΙΟΣ Άνδρας - 1989 (M) KINISIS RUNNING TEAM	00:00:44 00:00:00	00:12:31 00:11:48	00:28:54 00:28:10	00:50:16 00:49:32	01:02:21 01:01:37	01:19:29 01:18:46	01:40:58 01:40:14
29	29	6	24	2272	DUCROS JEAN PHILIPPE Άνδρας - 1975 (M40)	00:00:50 00:00:00	00:13:08 00:12:19	00:29:29 00:28:40	00:50:30 00:49:41	01:02:29 01:01:40	01:19:30 01:18:41	01:40:59 01:40:10
30	30	6	25	2068	ΚΑΤΑΡΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1965 (M50)	00:00:19 00:00:00	00:12:23 00:12:04	00:28:51 00:28:32	00:50:28 00:50:09	01:02:41 01:02:22	01:19:52 01:19:33	01:41:58 01:41:39
31	31	7	26	2042	ΓΕΩΡΓΟΥΣΗΣ ΓΙΑΝΝΗΣ Άνδρας - 1974 (M40) The Healds	00:00:08 00:00:00	00:12:14 00:12:07	00:28:35 00:28:28	00:50:01 00:49:53	01:02:24 01:02:16	01:19:48 01:19:41	01:42:20 01:42:12
32	32	14	27	2266	ΜΑΛΑΧΙΑΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1982 (M)	00:00:09 00:00:00	00:12:14 00:12:06	00:28:35 00:28:26	00:50:01 00:49:52	01:02:24 01:02:15	01:19:48 01:19:39	01:42:22 01:42:13
33	33	8	28	2165	ΣΥΜΕΩΝΙΔΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1978 (M40)	00:00:09 00:00:00	00:11:52 00:11:44	00:29:47 00:29:38	00:51:48 00:51:40	01:03:32 01:03:23	01:20:56 01:20:47	01:42:34 01:42:25

A/A	Σειρά	Σειρά /Ηλικ.	Σειρά /Φύλο	BIB	Όνομα Φύλο - Γεν. (Ηλ.ομάδα) Ομάδα/Σύλλογος/Εταιρία/Οργανισμός	Start	Split1	Split2	Split3	Split4	Split5	Finish
265	265	39	224	2193	ΧΑΡΑΛΑΜΠΟΠΟΥΛΟΣ ΚΩΝΣΤΑΝΤΙΝΟΣ Άνδρας - 1962 (M50)	00:00:22 00:00:00	00:16:58 00:16:37	00:40:17 00:39:55	01:12:20 01:11:58	01:29:34 01:29:13	01:58:22 01:58:01	02:33:41 02:33:20
266	266	105	225	2293	ΠΛΟΥΜΙΔΗΣ ΑΧΙΛΛΕΑΣ Άνδρας - 1978 (M40)	00:00:29 00:00:00	00:17:36 00:17:08	00:43:40 00:43:11	01:15:40 01:15:12	01:33:46 01:33:18	02:01:00 02:00:31	02:35:14 02:34:46
267	267	22	42	2292	ΤΣΑΛΟΥΦΗ ΜΑΡΙΝΑ Γυναίκα - 1989 (F)	00:00:50 00:00:00	00:18:05 00:17:15	00:41:22 00:40:32	01:12:52 01:12:02	01:30:04 01:29:14	01:59:27 01:58:37	02:35:31 02:34:41
268	268	106	226	2101	ΜΑΝΟΥΚΑΣ ΓΕΩΡΓΙΟΣ Άνδρας - 1974 (M40)	00:00:43 00:00:00	00:18:47 00:18:05	00:43:42 00:43:00	01:16:37 01:15:55	01:35:52 01:35:10	02:03:24 02:02:42	02:36:07 02:35:25
269	269	40	227	2273	ΠΑΝΟΥΡΓΙΑΣ ΔΗΜΗΤΡΗΣ Άνδρας - 1968 (M50)	00:00:12 00:00:00	00:18:46 00:18:35	00:43:42 00:43:30	01:16:38 01:16:26	01:35:52 01:35:40	02:02:28 02:02:16	02:36:09 02:35:57
270	270	77	228	2228	ΚΥΡΑΤΖΗΣ ΒΑΣΙΛΗΣ Άνδρας - 1990 (M)	00:00:21 00:00:00	00:17:41 00:17:21	00:42:39 00:42:19	01:15:44 01:15:24	01:33:45 01:33:24	02:02:07 02:01:46	02:37:28 02:37:07
271	271	6	229	2184	ΥΦΑΝΤΙΔΗΣ ΙΩΑΚΕΙΜ Άνδρας - 1957 (M60)	00:00:04 00:00:00	00:16:58 00:16:54	00:40:00 00:39:56	01:11:29 01:11:25	01:30:10 01:30:06	01:58:10 01:58:07	02:38:17 02:38:13
272	272	107	230	2019	ΑΛΟΥΚΟΣ ΙΩΑΝΝΗΣ Άνδρας - 1976 (M40)	00:00:15 00:00:00	00:15:33 00:15:19	00:39:26 00:39:12	01:12:06 01:11:52	01:31:55 01:31:41	02:00:30 02:00:16	02:38:30 02:38:16
273	273	108	231	2103	ΜΑΡΓΑΡΗΣ ΔΗΜΗΤΡΙΟΣ Άνδρας - 1972 (M40)	00:00:41 00:00:00	00:19:20 00:18:40	00:44:18 00:43:37	01:18:15 01:17:34	01:37:38 01:36:57	02:04:44 02:04:04	02:39:04 02:38:23
274	274	109	232	2243	ΠΑΠΟΥΛΗΣ ΜΙΧΑΛΗΣ Άνδρας - 1977 (M40)	00:01:03 00:00:00	00:18:37 00:17:35	00:41:43 00:40:41	01:13:19 01:12:16	01:30:58 01:29:56	01:55:36 01:54:34	02:40:22 02:39:19
275	275	7	233	2036	ΒΛΟΝΤΑΡΤΖΙΚ ΓΙΩΡΓΟΣ Άνδρας - 1957 (M60)	00:00:46 00:00:00	00:18:23 00:17:37	00:43:17 00:42:31	01:17:14 01:16:28	01:36:31 01:35:45	02:05:25 02:04:40	02:43:46 02:43:00
276	276	6	43	2205	ΜΑΤΙΑΤΟΥ ΜΑΡΙΑ Γυναίκα - 1963 (F50) SANTA RUNNING TEAM	00:00:28 00:00:00	00:19:09 00:18:41	00:43:50 00:43:22	01:17:01 01:16:33	01:35:59 01:35:31	02:06:20 02:05:52	02:47:08 02:46:40
277	277	41	234	2116	ΜΟΥΖΟΥΡΑΚΗΣ ΕΜΜΑΝΟΥΗΛ Άνδρας - 1962 (M50) Α.Π.Σ. ΑΠΟΛΛΩΝ ΔΥΤΙΚΗΣ ΑΤΤΙΚΗΣ	00:00:05 00:00:00	00:17:22 00:17:18	00:44:03 00:43:59	01:18:23 01:18:19	01:38:13 01:38:09	02:09:47 02:09:43	02:51:46 02:51:41
278	278	110	235	2040	ΓΕΩΡΓΑΚΟΠΟΥΛΟΣ ΠΑΝΑΓΙΩΤΗΣ Άνδρας - 1976 (M40)	00:00:52 00:00:00	00:19:57 00:19:06	00:46:39 00:45:48	01:21:25 01:20:34	01:42:17 01:41:26	02:12:40 02:11:49	02:52:27 02:51:35