

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
1	50767	GINIS ENEAS	1	Male 18-34	1	ΑΘΛΗΤΙΚΟΣ ΓΥΜΝΑΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΙΩΑΝΝΙΝΩΝ	0:16:27,95	0:16:31,90
2	50751	TSIRONIS VASILEIOS	2	Male 40-44	1	Α.Γ.Σ.Ι-TSIGOULIS TEAM	0:17:13,74	0:17:16,60
3	50221	DIMAS GRIGORIS	3	Male 18-34	2	Γ.Σ. ΠΡΩΤΕΑΣ	0:17:33,58	0:17:39,44
4	50036	PAPAGIANNIS ALEXANDROS	4	Male 18-34	3		0:17:47,97	0:17:53,50
5	50112	CHOUSIDIS IEREMIAS	5	Male 18-34	4	ΣΤΟΙΚΟΣ RUNNING TEAM	0:17:57,33	0:17:57,33
6	50011	KONTAKAS ANTONIOS	6	Male 40-44	2		0:18:12,55	0:18:12,55
7	50505	NAVROZOGLOU SPYRIDON	7	Male 18-34	5	OXFORD COMPANY	0:18:12,30	0:18:15,83
8	51387	PERVANAS ALEKSANDROS	8		1		0:18:15,44	0:18:20,97
9	50773	SIOMOS-GIZAS VASILEIOS	9		2	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΙΩΑΝΝΙΝΩΝ HANDBALL CLUB	0:18:22,41	0:18:27,02
10	50033	TSEKOURAS PANTELIS	10	Male 18-34	6	ΑΘΛΗΤΙΚΗ ΑΚΑΔΗΜΙΑ ΙΩΑΝΝΙΝΩΝ	0:18:26,96	0:18:31,57
11	50768	NTAGOVANOS CHARALAMBOS	11	Male 40-44	3	ΑΘΛΗΤΙΚΟΣ ΓΥΜΝΑΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΙΩΑΝΝΙΝΩΝ	0:18:28,30	0:18:32,10
12	50506	THERIANOS GERASIMOS	12	Male 35-39	1	OXFORD COMPANY	0:18:39,74	0:18:44,35
13	50940	ARIDAS ANASTASIOS	13	Male 35-39	2		0:18:46,84	0:18:50,47
14	50508	PAPPAS SPYRIDON	14	Male 45-49	1	OXFORD COMPANY	0:18:49,36	0:18:53,40
15	50162	PATRAS KONSTANTINOS	15	Male 40-44	4		0:18:54,11	0:18:57,63
16	51523	ZARAGKAS THOMAS	16	Male 18-34	7	TOP FORM CITY PATRA	0:18:53,64	0:18:57,75
17	50168	SOUTZIOS SOKRATIS	17	Male 18-34	8	ΥΟΙ	0:18:54,83	0:18:58,23
18	50183	GIAGKAS FOTIS	18	Male 18-34	9	DRC_ATHENS	0:18:54,20	0:18:58,36
19	50226	ZOIS PAVLOS	19	Male 35-39	3		0:19:04,19	0:19:07,84
20	50116	GORGOLIS STERGIOS	20	Male 35-39	4		0:19:05,96	0:19:11,35
21	50227	ANDROUTSOU DIMITRA	1	Female 18-34	1	PHYSIO ACTIV	0:19:37,77	0:19:41,99
22	50504	MENAGIAS PANAGIOTIS	21	Male 45-49	2	OXFORD COMPANY	0:19:41,73	0:19:45,58
23	50546	LOLIS PETROS	22	Male 18-34	10	ΕΚΑ ΔΩΔΩΝΗ	0:19:47,01	0:19:51,42
24	50775	TSALOKOSTA DHMHTRA	2	Female 40-44	1		0:19:51,27	0:19:55,32
25	50745	XIRAS DIMITRIOS	23		3	Α.Γ.Σ.Ι.	0:19:53,35	0:19:56,76
26	50859	VARTHOLOMAIOS ALEXIOS	24		4	N.O.I	0:19:34,74	0:19:57,62
27	50066	VAMVAKAS CHARALAMPOS	25	Male 35-39	5		0:19:47,49	0:19:58,62
28	50872	MPLETSAS HLIAS	26		5	N.O.I	0:19:40,77	0:20:04,56
29	50922	NATSIAS ILIAS	27	Male 50-54	1	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:20:04,71	0:20:08,43
30	51069	CHIRAS MARINOS	28	Male 50-54	2		0:20:11,53	0:20:11,53
31	51501	REKATSINAS KONSTANTINOS	29	Male 18-34	11		0:20:08,66	0:20:14,88
32	50053	TSESMETZIS GEORGIOS	30	Male 35-39	6	ΜΑΡΑΘΩΝΟΔΡΟΜΟΙ ΣΕΡΡΩΝ	0:20:15,88	0:20:22,52
33	50933	PAPPAS KONSTANTINOS	31		6		0:20:30,04	0:20:36,17
34	50935	VIHAS KONSTANTINOS	32		7		0:20:34,56	0:20:40,78
35	51521	FOUKAS VASILIS	33	Male 40-44	5	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:20:40,92	0:20:46,42
36	50886	GKALIOS EUAGGELOS	34		8	N.O.I	0:20:41,13	0:20:49,02
37	50735	ANDROUTSOU CHRYSA	3		1	Α.Γ.Σ.Ι.	0:20:55,90	0:20:58,01
38	50300	PAPAGIANNIS MARIOS	35	Male 18-34	12	METRO RUNNING TEAM	0:20:54,66	0:20:59,76
39	51173	KOLIOS ACHILLEAS	36	Male 18-34	13		0:20:56,85	0:21:10,64
40	50647	ZOTOS PAVLOS	37	Male 18-34	14	KONITSA TEAM	0:20:58,51	0:21:11,81
41	50592	MENTIS BASILIS	38		9	11Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:21:01,05	0:21:29,17
42	50354	ZARAGKAS LAMBROS	39	Male 40-44	6	METRO RUNNING TEAM	0:21:25,08	0:21:29,71
43	51344	FOUKAS DIMITRIOS	40		10		0:21:25,38	0:21:31,27
44	50903	KOLIOS AGGELOS	41		11	N.O.I	0:21:17,63	0:21:31,90
45	50038	BELLI MARIA	4		2	ΕΔΩ ΦΛΩΡΙΝΑ	0:21:31,09	0:21:36,19
46	50018	PANAGOS FOTIS	42	Male 18-34	15	CACUMEN TEAM	0:21:36,39	0:21:42,84
47	51066	BOURAZANIS PANAGIOTIS-CHRISTOS	43	Male 18-34	16		0:21:41,38	0:21:47,86
48	50195	POURNARAS ANTONIOS	44	Male 18-34	17		0:20:24,57	0:21:48,80
49	50884	ZAGORISIOS THODORIS	45		12	N.O.I	0:21:34,77	0:21:49,04
50	51218	FAQIRI EISA MOHAMMAD	46	Male 18-34	18		0:21:08,62	0:21:50,06
51	50936	VIHAS IOANNIS	47	Male 45-49	3		0:21:50,88	0:21:55,40
52	50619	SHIRZAI SADAT	48		13	ARSIS SAFE SHELTER KONITSA	0:21:37,28	0:22:05,40
53	51510	KARAMANI LYDIA	5	Female 18-34	2		0:21:59,92	0:22:07,16
54	51250	SKANDALIS CHRISTOS	49		14	4Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:22:07,85	0:22:16,23
55	50894	TZOBARAS KOSTANTINOS	50		15	N.O.I	0:22:01,41	0:22:18,71
56	51034	BLITHIKIOTIS SPYROS	51	Male 18-34	19		0:22:06,92	0:22:27,92

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
57	50865	KOPIDIS LEONIDAS	52		16	N.O.I	0:22:15,50	0:22:31,73
58	50688	NIKOLAOU NAPOLEON	53		17	SKA IOANNINON	0:22:25,16	0:22:32,27
59	50864	LAGOS AGGELOS	54		18	N.O.I	0:22:20,48	0:22:34,18
60	50643	AVGERIS GEORGIOS	55	Male 35-39	7	GKARTSONIKAS RUNNING TEAM	0:22:16,65	0:22:39,12
61	50921	SINTOS DIMITRIOS	56	Male 40-44	7	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:22:35,00	0:22:43,63
62	50157	PAPAGIANNIS THEODOROS	57	Male 55-59	1	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:22:38,59	0:22:44,28
63	50614	MADADY FAYAZ AHMAD	58		19	ARSIS SAFE SHELTER KONITSA	0:22:16,20	0:22:45,12
64	50867	STABOULIS BASILIOS	59		20	N.O.I	0:22:21,83	0:22:46,22
65	50918	STOUPAS DIMITRIS	60		21	Σ.Κ.Α.Ι	0:22:42,84	0:22:50,36
66	50754	ZARKADAS MILTIADIS	61		22	Α.Σ. ΠΡΟΟΔΟΣ ΑΡΤΑΣ	0:22:42,09	0:22:50,47
67	50962	THEOCHARIS GEORGIOS	62	Male 18-34	20		0:22:07,15	0:22:53,27
68	50999	NIKOLAOU ORFEAS	63		23		0:22:47,81	0:22:53,53
69	51232	GIOTAKIS VASILEIOS	64		24		0:22:49,25	0:22:55,80
70	50727	STAUROU GIANNIS	65		25	Α.Γ.Σ.Ι.	0:22:52,44	0:22:56,98
71	50736	MENTI AGGELIKH	6		3	Α.Γ.Σ.Ι.	0:22:56,56	0:23:00,24
72	50051	MALANDRINOS GERASIMOS	66	Male 45-49	4	ΠΑΝΕΠΙΣΤΗΜΙΟ ΙΩΑΝΝΙΝΩΝ	0:22:56,21	0:23:00,31
73	50883	KOUTRAS DIMITRIOS	67		26	N.O.I	0:22:47,22	0:23:00,58
74	51552	MITROGIANNIS IOANNIS	68	Male 18-34	21		0:22:22,61	0:23:05,36
75	50174	LIAPIS VASILEIOS	69	Male 60+	1	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:23:00,67	0:23:06,19
76	50234	NTOSTA STAVROULA	7	Female 35-39	1		0:22:59,38	0:23:06,54
77	51207	ROUMELIS IOANNIS	70		27		0:22:54,92	0:23:07,05
78	50771	SIARAVAS KONSTANTINOS	71		28	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΙΩΑΝΝΙΝΩΝ HANDBALL CLUB	0:22:59,62	0:23:07,41
79	51096	KLEISOURAS PANAGIOTIS	72		29		0:23:03,24	0:23:09,51
80	50558	RINH MARIA	8		4	ΕΚΑ ΔΩΔΩΝΗ	0:23:03,92	0:23:12,87
81	50920	PRENTZAS IOANNHS	73	Male 60+	2	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:23:08,84	0:23:14,70
82	50549	PROTOGEROS ALVERTSO	74	Male 18-34	22	ΕΚΑ ΔΩΔΩΝΗ	0:23:07,25	0:23:17,30
83	51507	GIAMVRIAS ANTONIOS	75	Male 18-34	23		0:22:55,64	0:23:17,31
84	51356	KASOLAS GEORGIOS	76		30	1Ο ΓΥΜΝΑΣΙΟ	0:23:10,02	0:23:20,08
85	51368	PARASKELIDIS MANOLIS	77		31	1Ο ΓΥΜΝΑΣΙΟ	0:23:12,69	0:23:23,62
86	50086	ZISI EVANGELIA	9	Female 35-39	2		0:23:22,77	0:23:27,12
87	50879	ANAGNOSTOU PAULOS	78		32	N.O.I	0:23:04,68	0:23:29,17
88	50899	PAPABASILIOU FILIPOS	79		33	N.O.I	0:23:20,26	0:23:35,51
89	50939	APOSTOLOPOULOS KONSTANTINOS	80	Male 45-49	5		0:23:32,09	0:23:36,73
90	51338	TASIOULAS GEORGIOS	81		34		0:22:08,41	0:23:37,80
91	50902	MEGAS STAVROS	82		35	N.O.I	0:23:25,27	0:23:37,91
92	51515	HASSAN ALI	83		36		0:23:20,14	0:23:38,53
93	50967	BONADA EDUARD	84	Male 35-39	8		0:23:19,05	0:23:40,72
94	50081	TANAS ALEXANDROS	85		37		0:23:30,89	0:23:40,84
95	50866	KAPPAS GEORGIOS	86		38	N.O.I	0:23:18,70	0:23:43,02
96	50944	KAZOUKA TZENH	10	Female 50-54	1		0:23:39,85	0:23:45,61
97	50824	PREZIOS NIKOLAOS	87		39	ΕΚΑ ΔΩΔΩΝΗ	0:23:40,23	0:23:50,48
98	50442	GIOTIS DIMITRIOS	88	Male 18-34	24	METRO RUNNING TEAM	0:23:44,62	0:23:50,79
99	50787	RAFTIS AGGELOS	89		40	ΑΣΤΕΡΙΑΣ	0:23:16,09	0:23:53,29
100	50709	BONOVAS MICHALIS	90		41	TIGER BOXING CLUB	0:22:18,70	0:23:53,68
101	50868	KIRITSIS BASILIOS	91		42	N.O.I	0:23:34,46	0:23:57,79
102	50022	SKANDALIS PARIS	92		43	ΝΗΡΕΑΣ ΙΩΑΝΝΙΝΩΝ	0:23:53,99	0:23:58,60
103	50828	KEXAGIAS PAULOS	93		44	ΕΚΑ ΔΩΔΩΝΗ	0:23:55,89	0:24:00,30
104	50907	POLYCHRONIS DIMITRIS	94	Male 18-34	25	ΟΠΑΠ RUNNING TEAM	0:23:40,69	0:24:00,30
105	50781	H Aidari Seyed Ali Reza	95	Male 18-34	26	ΑΡΣΙΣ-ΚΟΙΝΩΝΙΚΗ ΟΡΓΑΝΩΣΗ ΥΠΟΣΤΗΡΙΞΗΣ ΝΕΩΝ / SAFE Z	0:23:33,81	0:24:01,48
106	50986	DIMOPOULOS GEORGIOS	96	Male 18-34	27		0:24:02,32	0:24:02,32
107	51223	CHRISTOFORIDIS VASILEIOS	97	Male 18-34	28		0:23:55,11	0:24:04,72
108	51561	MANTZIOS KONSTANTINOS	98	Male 18-34	29		0:24:01,64	0:24:10,19
109	50223	PAPAVASILEIOU ANASTASIOS	99	Male 18-34	30	ΠΑΝΕΠΙΣΤΗΜΙΟ ΙΩΑΝΝΙΝΩΝ	0:23:58,65	0:24:10,83
110	50646	NTENTOPOULOS ANDREAS	100	Male 40-44	8	KONITSA TEAM	0:23:57,98	0:24:11,10
111	50082	MPAKIRAS ELEFTHERIOS	101		45		0:23:59,56	0:24:11,16

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
112	50180	MAKRIS THEODOROS	102	Male 45-49	6	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:24:08,33	0:24:16,72
113	51037	KOUTSIMANIS KONSTANTINOS	103	Male 18-34	31		0:23:59,41	0:24:16,88
114	50068	TZAVARA ROULA	11	Female 50-54	2	N.O.ΠΑΡΓΑΣ	0:24:12,07	0:24:17,65
115	50182	FLENTZOURIS PANAGIOTIS	104	Male 18-34	32		0:24:06,63	0:24:20,00
116	50212	ZIGOS GIANNIS	105		46		0:24:07,72	0:24:21,22
117	51206	ROUMELIS PANTELIS	106		47		0:24:15,78	0:24:22,32
118	50804	MALISSOVAS SPIROS	107	Male 18-34	33	ΕΘΝΙΚΗ ΤΡΑΠΕΖΑ	0:23:14,79	0:24:23,60
119	50863	DIMTRIOU STEFANOS	108		48	N.O.I	0:24:08,75	0:24:24,38
120	50895	KOUTSOGGIANIS DIMOSTHENIS	109		49	N.O.I	0:24:10,78	0:24:25,05
121	50616	WALLIZADEH JAFFAR	110		50	ARSIS SAFE SHELTER KONITSA	0:23:58,38	0:24:27,16
122	51391	KATSIMANIS STEFANOS	111		51		0:24:17,82	0:24:27,87
123	51268	DHEMBO FRENSI	112		52	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:24:25,50	0:24:31,09
124	50975	VARVERIS ANDREAS	113	Male 18-34	34		0:24:32,73	0:24:32,73
125	50538	TESIAS DHMHTRIOS	114	Male 35-39	9	PRAKTIKER	0:23:54,21	0:24:34,42
126	50904	SKAMNELIS SOKRATIS	115		53	N.O.I	0:24:21,77	0:24:34,50
127	50772	SIARAVAS ALEXANDROS	116		54	ΑΘΛΗΤΙΚΟΣ ΟΜΙΛΟΣ ΙΩΑΝΝΙΝΩΝ HANDBALL CLUB	0:24:24,00	0:24:38,18
128	51233	TINAS CHARILAOS	117		55	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:24:34,66	0:24:41,32
129	50858	MASTAKAS ATHANASIOS	118		56	N.O.I	0:24:04,51	0:24:45,50
130	50861	GKINIS THLEMAXOS	119		57	N.O.I	0:24:07,88	0:24:46,51
131	50232	XERGIAS GIORGOS	120	Male 45-49	7		0:24:18,58	0:24:48,98
132	50528	SPALTIS NATALIS	121	Male 18-34	35	PRAKTIKER	0:24:01,44	0:24:52,13
133	51155	TSAKMAKIS MARIOS	122	Male 18-34	36		0:23:23,07	0:24:52,53
134	50801	KALAMPOKIS GERASIMOS	123		58	ΓΥΜΝΑΣΙΟ ΠΕΔΙΝΗΣ	0:23:58,66	0:24:53,44
135	50937	KARAGIANNIDIS ARISTOTELIS	124	Male 18-34	37		0:23:39,15	0:24:54,51
136	51304	MITTARIS NIKOLAOS	125		59		0:24:09,25	0:24:55,51
137	50615	SULTANI MOHAMMAD HUSSEIN	126		60	ARSIS SAFE SHELTER KONITSA	0:24:29,72	0:24:58,90
138	51222	MANOLIS THANOS	127	Male 18-34	38		0:23:54,86	0:24:59,98
139	50901	SARALIOTIS BASILIOS	128		61	N.O.I	0:24:36,57	0:25:02,32
140	50065	KANIOTIS DIMITRIOS	129	Male 18-34	39		0:24:52,78	0:25:04,16
141	50063	BISKA ELENI	12	Female 18-34	3		0:24:56,40	0:25:04,34
142	51363	TSIGARA SOTIRIA	13		5	1Ο ΓΥΜΝΑΣΙΟ	0:25:05,12	0:25:05,12
143	50591	MARKOY ILIAS	130		62	11Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:24:34,29	0:25:06,48
144	50062	SIARAPSIS NIKOLAOS	131	Male 18-34	40		0:24:10,16	0:25:06,98
145	50100	MANOUSIS VASILEIOS	132	Male 45-49	8		0:25:07,06	0:25:07,06
146	51221	KATSIKOIANNIS SAVVAS	133	Male 18-34	41		0:24:50,07	0:25:08,56
147	51355	SOULTANIS KONSTANTINOS	134		63		0:24:42,60	0:25:08,70
148	50478	GIANNOPOULOS GEORGIOS	135	Male 18-34	42	METRO RUNNING TEAM	0:24:42,57	0:25:08,97
149	50134	VASILOPOULOS IOANNIS	136	Male 18-34	43		0:25:04,46	0:25:11,12
150	50970	MARTINI SPYRIDON	137	Male 18-34	44		0:25:07,48	0:25:11,69
151	51031	MALAGARIS NIKOLAOS	138		64		0:25:07,40	0:25:13,29
152	50153	XRISTODOULOU ACHILLEAS	139	Male 45-49	9		0:24:54,89	0:25:13,57
153	51380	MPLATSIOS THOMAS	140		65	1Ο ΓΥΜΝΑΣΙΟ	0:25:11,84	0:25:21,90
154	50670	NTAGKAS ALEXANDROS	141	Male 18-34	45	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:25:13,19	0:25:23,08
155	50857	CHRYSANTHOPOULOS KONSTANTINOS MARIOS	142	Male 18-34	46	ΜΑΥΡΟΝΟΡΟΣ ΔΗΜΟΣ ΠΩΓΩΝΙΟΥ	0:24:16,81	0:25:28,98
156	51286	MPATHEKAS DIMITRIOS	143		66	8Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:25:21,62	0:25:37,27
157	51131	PANAGOS DIMITRIS	144		67		0:25:25,21	0:25:37,36
158	51159	LOLIS VASILIS	145		68		0:25:34,13	0:25:41,77
159	50573	VOSIOS GEORGE	146		69	10Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:25:37,84	0:25:44,01
160	50825	ALFANTAKIS APOSTOLOS	147		70	ΕΚΑ ΔΩΔΩΝΗ	0:25:37,78	0:25:48,13
161	50960	STERGIOU STERGIOS	148	Male 18-34	47		0:25:24,00	0:25:48,62
162	50020	MARGONIS GEORGIOS	149	Male 45-49	10	Κ.Ε.Υ.Δ. ΙΩΑΝΝΙΝΩΝ	0:25:40,84	0:25:48,62
163	51540	CHALEPLIS DIONISIOS	150		71		0:25:40,24	0:25:51,86
164	50887	MPOTIS LABROS	151		72	N.O.I	0:25:40,85	0:25:54,56
165	50139	MASTORA KATERINA	14	Female 18-34	4		0:25:49,65	0:25:56,40
166	50563	LORA ANASTASIA	15		6	ΕΚΑ ΔΩΔΩΝΗ	0:25:44,33	0:25:57,17
167	50617	KAZEMI ZABIHOLLAH	152		73	ARSIS SAFE SHELTER KONITSA	0:25:27,84	0:25:57,35

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
168	50759	KATSOUNIDIS KONSTANTINOS	153		74	A.Σ. WTF IOANNINON	0:25:42,97	0:25:58,66
169	50733	TSINIS GEORGIOS	154		75	A.Γ.Σ.Ι.	0:25:48,41	0:26:00,11
170	50755	KATSOUKIS APOSTOLOS	155		76	A.Σ. WTF IOANNINON	0:25:49,32	0:26:05,72
171	50752	VLACHOPOULOU EFI	16	Female 18-34	5	A.O.ΙΩΑΝΝΙΝΩΝ HANDBALL	0:25:59,91	0:26:08,29
172	50077	KARAGIANNIS DIMITRIOS	156	Male 55-59	2		0:26:04,09	0:26:10,31
173	51600	POLITIS THANOS	157	Male 18-34	48		0:26:04,91	0:26:12,65
174	50973	BLATSIOS SPYRIDON	158	Male 35-39	10		0:25:54,66	0:26:13,41
175	50052	MALANDRINOS NIKOLAOS	159		77		0:25:57,64	0:26:14,51
176	51215	KLEISOURAS KOSTAS	160		78		0:26:04,16	0:26:15,17
177	51511	MARAGIANNIS KOSMAS	161	Male 18-34	49		0:26:09,73	0:26:16,10
178	50862	NTEMOS BASILIOS	162		79	N.O.I	0:26:01,70	0:26:17,14
179	51038	TSIARTSIANIDIS ANESTIS	163	Male 18-34	50		0:25:57,94	0:26:20,88
180	50556	PAIDAROU MARIANNA	17		7	EKA ΔΩΔΩΝΗ	0:26:19,25	0:26:25,64
181	50557	MYLONA MYRINA	18	Female 18-34	6	EKA ΔΩΔΩΝΗ	0:25:58,73	0:26:25,72
182	50893	MPALAS NIKOLAOS	164		80	N.O.I	0:26:04,31	0:26:25,86
183	50553	POLITH EVELINA	19		8	EKA ΔΩΔΩΝΗ	0:26:10,08	0:26:27,28
184	50551	NTOUGIA PANAGIOTA	20		9	EKA ΔΩΔΩΝΗ	0:26:10,62	0:26:27,91
185	50908	EFSATHOPOULOS DIMITRIOS	165	Male 35-39	11	ΟΠΑΠ RUNNING TEAM	0:25:04,03	0:26:28,52
186	50991	LAMPRIDIS FOTIS	166		81		0:26:24,75	0:26:35,57
187	50510	GIOUTSOS KONSTANTINOS	167	Male 35-39	12	PRAKTIKER	0:25:46,29	0:26:36,31
188	50743	SIAPLAOURAS DIMITRIOS	168		82	A.Γ.Σ.Ι.	0:26:26,21	0:26:36,85
189	50218	GIAKOUMI NEFELI	21	Female 18-34	7		0:26:25,59	0:26:38,12
190	51298	PARASKELIDIS NIKOLAOS	169		83	A.Γ.Σ.Ι.	0:26:23,29	0:26:40,88
191	50206	ROUPA KRISTINA	22		10		0:26:29,95	0:26:40,99
192	50770	GAVRILAS LEONIDAS	170		84	ΑΘΛΗΤΙΚΟΣ ΓΥΜΝΑΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΙΩΑΝΝΙΝΩΝ	0:26:31,44	0:26:42,64
193	50776	KOLON SYLLA	171		85	ΑΡΣΙΣ-ΚΟΙΝΩΝΙΚΗ ΟΡΓΑΝΩΣΗ ΥΠΟΣΤΗΡΙΞΗΣ ΝΕΩΝ / SAFE Z	0:26:13,66	0:26:43,02
194	50178	KAPOGIANNIS ALEXANDROS	172	Male 35-39	13		0:26:07,21	0:26:43,22
195	51555	TSALIS ALEKSANDROS	173	Male 18-34	51		0:26:18,63	0:26:44,57
196	51253	TZIMAS VASILEIOS	174		86	4Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:25:50,29	0:26:46,03
197	50869	TSAKIRIS KRISTOS	175		87	N.O.I	0:26:22,16	0:26:46,65
198	50089	TREMPHELIS KONSTANTINOS-PARIS	176	Male 18-34	52		0:26:31,38	0:26:48,07
199	51502	GOUDAS THOMAS	177		88		0:26:40,04	0:26:48,45
200	50741	LABROS FOTIKAS	178		89	A.Γ.Σ.Ι.	0:26:36,85	0:26:48,59
201	50952	TSANELIS CHRISTOS	179	Male 18-34	53		0:26:43,11	0:26:49,76
202	51539	SARKISIAN ALEKSANDRA ASOT	23	Female 18-34	8	EKA ΔΩΔΩΝΗ	0:25:44,22	0:26:50,69
203	50990	NASTAS DIMITRIS	180	Male 35-39	14		0:26:43,47	0:26:51,79
204	51393	PAPATHOMAS IOANNIS	181		90		0:26:34,17	0:26:52,16
205	50186	ERGATIS GEORGIOS	182	Male 40-44	9		0:26:17,99	0:26:52,59
206	50892	TSONIS IOANNIS	183		91	N.O.I	0:25:15,05	0:26:53,54
207	50453	DRAGOGIAS ATHANASIOS	184	Male 18-34	54	METRO RUNNING TEAM	0:26:09,31	0:26:53,70
208	51390	CHASANIS STAVROS	185		92		0:26:43,45	0:26:54,27
209	50875	GKOGKOU AIKATERINI	24		11	N.O.I	0:26:35,46	0:26:54,53
210	51239	SKOUFIS ANTONIS	186		93	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:25:46,58	0:26:55,74
211	51049	KALIARDAS DIMITRIS	187	Male 18-34	55		0:26:41,82	0:26:57,29
212	51292	CHATZIESTRATOGLOU EFSTRATIOS	188		94	8Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:26:46,65	0:26:57,43
213	50552	TSIKNIA DANAI	25		12	EKA ΔΩΔΩΝΗ	0:26:44,71	0:26:59,76
214	51375	RISVAS DIMITRIOS	189		95	1Ο ΓΥΜΝΑΣΙΟ	0:26:43,30	0:27:00,47
215	50343	FARMAKIS GEORGIOS	190	Male 18-34	56	METRO RUNNING TEAM	0:26:13,85	0:27:03,23
216	50734	ANASTASIOU KLEANTHIS	191		96	A.Γ.Σ.Ι.	0:26:56,73	0:27:06,61
217	51370	TZIMOGIANNIS DIMITRIOS	192		97	1Ο ΓΥΜΝΑΣΙΟ	0:26:50,68	0:27:06,97
218	50728	KAZANAS LABROS	193		98	A.Γ.Σ.Ι.	0:26:56,84	0:27:07,62
219	50012	GKELIS KONSTANTINOS	194	Male 18-34	57		0:26:42,59	0:27:09,02
220	50122	MANOLI ELENI	26	Female 45-49	1		0:27:04,97	0:27:10,08
221	50327	PRENTZAS PANAGIOTIS	195	Male 18-34	58	METRO RUNNING TEAM	0:26:10,46	0:27:12,60

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
222	50123	PAPASTAVROU AGNI	27		13		0:26:51,78	0:27:12,89
223	51095	DIAMANTIS PANAGIOTIS	196		99		0:26:20,25	0:27:14,06
224	51138	LISSARIS IOANNIS	197		100		0:27:07,68	0:27:16,00
225	51078	ALEXIOU MARINA	28	Female 18-34	9		0:27:13,89	0:27:18,86
226	51524	PAPANOTIS APOSTOLOS	198	Male 18-34	59	ΑΓΣΙ ΙΩΑΝΝΙΝΩΝ	0:27:07,14	0:27:21,34
227	50682	RAPTIS XRISTOS	199	Male 18-34	60	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:26:44,05	0:27:22,02
228	51503	DROSOS EVANGELOS	200	Male 18-34	61		0:27:13,67	0:27:22,20
229	51147	VOTIS SPYRIDON	201		101		0:27:11,80	0:27:22,92
230	51194	TZIMA CHRISOYLA	29	Female 18-34	10		0:27:15,73	0:27:23,90
231	50876	PAPAIOANOU ELINA	30		14	N.O.I	0:27:07,05	0:27:25,03
232	50010	MITSOPOULOS ANGELOS	202	Male 18-34	62		0:27:19,04	0:27:26,33
233	50067	GKEKAS THEOHARIS	203	Male 18-34	63		0:26:53,04	0:27:28,87
234	50888	PAPAIOANOU DIMTRA	31		15	N.O.I	0:27:11,71	0:27:29,49
235	51060	SICHLIMIRI MARINA	32	Female 18-34	11		0:26:50,87	0:27:30,64
236	50831	TSAKANELIS KONSTANTINOS	204		102	EKA ΔΩΔΩΝΗ ΙΩΑΝΝΙΝΩΝ	0:27:20,34	0:27:31,46
237	50379	KONTONASIOS THEOFILOS	205	Male 35-39	15	METRO RUNNING TEAM	0:26:53,65	0:27:34,26
238	50071	MASTROGIANNIS SOTIRIOS	206	Male 50-54	3	ΤΕΧΝΙΚΗ ΗΠΕΙΡΟΥ	0:27:14,05	0:27:37,37
239	50548	SPYRAKIS AGGELOS	207	Male 18-34	64	EKA ΔΩΔΩΝΗ	0:26:32,47	0:27:39,31
240	50196	PAPASYMEON EVANGELOS	208	Male 18-34	65		0:27:15,02	0:27:40,08
241	51520	KARALIS POLYCHRONIS	209	Male 18-34	66		0:27:01,69	0:27:42,59
242	50789	KEGOS ELEFTHERIOS	210		103	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:27:35,28	0:27:43,26
243	50969	CHILIARCHOS DIMITRIOS	211	Male 45-49	11		0:27:40,00	0:27:44,63
244	50880	SARATSI PANAGIOTA	33		16	N.O.I	0:27:25,56	0:27:44,63
245	50716	TSOLKAS BILL	212	Male 18-34	67	Z CLUB ΙΟΑΝΝΙΝΑ	0:26:09,55	0:27:45,50
246	51516	HUSNAIN RAZA	213		104		0:27:32,49	0:27:50,69
247	51020	ZOUPAS AGGELOS	214	Male 18-34	68		0:27:29,32	0:27:51,02
248	51514	KASHIM ALI	215	Male 18-34	69		0:27:34,24	0:27:51,86
249	51289	POLYZOS THEMISTOKLIS	216		105	80 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:27:42,02	0:27:53,42
250	50977	TZAVALLIA POLIKSENI	34	Female 45-49	2		0:27:45,60	0:27:53,45
251	51170	LIASOU ANGELIKI	35	Female 35-39	3		0:27:16,67	0:27:53,60
252	51172	MALAMOS VASILEIOS	217	Male 40-44	10		0:27:18,25	0:27:53,60
253	50744	KITSARAS AGGELOS	218		106	A.Γ.Σ.Ι.	0:27:43,30	0:27:54,95
254	50555	NTOUROU AMALIA	36		17	EKA ΔΩΔΩΝΗ	0:27:47,50	0:27:55,91
255	50106	TSIAKTSIRAS MILIOS PANAGIOTIS	219	Male 18-34	70		0:27:39,41	0:27:56,42
256	51538	KOTSIAS SPIROS	220	Male 18-34	71		0:26:47,28	0:27:59,33
257	50562	MANTH VASILIKH	37		18	EKA ΔΩΔΩΝΗ	0:27:51,52	0:28:00,25
258	50890	PAPPA MARIA	38		19	N.O.I	0:27:42,56	0:28:00,97
259	50372	ZOLOTAS DIMITRIS	221		107	METRO RUNNING TEAM	0:27:22,69	0:28:01,89
260	50208	NONA EKATERINI	39	Female 18-34	12		0:27:56,59	0:28:05,42
261	51209	GIANNIKOS GEORGIOS	222	Male 60+	3		0:27:41,72	0:28:05,51
262	50889	PAPAIOANOU XRISTINA	40		20	N.O.I	0:27:49,17	0:28:07,25
263	51401	GRIVAS VASSILEIOS	223	Male 18-34	72		0:27:34,92	0:28:08,22
264	50625	KALYVA ANDRIANA	41	Female 40-44	2	CROSSFIT ΙΟΑΝΝΙΝΑ THROWDOWN	0:27:45,65	0:28:08,59
265	51099	KOLPONDINOI ANIKA	42	Female 35-39	4		0:27:32,17	0:28:09,88
266	51025	ZIGOS STAUROS	224	Male 18-34	73		0:27:50,67	0:28:11,54
267	50041	KOUTALIS MICHAIL-KONSTANTINOS	225		108		0:27:40,08	0:28:12,17
268	50143	GRIGORIOU XRISTINA	43	Female 18-34	13		0:28:05,59	0:28:12,45
269	50953	NASTOS DIMITRIOS	226	Male 45-49	12		0:26:53,80	0:28:13,06
270	50620	JAFARI MORTEZA	227		109	ARSIS SAFE SHELTER KONITSA	0:27:45,82	0:28:17,91
271	50621	ASLAMI SHABIR	228		110	ARSIS SAFE SHELTER KONITSA	0:27:47,01	0:28:19,07
272	50686	BAGIA SPYRIDOULA	44	Female 40-44	3	NOI	0:28:18,32	0:28:22,36
273	50788	PELLIS ANDREAS	229	Male 60+	4	ΓΚΑΡΤΖΟΝΙΚΑΣ ΜΕΡΣΕΝΤΕΣ CLUB MERCENTES	0:28:16,14	0:28:22,53
274	51059	MAGEIRIAS IOANNIS	230	Male 40-44	11		0:28:08,02	0:28:23,71
275	50840	KOSMAS ELEUTHERIOS	231	Male 18-34	74	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:27:02,47	0:28:24,18
276	50561	DIMOU ZETA	45		21	EKA ΔΩΔΩΝΗ	0:28:12,37	0:28:24,71
277	51528	SKORDAS KONSTANTINOS	232	Male 18-34	75		0:27:22,50	0:28:25,43

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
278	51545	KAZAKIS CHARALAMPOS	233	Male 18-34	76		0:27:14,33	0:28:25,50
279	50684	KITSAKIS THOMAS	234	Male 18-34	77	MERCEDES-BENZ ΓΚΑΡΤΣΟΝΙΚΑΣ	0:27:51,28	0:28:28,48
280	50609	TSALIS PANAGIOTIS	235		111	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:28:21,70	0:28:32,09
281	51100	PATSIU LITSA	46	Female 18-34	14		0:27:55,53	0:28:33,69
282	50885	KOLIAKI MARKELA	47		22	N.O.I	0:28:15,90	0:28:33,89
283	51385	PAPADOPOULOS ATHANASIOS	236	Male 45-49	13		0:28:12,63	0:28:34,79
284	50792	ZYGOUNAS GIORGOS	237		112	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:28:11,88	0:28:35,51
285	50443	KITSIOS GIANNAKIS KONSTANTINOS	238	Male 18-34	78	METRO RUNNING TEAM	0:28:39,44	0:28:39,44
286	50367	TSEREVAS STYLIANOS	239	Male 35-39	16	METRO RUNNING TEAM	0:28:35,99	0:28:39,72
287	51178	DIMITRIU ATHINA	48	Female 18-34	15		0:27:32,04	0:28:42,46
288	50800	KALAMPOKIS GEORGOS	240		113	ΓΥΜΝΑΣΙΟ ΠΕΔΙΝΗΣ	0:27:49,53	0:28:42,69
289	50640	SKANDALI MEROPI	49	Female 35-39	5	FIFTH ELEMENT RUNNING TEAM	0:28:35,85	0:28:44,87
290	50917	AGGELI ARETI	50	Female 45-49	3	Σ.Δ.Ι.--SKY WOMAN	0:28:34,01	0:28:44,87
291	50896	DOSI OLGA	51		23	N.O.I	0:28:26,90	0:28:45,37
292	50121	MALAMOS KONSTANTINOS	241	Male 45-49	14		0:28:24,88	0:28:48,18
293	50730	KOSMA PANAGIOTA	52		24	A.Γ.Σ.Ι.	0:28:18,46	0:28:49,22
294	51548	POALAS DIMITRIOS	242	Male 18-34	79	ΕΟΣ ΛΑΪΣΤΑΣ - ΡΑΘΗ ΤΟ ULTRA	0:28:15,75	0:28:49,92
295	51549	BELLOS ALEKSANDROS	243	Male 18-34	80		0:28:16,83	0:28:50,38
296	50938	TZIMA CHRISANTHI	53	Female 45-49	4		0:27:32,70	0:28:50,51
297	51167	BAKAS NIKOLAOS	244	Male 40-44	12		0:27:36,42	0:28:52,18
298	51386	DIAMANTI AIKATERINI	54	Female 45-49	5		0:28:34,61	0:28:53,36
299	50104	TASOS KONSTANTINOS	245	Male 18-34	81		0:27:47,13	0:28:55,43
300	51113	ZOUGKOU ALEXANDRA	55	Female 45-49	6		0:28:31,29	0:28:58,49
301	51284	RIZOS GIANNIS	246		114	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:28:53,18	0:28:59,94
302	50793	EFSTATHIU PANAGIOTIS	247		115	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:28:34,93	0:29:01,02
303	50581	MALANDRINOY MARIA	56		25	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:28:54,86	0:29:01,83
304	50477	LATHYRIS IOANNIS	248	Male 18-34	82	METRO RUNNING TEAM	0:27:56,05	0:29:03,10
305	50514	SMYRIS CHRISTOS	249	Male 40-44	13	PRAKTIKER	0:28:07,10	0:29:04,27
306	51364	CHITOU PARASKEVI	57		26	10 ΓΥΜΝΑΣΙΟ	0:28:54,69	0:29:04,39
307	51374	TZIMOGIANNIS GEORGIOS	250		116	10 ΓΥΜΝΑΣΙΟ	0:28:48,19	0:29:04,49
308	51319	KOSTAKI KONSTANTINA	58		27	A.Γ.Σ.Ι.	0:29:04,91	0:29:04,91
309	50958	VARELIS DIMITRIS	251	Male 18-34	83		0:28:51,09	0:29:05,25
310	51366	SAOUGKOS FILIPPOS	252		117	10 ΓΥΜΝΑΣΙΟ	0:28:56,92	0:29:06,39
311	50737	ISKOU GEORGIA	59		28	A.Γ.Σ.Ι.	0:28:49,67	0:29:06,97
312	51318	KOSTAKIS SOTIRIOS	253	Male 18-34	84		0:28:52,39	0:29:07,83
313	50687	SIAFI GEORGIA	60	Female 35-39	6	OXFORD COMPANY	0:28:24,03	0:29:09,55
314	50102	ZIAVRAS NIKOLAOS	254	Male 18-34	85	A.O. ΠΥΡΡΟΣ ΙΩΑΝΝΙΝΩΝ WATERPOLO	0:28:27,32	0:29:09,67
315	50197	KARATHANASIS KONSTANTINOS	255		118		0:28:34,98	0:29:10,46
316	50569	KOYGKOYLIS FOTIOS	256		119	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:28:38,34	0:29:10,53
317	51402	PETSI SPIRIDON	257	Male 18-34	86		0:28:37,15	0:29:10,57
318	50203	MPALAMATSIAS THEODOROS	258	Male 55-59	3		0:28:32,61	0:29:15,55
319	50731	TZORTZIS KONSTANTINOS	259		120	A.Γ.Σ.Ι.	0:29:08,95	0:29:19,25
320	50219	TSATSOULI SOFIA	61	Female 45-49	7		0:29:11,58	0:29:20,13
321	50946	THEODOROPOULOS ANASTASIOS	260	Male 18-34	87		0:28:08,97	0:29:21,41
322	50817	KOLOSIS CHARALAMPOS	261		121	ΕΚΑ ΔΩΔΩΝΗ	0:29:14,70	0:29:23,42
323	50400	DROSOS NIKOS	262	Male 35-39	17	METRO RUNNING TEAM	0:28:22,02	0:29:24,83
324	50156	KAPETANOS GEORGIOS	263	Male 40-44	14		0:28:05,36	0:29:25,84
325	50202	ANASTASIOU MARIA	62	Female 40-44	4		0:28:44,21	0:29:26,10
326	50853	LETSIU VASILIKH	63	Female 50-54	3	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:28:11,10	0:29:27,04
327	51217	ZIGOS IOANNIS	264	Male 18-34	88		0:29:13,39	0:29:27,73
328	50961	GERONTA LENA	64	Female 18-34	16		0:28:59,41	0:29:29,15
329	50929	CHRISTOGEORGOU KONSTANTINA	65	Female 18-34	17		0:29:01,46	0:29:30,49
330	51133	PAPPAS GIORGOS	265	Male 50-54	4		0:29:20,79	0:29:32,92
331	50760	SALAGIANNIS GEORGIOS	266		122	A.Σ.WTF ΙΟΑΝΝΙΝΟΝ	0:29:27,58	0:29:34,94
332	50492	GABRIILIDIS EFTHIMIOS	267	Male 35-39	18	METRO RUNNING TEAM	0:28:47,66	0:29:36,73

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
333	50308	KONTOS DIMITRIS	268	Male 40-44	15	METRO RUNNING TEAM	0:28:36,26	0:29:36,90
334	51285	ARCHIMANDRITI ANGELIKI	66		29	80 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:29:28,59	0:29:38,59
335	50021	ANGELI AGLAIA	67	Female 50-54	4		0:29:33,83	0:29:39,02
336	50087	PAPAPETROS SPYROS	269	Male 18-34	89		0:29:21,75	0:29:41,38
337	50085	KOUVATIS VASILEIOS	270	Male 55-59	4		0:29:31,87	0:29:43,52
338	51214	ASPROULIA DIMITRA	68	Female 40-44	5		0:29:39,87	0:29:43,97
339	50628	LAVY SARA	69	Female 18-34	18	ESN IOANNINA	0:29:02,39	0:29:44,60
340	50627	FIORANO JACQUELINE	70	Female 18-34	19	ESN IOANNINA	0:28:58,11	0:29:44,74
341	51280	BISELAS CHRISTOS	271		123	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:29:37,78	0:29:44,81
342	50572	SOZOS BASILIOS	272		124	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:29:13,06	0:29:48,62
343	50905	GKREMOS NILOLAOS	273		125	N.O.I	0:29:32,46	0:29:50,85
344	50668	PAPPAS NIKOS	274	Male 35-39	19	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:28:29,93	0:29:50,88
345	51179	KIOSSES DIMITRIS	275	Male 40-44	16		0:28:39,69	0:29:51,03
346	50181	KONTOGIANNIS CHARALABOS	276	Male 40-44	17		0:28:31,77	0:29:51,21
347	50757	TZIMA EIRINI-CHRISTINA	71		30	A.Σ.WTF IOANNINON	0:29:32,74	0:29:52,29
348	50092	LAZANAS ALEXANDROS	277	Male 18-34	90		0:29:41,46	0:29:52,42
349	50753	MPOZIOS THEODOROS	278	Male 45-49	15	A.O.N.	0:29:39,84	0:29:54,63
350	50797	ZIGOS GEORGIOS	279		126	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:29:34,91	0:29:55,09
351	51177	GOUTSIOS NIKOLAOS	280	Male 35-39	20		0:28:49,85	0:29:56,29
352	50928	KOSTAS VASILEIOS	281	Male 40-44	18		0:28:25,37	0:29:56,44
353	50931	GKARTZIOS ALEKSANDROS	282	Male 40-44	19		0:28:27,27	0:29:56,82
354	51220	KARAKOSTAS CHRISTOS	283	Male 35-39	21		0:29:19,28	0:29:56,88
355	50014	GIOTIS GIORGOS	284	Male 60+	5	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:29:52,14	0:29:57,68
356	50748	KOSMA ELEUTHERIA	72		31	A.Γ.Σ.Ι.	0:29:55,53	0:30:04,89
357	50307	TOPSI ROULA	73	Female 45-49	8	METRO RUNNING TEAM	0:29:14,31	0:30:05,07
358	50515	ANASTASIS KLEANTHIS	285	Male 35-39	22	PRAKTIKER	0:29:18,99	0:30:05,73
359	50878	NTARA ANTHI	74		32	N.O.I	0:29:46,94	0:30:06,57
360	51530	RAKKAS IOANNIS	286	Male 40-44	20		0:29:03,48	0:30:08,95
361	51075	BARKAS LAZAROS	287	Male 18-34	91		0:28:42,38	0:30:10,75
362	51560	EFTHIMIOU NIKOS	288	Male 18-34	92		0:30:02,81	0:30:11,73
363	50072	TZOUVARA MARIA	75	Female 45-49	9	ΤΕΧΝΙΚΗ ΗΠΕΙΡΟΥ	0:29:46,27	0:30:12,11
364	50957	KYPRIANOS ADRIANOS	289	Male 18-34	93		0:29:57,40	0:30:12,57
365	50783	RIDOY BHUIYAN	290		127	ΑΡΣΙΣ-ΚΟΙΝΩΝΙΚΗ ΟΡΓΑΝΩΣΗ ΥΠΟΣΤΗΡΙΞΗΣ ΝΕΩΝ / SAFE Z	0:29:44,17	0:30:14,51
366	50150	SOROGKA ALEXANDRA	76	Female 35-39	7		0:29:45,33	0:30:15,76
367	51125	SAMONA GEORGIA	77	Female 50-54	5		0:29:44,52	0:30:17,51
368	50125	TZIMAS SOTIRIOS	291	Male 18-34	94		0:30:12,71	0:30:20,41
369	51532	FOIFAS IOANNIS	292	Male 18-34	95		0:29:36,96	0:30:24,39
370	50545	TSOUPIS IOANNIS	293	Male 18-34	96	ΕΚΑ ΔΩΔΩΝΗ	0:29:19,81	0:30:27,12
371	51010	MANOS ZISIS	294	Male 18-34	97		0:30:02,00	0:30:31,68
372	51255	KALLIMANI KONSTANTINA	78		33	40 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:30:34,20	0:30:34,20
373	50608	TZIMA GLYKERIA	79		34	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:30:10,07	0:30:37,98
374	51357	LAMARIS DIMITRIOS	295		128	10 ΓΥΜΝΑΣΙΟ	0:30:29,87	0:30:40,52
375	51287	SELACHOGLOU THEODORA	80		35	80 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:30:33,28	0:30:40,76
376	51260	DOUMAS ALEKSANDROS	296		129	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:30:30,70	0:30:42,31
377	51262	KOLIOFOUKAS DIMITRIOS	297		130	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:30:03,45	0:30:43,72
378	50040	KOUTALIS DIMITRIOS	298	Male 45-49	16		0:30:12,90	0:30:44,74
379	51509	STAVROU GEORGIOS	299		131		0:30:39,63	0:30:47,10
380	51106	XARATSIS KONSTANTINOS	300	Male 18-34	98		0:30:25,38	0:30:52,79
381	51109	LEONTARI MARIA	81	Female 40-44	6		0:30:31,73	0:30:53,05
382	50877	KITSOU ANTHI	82		36	N.O.I	0:30:28,07	0:30:54,30
383	50882	PSARRA APOSTOLIA	83		37	N.O.I	0:30:29,24	0:30:55,47
384	50210	BELLOS GEORGIOS	301	Male 45-49	17		0:30:33,35	0:30:58,12
385	51293	MPAZIOS DIMITRIOS	302		132	80 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:30:50,87	0:31:01,66
386	50636	BASILEIOY EVGENIA	84	Female 18-34	20	FIFTH ELEMENT	0:30:31,14	0:31:04,00
387	51235	LAMPROS ORESTIS	303		133	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:29:42,00	0:31:04,53
388	51105	ΝΙΚΟΥ THOMAS	304	Male 60+	6		0:30:34,62	0:31:04,65

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
389	50146	TSVALIA FEDRA	85	Female 45-49	10	CONTOURS EXPRESS	0:31:00,88	0:31:06,07
390	50217	TSOLIS IOANNIS	305	Male 35-39	23		0:30:32,30	0:31:07,11
391	50599	APOSTOLOU FOTIOS	306		134	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:30:43,00	0:31:10,29
392	51308	CHANTZOS ILIAS	307	Male 18-34	99		0:30:38,56	0:31:10,58
393	50015	GIOTI MARIA	86	Female 55-59	1	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΑΡΤΑΣ	0:31:05,42	0:31:13,27
394	50054	KARAMPINA VASILIKI	87	Female 50-54	6		0:30:46,62	0:31:14,52
395	50560	GINH KATERINA	88		38	ΕΚΑ ΔΩΔΩΝΗ	0:31:07,85	0:31:16,36
396	51197	GRAVOS DIMITRIS	308	Male 18-34	100		0:29:58,25	0:31:16,54
397	50380	NIKOLAOU THEODORA	89		39	METRO RUNNING TEAM	0:30:17,87	0:31:16,76
398	50090	NTATSI KRISTINE	90	Female 45-49	11		0:31:03,74	0:31:17,08
399	50550	KOURGIA EVELINA	91		40	ΕΚΑ ΔΩΔΩΝΗ	0:31:11,64	0:31:19,57
400	51064	MYLONIDIS NIKOLAOS	309	Male 45-49	18		0:30:45,89	0:31:21,37
401	51074	YPSILANTIS KONSTANTINOS	310	Male 35-39	24		0:29:39,43	0:31:22,60
402	50630	RECCHIA DAVIDE	311	Male 18-34	101	ESN IOANNINA	0:30:40,45	0:31:24,19
403	51191	KYRIAZI AIKATERINI	92	Female 18-34	21		0:30:45,32	0:31:24,99
404	51258	DRAGATSOU LI ALEXANDRA	93		41	ΑΘΛΗΤΙΚΟΣ ΓΥΜΝΑΣΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΙΩΑΝΝΙΝΩΝ	0:31:16,37	0:31:27,96
405	51369	TATSIS CHRISTOS	312		135	10 ΓΥΜΝΑΣΙΟ	0:31:28,70	0:31:28,70
406	50084	TANAS MANOLIS	313	Male 40-44	21		0:31:07,41	0:31:29,89
407	50764	TSEPELI KASSANDRA	94		42	ΑΓΣΙ	0:31:00,99	0:31:32,01
408	51394	SIAMALEKAS EVANGELOS	314	Male 18-34	102		0:30:57,46	0:31:36,19
409	51342	STATIRAS DIMITRIOS- CHRISTOS	315	Male 18-34	103		0:31:24,64	0:31:39,22
410	51283	EMMANOUILIDIS ACHILLEAS	316		136	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:31:32,65	0:31:39,48
411	51084	MARKOULAS DIMITRIS	317	Male 35-39	25		0:31:35,21	0:31:40,99
412	50458	VARELIS VASILIOS	318	Male 18-34	104	METRO RUNNING TEAM	0:30:35,60	0:31:41,47
413	51562	PORIKIS MICHAEL	319	Male 18-34	105		0:31:07,02	0:31:41,82
414	51091	KARAGKOUNI GIANNOULA	95	Female 35-39	8		0:31:04,86	0:31:42,27
415	50031	SALAGIANNIS DIMOSTHENIS	320	Male 45-49	19		0:31:16,89	0:31:42,71
416	50777	OURIAKHEL ROZI KHAZ	321	Male 18-34	106	ΑΡΣΙΣ-ΚΟΙΝΩΝΙΚΗ ΟΡΓΑΝΩΣΗ ΥΠΟΣΤΗΡΙΞΗΣ ΝΕΩΝ / SAFE Z	0:31:16,79	0:31:44,40
417	50588	BRITSAS SPIROS	322		137	110 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:31:26,95	0:31:48,23
418	50357	RAKKAS DIMITRIOS	323	Male 40-44	22	METRO RUNNING TEAM	0:30:44,19	0:31:51,22
419	50712	KOLIOS DIMITRIOS	324	Male 18-34	107	TIGER BOXING IOANNINA	0:30:16,63	0:31:51,42
420	50587	MENTIS PANAGIOTIS	325		138	110 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:31:29,89	0:31:51,73
421	51153	LEKKA ANDROMACHI	96	Female 18-34	22		0:31:17,11	0:31:53,91
422	50214	LAZOS GIORGOS	326	Male 18-34	108		0:31:23,03	0:31:54,72
423	50137	KOROMILA KERASIA	97	Female 18-34	23		0:31:08,39	0:31:57,12
424	51079	KOUROU CHRISTINA	98	Female 18-34	24		0:30:50,92	0:32:00,14
425	50780	ALI SARAM	327	Male 18-34	109	ΑΡΣΙΣ-ΚΟΙΝΩΝΙΚΗ ΟΡΓΑΝΩΣΗ ΥΠΟΣΤΗΡΙΞΗΣ ΝΕΩΝ / SAFE Z	0:31:32,32	0:32:00,35
426	50932	TOLIS THOMAS	328	Male 40-44	23		0:31:22,88	0:32:00,39
427	50229	PAPAPETROU MAGDALINI	99	Female 45-49	12		0:31:29,59	0:32:01,16
428	51553	SOUKOUVELOΣ ATHANASIOS	329	Male 18-34	110		0:31:10,53	0:32:01,61
429	50747	STERGIOS KONSTANTINOS	330		139	Α.Γ.Σ.Ι.	0:31:31,02	0:32:04,66
430	51264	VASIOS ELEFTHERIOS	331		140	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:31:50,35	0:32:04,70
431	51035	PIPERIAS ANTONIS	332	Male 35-39	26		0:32:06,84	0:32:06,84
432	51087	TSIMOGIANNIS GEORGIOS	333	Male 35-39	27		0:30:28,44	0:32:07,08
433	51094	SAVVIDOU BASILIKI RAFAELA	100		43		0:31:33,09	0:32:08,14
434	50642	TASIOS SOTIRIOS	334	Male 55-59	5	GIROS LIMNIS IOANNINON	0:31:38,73	0:32:08,50
435	50720	NAKOS BILL	335	Male 18-34	111	Z CLUB IOANNINA	0:30:32,04	0:32:08,50
436	51093	GOUGIANNOS ATHANASIOS	336	Male 35-39	28		0:31:36,97	0:32:08,54
437	50947	TSANELI PANAGIOTA	101	Female 50-54	7		0:32:05,80	0:32:12,79
438	50320	VLACHOU SEVASTI	102	Female 45-49	13	METRO RUNNING TEAM	0:31:16,49	0:32:15,78
439	51230	GIANNOPOULOS KONSTANTINOS	337	Male 40-44	24		0:31:37,42	0:32:19,05
440	50507	TIPOU VICTOR	338	Male 45-49	20	OXFORD COMPANY	0:31:38,05	0:32:19,49
441	51531	VOUCHARA ANGELIKI	103	Female 18-34	25		0:31:31,50	0:32:20,74
442	50264	SIONTIS ALEXANDROS	339	Male 18-34	112	METRO RUNNING TEAM	0:31:08,04	0:32:20,99
443	51337	TASIOULA AIKATERINI	104		44		0:30:52,18	0:32:23,06

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
444	51339	TASIOULAS SPIROS	340	Male 45-49	21		0:30:52,39	0:32:23,26
445	50919	PSOMA GEORGIA	105	Female 50-54	8	ΣΔ ΙΩΑΝΝΙΝΩΝ	0:32:15,86	0:32:23,59
446	50061	BARSAKI DIMITRA	106	Female 18-34	26		0:31:25,32	0:32:23,88
447	50267	DOSI ZOITSA	107	Female 45-49	14	METRO RUNNING TEAM	0:31:25,90	0:32:23,89
448	50974	SAKKAS VASILIOS	341	Male 45-49	22		0:31:01,64	0:32:24,10
449	50701	NASTOS KONSTANTINOS	342		141	TIGER BOXING CLUB	0:30:59,14	0:32:24,67
450	50703	GIANNOPOULOS HLIAS	343		142	TIGER BOXING CLUB	0:31:02,13	0:32:25,64
451	50692	TZOVARAS KONSTANTINOS	344	Male 18-34	113	TIGER BOXING CLUB	0:30:59,86	0:32:25,78
452	50707	KARAGIANNIS NIKOS	345		143	TIGER BOXING CLUB	0:31:01,83	0:32:26,11
453	51101	KARVOUNIS DIMITRIOS	346	Male 55-59	6		0:32:04,71	0:32:26,13
454	50693	DIMAS KONSTANTINOS	347	Male 18-34	114	TIGER BOXING CLUB	0:30:52,94	0:32:26,87
455	50951	BABAS VASILEIOS	348	Male 35-39	29		0:30:48,59	0:32:27,08
456	50924	PREMOS THEMIS	349		144	ΧΟΥΛΙΑΡΑΔΕΣ FC	0:32:27,73	0:32:27,73
457	50335	KITSIOS DIMITRIS	350	Male 45-49	23	METRO RUNNING TEAM	0:31:37,75	0:32:27,86
458	50714	TSANI EFROSINI	108	Female 35-39	9	TIGER BOXING IOANNINA	0:31:02,32	0:32:28,16
459	50742	ATHANASOULAS KONSTANTINOS	351		145	A.Γ.Σ.Ι.	0:32:17,20	0:32:28,16
460	50713	GIANNAKIS VASILEIOS	352		146	TIGER BOXING IOANNINA	0:30:51,99	0:32:28,51
461	50564	TSIOFA EYH	109	Female 18-34	27	EKA ΔΩΔΩΝΗ	0:32:09,24	0:32:29,01
462	51071	PAPAGEORGIΟΥ KOSTANTINOS	353	Male 50-54	5		0:31:09,18	0:32:29,40
463	51073	STATHIS THOMAS	354	Male 50-54	6		0:31:07,06	0:32:29,52
464	50710	BOTSIS ARISTEIDIS	355	Male 18-34	115	TIGER BOXING CLUB	0:30:54,75	0:32:30,00
465	50605	PETROS STAVROS	356		147	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:32:20,98	0:32:31,07
466	51048	KOUGIA KATERINA	110	Female 35-39	10		0:32:02,78	0:32:32,80
467	50431	BAKAS GEORGIOS	357	Male 45-49	24	METRO RUNNING TEAM	0:31:43,27	0:32:35,22
468	50449	TSAMADIAS KONSTANTINOS	358	Male 45-49	25	METRO RUNNING TEAM	0:32:12,08	0:32:35,23
469	50201	MPOUMPOUGIANNIS XENOFON	359	Male 35-39	30		0:31:10,44	0:32:36,67
470	51536	LADIAS NIKOS	360	Male 18-34	116		0:31:54,71	0:32:36,81
471	50274	MAMALI ARETI	111	Female 40-44	7	METRO RUNNING TEAM	0:31:33,85	0:32:37,61
472	50982	AMPERIADIS ANASTASIOS	361	Male 18-34	117		0:31:32,67	0:32:39,32
473	51185	ATHANASIOU DIMITRIOS	362	Male 45-49	26		0:32:32,26	0:32:40,54
474	50818	KEXAGIAS ANTONIS	363		148	EKA ΔΩΔΩΝΗ	0:32:38,41	0:32:43,93
475	50673	KOLIAS SPIROS	364	Male 40-44	25	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:31:06,51	0:32:45,95
476	50243	LAMPROS DIMITRIOS	365	Male 35-39	31	METRO RUNNING TEAM	0:31:54,81	0:32:47,70
477	50483	TSOUKARAS EVANGELOS	366	Male 18-34	118	METRO RUNNING TEAM	0:31:57,24	0:32:49,72
478	50992	TZINEROS TILEMACHOS	367	Male 18-34	119		0:32:09,37	0:32:49,83
479	50993	DEMERTZI EIRINI	112	Female 35-39	11		0:32:09,84	0:32:50,05
480	50897	EUTHIMIOU AGGELIKI	113		45	N.O.I	0:32:34,75	0:32:53,82
481	50329	KARMIRI ASPASIA	114	Female 50-54	9	METRO RUNNING TEAM	0:31:54,42	0:32:53,89
482	50948	TSAKANIKA VASILIKH	115	Female 45-49	15		0:31:22,09	0:32:54,00
483	50577	TOSKA NIKOLETA	116		46	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:32:45,77	0:32:54,38
484	51151	PAPPA CHARIKLEIA	117	Female 18-34	28		0:32:18,28	0:32:55,63
485	50900	PAPZAXARI ELENA	118		47	N.O.I	0:32:23,77	0:32:58,82
486	50638	PAPPA EIRINI	119	Female 18-34	29	FIFTH ELEMENT	0:32:29,11	0:33:02,00
487	51056	FATOUROU MARILENA	120	Female 18-34	30		0:31:54,46	0:33:04,10
488	51076	PAPADOPOULOS NIKOS	368	Male 18-34	120		0:31:39,52	0:33:06,95
489	50516	TZALADIMAS ANDREAS	369	Male 35-39	32	PRAKTIKER	0:32:25,22	0:33:12,83
490	51383	PAVLOU VASSILEIOS	370	Male 45-49	27		0:32:52,12	0:33:15,15
491	50166	BLETSOS ARISTIDIS	371		149		0:31:45,66	0:33:15,21
492	50163	BLETSOS IOANNIS	372	Male 50-54	7		0:31:45,36	0:33:15,86
493	51274	GKRESTA VENETIA - EIRINI	121		48	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:32:36,48	0:33:16,75
494	50830	NTOULIAS KONSTANTINOS	373		150	EKA ΔΩΔΩΝΗ ΙΩΑΝΝΙΝΩΝ	0:32:54,55	0:33:17,69
495	50651	EFTHIMIADIS DIMITRIOS	374	Male 18-34	121	MERCEDES BENZ	0:32:52,10	0:33:21,81
496	50138	NIKOLAOU CHARILAOS	375	Male 45-49	28	RULIMAN	0:32:47,43	0:33:21,81
497	51119	FAFALIOS KONSTANTINOS	376	Male 18-34	122		0:32:42,78	0:33:24,57
498	50719	PLIATSIKAS CHRISOSTOMOS	377	Male 60+	7	Z CLUB IOANNINA	0:31:48,41	0:33:25,15
499	51163	ANDRIOTIS GIANNIS	378	Male 40-44	26		0:32:45,72	0:33:25,15

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
500	51126	MALESKOU VASILIKI	122	Female 40-44	8		0:32:52,51	0:33:25,45
501	50596	KAITATZI SOFIA	123		49	110 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:13,69	0:33:25,87
502	50595	KAITATZI MONIKA	124		50	110 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:13,42	0:33:26,15
503	51263	KALAMPOKIS IOAKIM	379		151	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:32:30,00	0:33:27,21
504	50909	DRIGKOPOULOU KALYPSO	125	Female 18-34	31	ΟΠΑΠ RUNNING TEAM	0:32:11,66	0:33:32,87
505	51317	PAPAGEORGIΟΥ AIKATERINI	126		51	A.Γ.Σ.Ι.	0:32:21,20	0:33:35,78
506	50758	KITSIOU SPYRIDOULA	127		52	A.Σ.WTF ΙΟΑΝΝΙΝΟΝ	0:33:17,04	0:33:36,03
507	51050	ATHANASIOU OURANIA	128	Female 18-34	32		0:33:22,51	0:33:37,20
508	51051	ANTONIOU GEORGIA	129	Female 40-44	9		0:33:23,88	0:33:38,04
509	50160	GESOULI EUA	130	Female 18-34	33	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:33:29,98	0:33:41,03
510	50934	KOFKELIS SOTIRIOS	380	Male 18-34	123		0:32:50,87	0:33:42,83
511	50956	VARELI IOANNA	131	Female 18-34	34		0:33:29,18	0:33:42,88
512	50984	KOSTARELOU LOUTSIANA	132	Female 18-34	35		0:32:34,00	0:33:43,63
513	50225	SIOKOLIS EUAGGELOS	381	Male 35-39	33		0:32:58,88	0:33:45,38
514	50224	LOLOY PANAGIOTA	133	Female 35-39	12		0:32:58,90	0:33:45,53
515	50113	BATSI SOPHIA	134	Female 18-34	36	Z CLUB IOANNINA	0:32:10,90	0:33:46,01
516	50567	ASPIOTI SILIA	135		53		0:33:32,17	0:33:46,19
517	50154	SITSANI MARIA	136	Female 40-44	10		0:32:28,01	0:33:46,67
518	51265	KARANOTAS THANOS	382		152	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:21,73	0:33:46,81
519	50978	SKOUMPOU EVA	137	Female 18-34	37		0:32:26,06	0:33:47,45
520	51267	LOLOS NIKOLAOS	383		153	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:22,40	0:33:48,81
521	50241	TSVALAS DIMITRIOS	384	Male 35-39	34	METRO RUNNING TEAM	0:32:23,20	0:33:48,92
522	51272	KOLIOFOUKA MARIA	138		54	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:49,22	0:33:49,22
523	51371	MPOTSIOU DIMITRA	139		55	10 ΓΥΜΝΑΣΙΟ	0:33:41,22	0:33:51,41
524	50838	DONTI KONSTANTINA	140	Female 18-34	38	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:32:33,84	0:33:52,57
525	50440	TSIATOURAS GEORGIOS	385	Male 40-44	27	METRO RUNNING TEAM	0:32:51,53	0:33:53,02
526	50606	SIAMOUTA MELINA	141		56	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:33:25,58	0:33:53,08
527	51559	KALOKIDIS PETROS	386	Male 18-34	124		0:32:41,44	0:33:55,06
528	50331	EFSTATHOPOULOS ATHANASIOS	387	Male 18-34	125	METRO RUNNING TEAM	0:32:43,65	0:33:56,09
529	50570	PARDALIS MARIOS	388		154	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:51,01	0:33:57,19
530	51558	DIAMANTI GEORGIA	142	Female 18-34	39	ΑΟ ΑΡΗΣ JUDO TEAM	0:33:50,03	0:33:57,70
531	50672	LADOPOULOU GEORGIA	143	Female 40-44	11	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:32:19,58	0:33:58,21
532	50554	TSIKNIA ELENH	144		57	ΕΚΑ ΔΩΔΩΝΗ	0:33:49,95	0:33:59,31
533	50848	TZORTZI EYRIDIKI	145	Female 35-39	13	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:32:35,24	0:33:59,53
534	51348	LAGOS IOANNIS	389	Male 35-39	35	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:32:36,39	0:33:59,59
535	51164	EFSTATHOPOULOS ANDREAS	390	Male 18-34	126		0:33:49,08	0:34:02,30
536	50099	ALFANTAKI SAPFO	146	Female 50-54	10		0:33:46,40	0:34:02,35
537	51403	POMONI ANGELIKI	147	Female 18-34	40		0:32:59,80	0:34:03,37
538	51404	GIANNAKENAS ALEKSANDROS	391	Male 18-34	127		0:33:02,22	0:34:03,51
539	50980	TASIOULAS GEORGE	392	Male 40-44	28		0:33:22,10	0:34:07,07
540	50187	THEMELI AIKATERINI	148	Female 18-34	41		0:33:57,32	0:34:10,75
541	50188	MOSCHOS STEFANOS	393	Male 18-34	128		0:33:59,27	0:34:11,75
542	50094	GKOGKOU EVAGGELIA	149	Female 18-34	42		0:33:03,14	0:34:12,89
543	50078	BAFAS CHRISTOS	394	Male 40-44	29		0:32:54,86	0:34:14,99
544	51541	TZORTZI EFTICHIA	150		58		0:33:48,16	0:34:16,81
545	51246	VIZOUKIS ANDREAS	395		155	40 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:54,82	0:34:17,19
546	51029	NTANI AGGELIKI	151	Female 18-34	43		0:34:01,49	0:34:18,99
547	50571	FALIEROS STRATOS	396		156	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:33:46,89	0:34:19,08
548	50258	ANTONIOU CHRISTOS	397	Male 35-39	36	METRO RUNNING TEAM	0:32:55,15	0:34:19,68
549	50140	MPAIRAMPA MARIA	152	Female 35-39	14		0:34:00,36	0:34:20,82
550	50330	MITSOU CHARILAOΣ	398	Male 35-39	37	METRO RUNNING TEAM	0:33:30,50	0:34:21,07
551	51032	MOKOU CHRYSOULA	153	Female 45-49	16		0:33:57,56	0:34:21,48
552	51353	TZIAKOS GEORGIOS	399	Male 18-34	129	ΠΑΝΑΘΗΝΑΪΚΟΣ	0:32:55,93	0:34:21,53
553	51154	TSAKMAKIS THOMAS	400	Male 18-34	130		0:32:52,01	0:34:22,58
554	51141	ZARAVELA ALEXANDRA	154	Female 18-34	44		0:32:55,38	0:34:22,84
555	50718	THODIS GEORGE	401	Male 18-34	131	Z CLUB IOANNINA	0:32:50,99	0:34:27,59

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
556	50676	TSANTAS GEORGIOS	402	Male 45-49	29	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:33:14,62	0:34:29,61
557	50365	POURGIAZIS KONSTANTINOS	403	Male 40-44	30	METRO RUNNING TEAM	0:33:38,81	0:34:30,51
558	51212	ZANOUE STEFANIA	155		59		0:34:03,31	0:34:31,48
559	50363	KOLIOU DROSOULA	156	Female 18-34	45	METRO RUNNING TEAM	0:33:42,87	0:34:31,73
560	50994	BOURA THEODOROU ANASTASIA	157	Female 18-34	46		0:32:50,18	0:34:32,43
561	50798	ZIGOU CHRISANTHI	158		60	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:34:13,50	0:34:34,49
562	50144	ATHANASIOU DIMITRIOS	404	Male 18-34	132		0:33:54,34	0:34:36,31
563	50151	MPAKATSOULAS KONSTANTINOS	405	Male 40-44	31		0:34:07,78	0:34:36,57
564	50364	VELLIOS GRIGORIOS	406	Male 18-34	133	METRO RUNNING TEAM	0:33:56,06	0:34:37,43
565	51382	PAPANASTASIOU CHRISTOS	407		157	1Ο ΓΥΜΝΑΣΙΟ	0:33:43,05	0:34:43,31
566	50253	PAPANASTASIOU PANTELIS	408	Male 18-34	134	METRO RUNNING TEAM	0:33:17,72	0:34:44,63
567	51397	VOULGARI DESPINA	159	Female 18-34	47		0:33:54,09	0:34:44,70
568	51396	MANESI GRETI	160	Female 18-34	48		0:33:15,95	0:34:44,70
569	50207	XATZIOANNIDOU ELEUTHERIA	161		61		0:34:00,04	0:34:45,15
570	50632	GEORGIADIS KONSTANTINOS	409	Male 18-34	135	ESN IOANNINA	0:33:51,09	0:34:47,37
571	50702	BELLIS REMOS	410		158	TIGER BOXING CLUB	0:33:26,67	0:34:51,29
572	51300	KALTSOUNIS VASILIS	411	Male 40-44	32		0:34:17,21	0:34:55,58
573	50115	MPERATI MARGARITA	162	Female 18-34	49		0:34:33,16	0:34:57,01
574	51097	GARIPIDIS KONSTANTINOS	412	Male 18-34	136		0:34:39,48	0:34:57,76
575	51557	GNOSTOPOULOS SPIROS	413	Male 35-39	38		0:33:36,46	0:34:59,20
576	51556	MANOS GIANNIS	414	Male 35-39	39		0:33:35,92	0:35:00,56
577	50070	PAPPA GEORGIA	163	Female 45-49	17		0:32:28,32	0:35:01,89
578	50359	STRATIS CHRISTOS	415	Male 40-44	33	METRO RUNNING TEAM	0:34:16,39	0:35:04,39
579	51261	ZACHARTZIS SOTIRIOS	416		159	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:34:54,28	0:35:06,71
580	50473	STOUMPOS ANDREAS	417	Male 18-34	137	METRO RUNNING TEAM	0:33:37,97	0:35:08,22
581	51518	NTAI KONSTANTINA	164	Female 18-34	50		0:34:34,94	0:35:09,41
582	51307	NTIKOUDI MARIANTHI	165	Female 18-34	51		0:35:11,13	0:35:11,13
583	50124	AGGELI DESPOINA	166	Female 18-34	52		0:34:47,96	0:35:12,85
584	50631	PREZIOU ALEXANDRA	167	Female 18-34	53	ESN IOANNINA	0:34:17,43	0:35:13,85
585	50559	SKANDALI AGGELIKH	168		62	EKA ΔΩΔΩΝΗ	0:35:05,98	0:35:14,98
586	50200	KOSTOULA EFTIXIA	169	Female 35-39	15		0:35:07,87	0:35:15,15
587	51522	PANOUSI DIMITRA	170	Female 18-34	54		0:34:50,32	0:35:15,38
588	50915	GOULAS MAKIS	418	Male 18-34	138	ΠΥΡΑΥΛΟΣ	0:34:31,33	0:35:15,68
589	51157	PANOS GIORGOS	419	Male 18-34	139		0:33:40,15	0:35:16,51
590	51165	GOULAS VASILEIOS	420	Male 18-34	140		0:34:33,25	0:35:16,57
591	51156	GKARANATSI MARIAM	171	Female 18-34	55		0:33:42,78	0:35:16,86
592	50170	TELLIGIANNIDIS EVAGGELOS	421	Male 18-34	141		0:34:35,13	0:35:19,47
593	51090	STERGIOU SOFIA	172	Female 45-49	18		0:34:32,85	0:35:21,10
594	50533	TSOUMPOS MICHALIS	422	Male 45-49	30	PRAKTIKER	0:34:51,44	0:35:22,33
595	51089	KARVELIS STAMATIOS	423	Male 40-44	34		0:34:34,69	0:35:22,56
596	50019	NTOUMAS KONSTANTINOS	424	Male 18-34	142		0:34:08,07	0:35:23,13
597	50230	BALAFI EYANGELIA	173	Female 40-44	12	ΛΟΥΛΟΥ	0:34:55,69	0:35:23,72
598	50594	NTOVONIS PETROS	425		160	11Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:34:55,26	0:35:26,63
599	50076	SINTELES ANASTASIOS	426	Male 18-34	143		0:34:42,12	0:35:27,10
600	50155	NASTOS PANAGIOTIS	427	Male 50-54	8		0:34:06,94	0:35:30,01
601	51519	GKOGKOS KONSTANTINOS NEKTARIOS	428	Male 18-34	144		0:34:55,46	0:35:30,85
602	51123	STAMOS IOANNIS TAXIARCHIS	429		161		0:35:32,21	0:35:32,21
603	51127	TZALALIS STAVROS	430	Male 40-44	35		0:34:08,45	0:35:32,97
604	50075	MPAGEORGA EVAGELI	174	Female 50-54	11		0:35:15,22	0:35:34,09
605	50700	SARGIANIDIS KONSTANTINOS	431		162	TIGER BOXING CLUB	0:34:11,11	0:35:38,62
606	51236	CHAMISIS STEFANOS	432		163	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:34:27,96	0:35:39,50
607	50098	RATAS GEORGIOS	433	Male 18-34	145		0:35:03,49	0:35:39,84
608	50039	MELLIOS THOMAS	434	Male 18-34	146		0:35:14,48	0:35:41,19
609	51332	ATHANASIOU THEOCHARIS	435		164		0:33:58,05	0:35:41,58
610	50043	LEKKAS APOSTOLOS	436	Male 35-39	40		0:35:02,66	0:35:42,41
611	50044	KOSMA LAMPRINI	175	Female 18-34	56		0:35:03,62	0:35:42,67

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
612	50045	GIANAKI DESPOINA	176	Female 18-34	57		0:35:04,67	0:35:43,64
613	50265	CHASAPAKIS STAVROS	437	Male 18-34	147	METRO RUNNING TEAM	0:34:31,10	0:35:43,81
614	50199	KOSTOULAS VASILIS	438	Male 18-34	148		0:34:26,37	0:35:44,94
615	50366	KOSTAKI ATHINA	177	Female 35-39	16	METRO RUNNING TEAM	0:34:52,30	0:35:45,30
616	50435	PANDREMENOU DIMITRA	178	Female 45-49	19	METRO RUNNING TEAM	0:34:53,36	0:35:46,30
617	51053	THEOCHARIS NIKOLAOS	439	Male 45-49	31		0:34:59,96	0:35:47,57
618	50996	ZAFEIRI MARIA	179	Female 18-34	58		0:35:36,87	0:35:49,00
619	50968	STERGIOU VASILEIOS	440	Male 18-34	149		0:35:24,44	0:35:49,14
620	51057	PAPAVASILEIOU VASILEIOS	441	Male 45-49	32		0:34:33,37	0:35:53,20
621	51041	VARELA EVANGELIA	180	Female 18-34	59		0:35:42,06	0:35:58,35
622	50242	GKANAS GIANNIS	442	Male 45-49	33	METRO RUNNING TEAM	0:34:58,30	0:35:59,07
623	50448	SIAPLAOURAS PANAGIOTIS	443	Male 40-44	36	METRO RUNNING TEAM	0:34:40,98	0:35:59,77
624	50810	MANDRAVELIS MICHAIL	444	Male 40-44	37	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:34:29,50	0:36:03,57
625	51388	KONTOS SPYRIDON	445	Male 35-39	41		0:35:49,42	0:36:04,36
626	50074	NTELLIS ATHANASIOS	446	Male 18-34	150		0:35:39,86	0:36:05,81
627	50149	XONA NIKI	181	Female 45-49	20	KONITSA	0:35:41,04	0:36:07,47
628	51257	CHRISTODOULOU THEODORA	182		63	4Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:35:13,71	0:36:08,23
629	51256	TZAVELLA NEFELI	183		64	4Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:35:08,44	0:36:08,51
630	50979	DIMITROPOULOU ELISAVET	184	Female 18-34	60		0:35:20,17	0:36:09,51
631	50204	MPALAMATSIA ALEXANDRA	185		65		0:35:25,46	0:36:10,82
632	50215	KALLOUDIS PANAGIOTIS	447	Male 60+	8		0:34:32,13	0:36:11,91
633	51395	LAMPRIANIDI ELEFThERIA	186	Female 18-34	61		0:34:42,70	0:36:12,15
634	50943	RISTANI ELENH	187	Female 40-44	13		0:35:19,58	0:36:12,56
635	50080	SPANOS MICHAIL	448	Male 18-34	151		0:35:42,71	0:36:13,79
636	50079	SPANOS STYLIANOS	449	Male 55-59	7		0:35:45,24	0:36:13,79
637	51009	KONSTANTINIDIS ANESTIS	450	Male 40-44	38		0:35:45,53	0:36:14,50
638	51311	ROUMPI MARIA	188	Female 18-34	62		0:35:00,04	0:36:17,78
639	51310	ZARAGKA EVGENIA	189	Female 40-44	14		0:34:59,31	0:36:17,88
640	51288	TSIMPAS DIMITRIOS	451		165	8Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:36:05,61	0:36:18,74
641	50766	TSEKOURA ALIKI IOANNA	190	Female 18-34	63	ΑΘΛΗΤΙΚΗ ΑΚΑΔΗΜΙΑ ΙΩΑΝΝΙΝΩΝ	0:35:00,20	0:36:18,97
642	50093	TZIANNI ELENI	191	Female 18-34	64		0:36:05,31	0:36:19,99
643	50167	PAPPAS PANAGIOTIS	452	Male 18-34	152		0:35:36,87	0:36:21,26
644	51118	KAPARINOU CHRYSA	192	Female 18-34	65		0:35:18,89	0:36:21,71
645	51202	GIANNOU IOANNA-MARIA	193	Female 18-34	66		0:35:49,94	0:36:24,15
646	51205	VASILEIADOU THEOPISTI	194	Female 18-34	67		0:35:52,56	0:36:24,74
647	50259	DIGONIS VASILIOS	453	Male 18-34	153	METRO RUNNING TEAM	0:34:57,66	0:36:24,98
648	51030	DILE EUAGGELIA	195	Female 18-34	68		0:36:09,08	0:36:26,79
649	50326	CHANTZARAS NIKOLAOS	454	Male 18-34	154	METRO RUNNING TEAM	0:35:45,30	0:36:27,13
650	50413	PRASSAS EFTHYMIOS	455	Male 18-34	155	METRO RUNNING TEAM	0:35:43,55	0:36:27,16
651	51242	MANTOKAS NAPOLEON	456		166	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:35:06,36	0:36:28,71
652	51234	PROTOPAPAS IOANNIS	457		167	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:35:06,26	0:36:29,59
653	50434	NTZOUROPANOS SOTIRIS	458	Male 40-44	39	METRO RUNNING TEAM	0:35:39,61	0:36:30,35
654	50476	PATOULAS EFTHYMIOS	459	Male 18-34	156	METRO RUNNING TEAM	0:36:30,57	0:36:30,57
655	50368	THEODOROU LEONIDAS	460	Male 45-49	34	METRO RUNNING TEAM	0:35:47,11	0:36:30,82
656	50470	IGOUMENOS DIMITRIS	461	Male 35-39	42	METRO RUNNING TEAM	0:35:39,89	0:36:30,94
657	50820	PAPADOPOULOU ANASTASIA	196		66	ΕΚΑ ΔΩΔΩΝΗ	0:36:08,23	0:36:30,96
658	51028	SILIRA ARETH	197	Female 18-34	69		0:36:16,29	0:36:33,71
659	50192	EFTHYMIU DAFNH	198	Female 35-39	17		0:35:58,94	0:36:37,21
660	50193	EFTHYMIU EVANGELIA	199	Female 35-39	18		0:35:58,30	0:36:37,35
661	51040	MARGARITI ARISTEA	200	Female 18-34	70		0:35:11,49	0:36:38,75
662	50083	BONOVAS DIMITRIS	462	Male 18-34	157		0:35:53,29	0:36:38,75
663	50705	VASILEIOU MARKELLA	201		67	TIGER BOXING CLUB	0:35:15,06	0:36:39,15
664	51537	TSOUMPRI ZOITSA	202	Female 18-34	71		0:35:27,60	0:36:39,71
665	50282	KOURTIS NIKOLAS	463		168	METRO RUNNING TEAM	0:35:41,69	0:36:40,73
666	50471	IFANTIS EVANGELOS	464	Male 50-54	9	METRO RUNNING TEAM	0:36:05,09	0:36:41,41
667	50405	GIOTOPOULOU THEODORA	203	Female 45-49	21	METRO RUNNING TEAM	0:36:06,74	0:36:41,46

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
668	50914	NTAKOS HRISTOS	465	Male 40-44	40	ΠΕΤΡΙΝΑ ΓΕΦΥΡΙΑ ΤΗΣ ΕΛΛΑΔΟΣ RUNNING TEAM	0:35:59,40	0:36:42,13
669	50604	NTOVONIS PANAGIOTIS	466		169	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:36:17,78	0:36:42,75
670	50461	IFANTIS DIMITRIOS	467	Male 18-34	158	METRO RUNNING TEAM	0:36:07,19	0:36:42,93
671	50580	MANTZIOYKA EVANTHIA	204		68	100 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:36:21,85	0:36:43,41
672	50136	MASTORA MARIA	205	Female 18-34	72		0:35:56,88	0:36:44,27
673	50107	SALONIKIDOU GALINI	206	Female 35-39	19		0:36:27,90	0:36:44,34
674	50837	PAPAKOSTA KLEOPATRA	207	Female 40-44	15	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:35:19,19	0:36:45,80
675	51145	PLOUMPI ZOI	208	Female 18-34	73		0:36:01,71	0:36:48,64
676	50598	KOPIDI KATERINA	209		69	70 ΛΥΚΕΙΟ ΙΩΑΝΝΙΝΩΝ	0:36:26,08	0:36:49,61
677	51082	GKAVONATSIU AGGELIKI	210	Female 18-34	74		0:35:42,26	0:36:50,41
678	50475	TSOUFI IRINI	211	Female 18-34	75	METRO RUNNING TEAM	0:36:24,45	0:36:52,88
679	50142	DEVELEGKA VASSILIKI	212	Female 50-54	12		0:35:32,86	0:36:53,34
680	50482	SIOZIOU THEODORA	213	Female 18-34	76	METRO RUNNING TEAM	0:36:26,97	0:36:53,49
681	50109	DENDRINOS VASSILIS	468	Male 55-59	8		0:35:33,58	0:36:54,53
682	51146	KOLIOS GIORGOS	469	Male 18-34	159		0:36:08,37	0:36:55,88
683	50120	PATEROUSIS VASILEIOS	470	Male 40-44	41		0:36:16,29	0:36:57,19
684	50795	ANASTASIOU PETROS	471		170	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:36:36,48	0:36:59,61
685	50235	MARKOS DIMITRIS	472	Male 18-34	160		0:36:17,49	0:37:02,47
686	50056	ZAFEIRIDI MICHAELA	214	Female 18-34	77		0:36:18,01	0:37:02,93
687	50641	FOUKAS GEORGIOS	473	Male 45-49	35	GARTZONIKAS RUNING TEAM	0:36:21,60	0:37:03,40
688	51512	DOULIA KATERINA	215	Female 40-44	16		0:36:41,37	0:37:03,46
689	50680	RAPTI-PLATARI EIRINI	216	Female 60+	1	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:36:58,86	0:37:05,07
690	51546	IOANNOU OLGA	217	Female 18-34	78		0:36:44,99	0:37:06,57
691	50205	MPALAMATSIA GEORGIA	218		70		0:36:21,50	0:37:06,61
692	50233	TRACHANAS THEODOROS	474	Male 18-34	161		0:36:19,53	0:37:07,53
693	50844	PAPAGIANNIS IOANNIS	475	Male 45-49	36	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:35:38,29	0:37:07,54
694	50030	DRAKOPOULOS PASCHALIS	476	Male 45-49	37		0:35:42,67	0:37:08,05
695	51148	DROSOU ARGYRO	219	Female 18-34	79		0:36:01,97	0:37:09,09
696	50711	ANDROULAKI IOANNA-MELITINI	220	Female 18-34	80	TIGER BOXING IOANNINA	0:35:43,09	0:37:10,76
697	51270	VOURDA DIMITRA	221		71	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:35:58,37	0:37:11,02
698	51271	DOGORITI ALMA MARIA	222		72	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:35:58,76	0:37:11,68
699	50704	TASSIOULAS LABROS	477		171	TIGER BOXING CLUB	0:35:50,75	0:37:14,41
700	50721	VLETSAS ORESTIS	478		172	A.Γ.Σ.Ι.	0:36:44,07	0:37:16,33
701	50101	BARKAS DIMITRIOS	479	Male 18-34	162	PANZAGORISIAKOS	0:36:37,72	0:37:21,60
702	51182	PATAKIOUTA IOANNA	223	Female 18-34	81		0:36:18,73	0:37:21,91
703	50148	TRACHIOTIS PANAGIOTIS	480	Male 18-34	163		0:37:10,06	0:37:23,71
704	51081	SABANAI ANNA	224	Female 18-34	82		0:36:22,88	0:37:24,44
705	51150	KYRIAKOU DIMITRA	225	Female 18-34	83		0:35:43,11	0:37:24,94
706	50725	KERI SOTIRIS	481		173	A.Γ.Σ.Ι.	0:35:56,37	0:37:26,34
707	51315	MPAKAGIANNI ANDROMACHI	226	Female 18-34	84		0:35:42,57	0:37:27,41
708	50042	KOLOVOS FANIS	482	Male 18-34	164		0:36:56,53	0:37:32,51
709	51299	PAPAGIANNI MARIA	227	Female 40-44	17		0:36:56,03	0:37:34,20
710	50465	CHARITOU MARINA	228	Female 18-34	85	METRO RUNNING TEAM	0:36:34,74	0:37:35,01
711	50194	VAVLI ELENI	229	Female 18-34	86		0:37:24,22	0:37:36,95
712	50847	LAKKAS VASILEIOS	483	Male 40-44	42	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:36:11,80	0:37:38,91
713	51309	PANAGIOTOPOULOU OLGA	230	Female 18-34	87		0:37:05,09	0:37:39,26
714	51052	VRANOU ELENI	231		73		0:36:59,73	0:37:39,76
715	50954	LAZARIDIS PANAGIOTIS	484	Male 18-34	165		0:36:25,45	0:37:40,04
716	50691	STATHI LABRINI	232	Female 35-39	20	TIGER BOXING CLUB	0:36:15,39	0:37:40,77
717	50696	KARAGIANNI DIMITRA	233	Female 18-34	88	TIGER BOXING CLUB	0:36:16,40	0:37:41,74
718	50657	BANDELLI EVAGGELIA	234	Female 40-44	18	MERCEDES BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:36:32,91	0:37:42,52
719	50189	KOTSINA KOSTANTINA	235	Female 40-44	19		0:36:48,12	0:37:43,36
720	51278	ZOI IOANNA SOFIA	236		74	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:37:03,68	0:37:43,97
721	51373	LAMPROU EVMORFIA	237		75	10 ΓΥΜΝΑΣΙΟ	0:37:17,95	0:37:44,49
722	50593	PAPAKOSTA AGGELIKI	238		76	110 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:37:17,83	0:37:44,54
723	50799	GOUDEVENOU FOTEINI	239		77	ΓΥΜΝΑΣΙΟ ΠΕΔΙΝΗΣ	0:36:30,11	0:37:46,30

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
724	51070	PAPASTERGIOU EVANGELIA	240	Female 18-34	89		0:36:59,11	0:37:46,50
725	51072	THEOCHAROPOULOS DIONISIOS	485	Male 18-34	166		0:36:59,43	0:37:46,56
726	50522	PLACHOURAS NIKOLAOS	486	Male 35-39	43	PRAKTIKER	0:36:49,73	0:37:49,36
727	50942	KARAMPINA ALEXANDRA	241	Female 35-39	21		0:36:59,37	0:37:53,19
728	50114	TATSIS NIKOLAOS	487	Male 60+	9	ΑΠΕΙΡΩΤΑΝ ΙΩΑΝΝΙΝΑ	0:37:21,22	0:37:53,62
729	50447	PASOUSIS GEORGIOS	488	Male 18-34	167	METRO RUNNING TEAM	0:36:40,87	0:37:54,80
730	50446	PAPASPIROS THEMIS	489	Male 18-34	168	METRO RUNNING TEAM	0:36:42,49	0:37:55,13
731	50444	SKENTOS IOANNIS	490	Male 40-44	43	METRO RUNNING TEAM	0:36:43,89	0:37:55,19
732	50739	XITAS VASILEIOS	491		174	Α.Γ.Σ.Ι.	0:37:35,58	0:37:55,39
733	51279	XITA LAMPRI NI PANAGIOTA	242		78	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:37:35,22	0:37:55,63
734	50729	DIMITRIOU MIRTO	243		79	Α.Γ.Σ.Ι.	0:37:21,95	0:37:55,98
735	50683	TZIOMAKIS VASILEIOS	492	Male 18-34	169	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:36:23,49	0:37:56,99
736	50164	FILIPPA KATERINA	244	Female 55-59	2		0:37:26,02	0:37:57,71
737	50541	MPOMPOGIANNI AIKATERINI	245	Female 35-39	22	PRAKTIKER	0:36:56,56	0:37:58,45
738	50512	THEOCHARI LOUKIA	246	Female 50-54	13	PRAKTIKER	0:36:47,14	0:37:58,69
739	50518	KOTTIKA VASILIKH	247	Female 35-39	23	PRAKTIKER	0:36:47,01	0:37:58,78
740	51399	SARITZOGLOU STAMATINA	248	Female 18-34	90		0:37:17,06	0:38:06,84
741	51365	OIKONOMOU TATIANI	249		80	1Ο ΓΥΜΝΑΣΙΟ	0:38:06,97	0:38:06,97
742	51398	DIMITRELOS NIKOS	493	Male 18-34	170		0:37:15,93	0:38:07,17
743	50161	MAMALI THEODORA	250		81	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:37:58,36	0:38:10,79
744	51343	FOUKA EFROSINI	251		82		0:37:29,76	0:38:11,65
745	50095	KORAKAS DIMITRIS	494	Male 50-54	10	OPEN WATER SWIMMERS	0:37:38,11	0:38:12,04
746	50607	SPYROU DIMITRA	252		83	9Ο ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:37:45,68	0:38:12,09
747	50159	MAMALIS GEORGIOS	495	Male 50-54	11	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:37:59,34	0:38:12,25
748	51216	PAPANIKOLAOU EFTHIMIOS	496		175		0:37:46,02	0:38:12,43
749	51336	LAZOU ALEXANDRA	253	Female 35-39	24		0:36:46,51	0:38:17,39
750	50623	TSIAPALIS DIMITRIOS	497	Male 18-34	171	BEEP BEEPS	0:37:52,65	0:38:18,21
751	50738	EUAGGELOU ANTONIA	254		84	Α.Γ.Σ.Ι.	0:38:10,41	0:38:19,04
752	50658	GOULA MARIA	255	Female 45-49	22	MERCEDES BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:37:17,30	0:38:25,71
753	51103	MARKOPOULOS GEORGIOS	498	Male 35-39	44		0:34:55,59	0:38:29,85
754	50240	MANTELOU LYDIA	256	Female 18-34	91	ERGO	0:37:19,49	0:38:30,70
755	50786	KYRIAKOY GEORGIA	257		85	ΑΣΤΕΡΙΑΣ	0:37:54,32	0:38:32,71
756	51544	PSOMA FOTINI	258	Female 18-34	92		0:36:58,87	0:38:32,76
757	50590	FINOS CHRISTOS	499		176	11Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:37:55,31	0:38:33,86
758	50266	CHARALAMPOUS EKATERINI	259	Female 18-34	93	METRO RUNNING TEAM	0:37:19,33	0:38:36,06
759	50950	TSAKANIKA EUDOXIA	260		86		0:37:03,74	0:38:36,87
760	51281	TSINI ANTHIE	261		87	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:38:21,75	0:38:38,81
761	51098	MANTZIOY ELENI	262	Female 40-44	20		0:37:46,53	0:38:38,84
762	51282	CHIRA DANA E	263		88	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:38:22,25	0:38:39,31
763	50963	DARDAMANI PANAGIOTA	264	Female 18-34	94		0:37:53,20	0:38:43,77
764	50254	PAPANDREOU ELEUTHERIA	265	Female 45-49	23	METRO RUNNING TEAM	0:37:25,81	0:38:46,92
765	51152	BECHLI ANNA MARIA	266	Female 18-34	95		0:37:18,50	0:38:49,07
766	50544	SMYRIS VIVIAN	267		89	PRAKTIKER	0:37:53,93	0:38:52,82
767	51169	SIFNAIOU EVANGELIA	268	Female 18-34	96		0:37:10,74	0:38:53,23
768	51017	ROPOKI GEORGIA	269	Female 55-59	3		0:38:19,48	0:38:53,23
769	51208	ALVANOS ADAMANTIOS	500	Male 18-34	172		0:38:20,38	0:38:53,27
770	50626	KOROMILA STELLA	270	Female 18-34	97	ELASSONA GREEN RUNNING TEAM	0:38:05,67	0:38:54,30
771	51108	RIZOU ARSINOI EIRINI	271	Female 18-34	98		0:37:33,80	0:38:54,31
772	50717	NTASIOU BIKY	272	Female 18-34	99	Z CLUB IOANNINA	0:37:18,79	0:38:54,95
773	50534	MANTELI ANETTA	273	Female 35-39	25	PRAKTIKER	0:37:53,14	0:38:56,89
774	50105	SALONIKIDOU ELENI	274	Female 35-39	26		0:38:44,51	0:39:00,87
775	51542	DIMA ARGIRO	275	Female 18-34	100		0:38:41,42	0:39:03,09
776	50618	HUSSEINI LIAQAT ALI	501		177	ARSIS SAFE SHELTER KONITSA	0:38:00,93	0:39:03,17
777	50408	GRIGOROPOULOS GRIGORIOS	502	Male 18-34	173	METRO RUNNING TEAM	0:38:21,56	0:39:03,61
778	50305	PAPATRECHA ALAXANDRA	276	Female 18-34	101	METRO RUNNING TEAM	0:38:19,51	0:39:04,09
779	51171	PAGOUNAS MICHALIS	503	Male 45-49	38		0:38:39,34	0:39:04,23

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
780	51312	GERTZIKI CHRISTINA	277	Female 18-34	102		0:38:01,07	0:39:05,19
781	50409	KALANTZI DIMITRA	278	Female 18-34	103	METRO RUNNING TEAM	0:39:05,20	0:39:05,20
782	50749	CHRISOSTOMOU MARIA	279		90	A.Γ.Σ.Ι.	0:38:32,40	0:39:08,48
783	50375	TSAKIS ANTONIS	504	Male 18-34	174	METRO RUNNING TEAM	0:39:03,31	0:39:09,29
784	50432	IFANTIS CHRISTOS	505	Male 18-34	175	METRO RUNNING TEAM	0:38:19,65	0:39:13,95
785	50750	CHRISOSTOMOU LYDIA	280		91	A.Γ.Σ.Ι.	0:38:35,36	0:39:14,09
786	51115	LAMBROU ZOI IOANNA	281		92		0:37:48,28	0:39:16,08
787	51114	LAMBROU IOANNHS	506	Male 45-49	39		0:37:50,44	0:39:16,19
788	50708	TASSIOULAS EYH	282		93	TIGER BOXING CLUB	0:37:54,01	0:39:17,35
789	50689	MICHALOGLOU STAVROULA	283	Female 18-34	104	TIBER BOXING CLUB	0:37:49,89	0:39:18,38
790	50964	GIANNOULIDOU FWTEINH	284	Female 18-34	105		0:38:32,20	0:39:19,99
791	50147	TRACHIOTI MARIA	285	Female 18-34	106		0:39:05,98	0:39:20,25
792	51335	SINTOS NIKOLAOS	507	Male 45-49	40		0:31:14,80	0:39:24,63
793	51195	KOLOVOU PANAGIOTA	286	Female 18-34	107		0:38:11,63	0:39:29,83
794	50462	KYRIAKIDOU GALINI	287	Female 45-49	24	METRO RUNNING TEAM	0:38:36,18	0:39:30,48
795	51196	TASOULAS CHRISTOS	508	Male 40-44	44		0:38:11,65	0:39:30,91
796	50527	PAGONA VASILIKH	288	Female 18-34	108	PRAKTIKER	0:38:25,54	0:39:33,11
797	50520	RADOU EIRINH	289	Female 35-39	27	PRAKTIKER	0:38:25,02	0:39:33,42
798	51186	KOUTSOGIANNI AMALIA DESPOINA	290	Female 18-34	109		0:39:01,74	0:39:33,75
799	51294	ASPROGENIDI ATHANASIA - MARIA	291		94	80 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:39:21,40	0:39:33,76
800	51347	SIARAMPI OLGA	292	Female 40-44	21		0:38:42,28	0:39:34,07
801	50521	MILIONI CHARIKLIA	293	Female 35-39	28	PRAKTIKER	0:38:23,42	0:39:34,11
802	51198	PAPAGEORGIU EVAGGELIA	294	Female 40-44	22		0:38:43,04	0:39:34,28
803	51112	PANAGIOTOPOULOS VASILEIOS	509	Male 18-34	176		0:37:48,04	0:39:34,42
804	50239	GOGOULI KONSTANTINA ISAVELA	295	Female 18-34	110		0:38:54,79	0:39:36,68
805	50523	GEORGIU ELENI	296	Female 18-34	111	PRAKTIKER	0:38:36,71	0:39:36,87
806	50517	KITSIOU PANAGIOTA	297	Female 40-44	23	PRAKTIKER	0:38:29,39	0:39:37,06
807	50649	PREVEZANOU MARIA	298	Female 18-34	112	KONITSA TEAM	0:38:11,47	0:39:37,19
808	50648	GAZONAS THOMAS	510	Male 18-34	177	KONITSA TEAM	0:38:11,09	0:39:37,19
809	50927	TZIVARAS VASSILIS	511	Male 18-34	178		0:38:55,68	0:39:37,90
810	50450	SARATSI OLGA	299	Female 18-34	113	METRO RUNNING TEAM	0:38:49,30	0:39:43,70
811	51376	RADOS NIKOLAOS	512		178	10 ΓΥΜΝΑΣΙΟ	0:39:27,04	0:39:44,21
812	51162	FOURKA LYDIA	300	Female 45-49	25		0:38:53,21	0:39:44,68
813	51135	LIAMPOU EFTYCHIA	301	Female 18-34	114		0:38:36,38	0:39:45,33
814	51136	BLATHRA EFFROSYNI	302	Female 18-34	115		0:38:32,48	0:39:45,39
815	50117	CHOLEVAS IOANNIS	513	Male 50-54	12		0:39:16,29	0:39:45,45
816	50332	KOTSANTI PARASKEVI	303	Female 18-34	116	METRO RUNNING TEAM	0:38:25,54	0:39:45,45
817	50118	GKEKAS KYRIAKOS	514	Male 45-49	41		0:39:16,75	0:39:45,59
818	50436	ALEXIOU VASILIKI	304	Female 40-44	24	METRO RUNNING TEAM	0:38:29,15	0:39:45,71
819	50671	STAMOULIS STEFANOS	515	Male 40-44	45	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:38:12,88	0:39:47,79
820	50699	TYLELIS GEORGIOS	516		179	TIGER BOXING CLUB	0:38:19,33	0:39:49,17
821	50371	ZOLOTA MARINA	305	Female 18-34	117	METRO RUNNING TEAM	0:39:14,34	0:39:53,27
822	51333	ZIKOS AGGELOS	517	Male 18-34	179		0:38:37,80	0:39:53,55
823	51334	MOUNDRAKI EMMANOUELA	306	Female 18-34	118		0:38:38,54	0:39:53,65
824	50664	XENIKAKIS EMMANOUIL	518	Male 35-39	45	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:38:45,01	0:40:00,57
825	51554	KOULOUMPIS ANDREAS	519	Male 18-34	180		0:39:35,70	0:40:02,33
826	50119	SWANBERG MARGARET	307	Female 60+	2		0:39:50,35	0:40:02,57
827	51276	METSI IOANNA	308		95	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:39:22,86	0:40:03,13
828	51160	KALOGIROU THEODORA	309		96		0:39:07,48	0:40:05,25
829	51251	SOUTOPOULOU NIKOLETA	310		97	40 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:40:05,43	0:40:05,43
830	50634	PAPANIKOLAOU NIKI	311	Female 18-34	119	ESN IOANNINA	0:38:28,83	0:40:06,61
831	51517	MPLETSAS DIMITRIOS	520		180		0:39:34,08	0:40:07,64
832	50568	DIAMANTIS ELEFTHERIOS	521	Male 45-49	42	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:39:44,56	0:40:09,73
833	50635	GEORGIADIS KOSTAS	522	Male 45-49	43	EXTREME SHOP IOANNINA	0:39:35,70	0:40:10,97
834	51273	LADIA FREIDERIKI	312		98	70 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:39:29,12	0:40:11,73

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
835	51359	FAREKTI CHARIS	313		99	1Ο ΓΥΜΝΑΣΙΟ	0:39:35,53	0:40:13,81
836	51360	FARAGIANNI MELINA	314		100	1Ο ΓΥΜΝΑΣΙΟ	0:39:36,05	0:40:14,53
837	50128	GEORGOULA GEORGIA	315	Female 55-59	4		0:39:37,56	0:40:16,53
838	50222	VALAKOU THEODORA	316	Female 35-39	29		0:39:29,81	0:40:18,25
839	50257	LOUPA RODOULA	317	Female 35-39	30	METRO RUNNING TEAM	0:38:57,24	0:40:18,45
840	50796	ZIGU CHRISTINA	318		101	ΓΥΜΝΑΣΙΟ ΕΛΕΟΥΣΑΣ	0:40:02,58	0:40:22,35
841	50511	BARKAS ATHANASIOS	523	Male 35-39	46	PRAKTIKER	0:39:30,60	0:40:23,89
842	50654	AIVALIOTIS IOANNIS	524	Male 45-49	44	MERCEDES- BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:39:20,69	0:40:25,03
843	51384	PAPADOPOULOU ELENA	319		102		0:40:02,46	0:40:25,19
844	50519	DIMOU KONSTANTINOS	525	Male 45-49	45	PRAKTIKER	0:39:33,82	0:40:26,59
845	50529	DRAGATAKIS IOANNIS	526	Male 35-39	47	PRAKTIKER	0:39:36,52	0:40:30,01
846	50059	DOUGALI KALLIOPI	320	Female 18-34	120		0:39:21,48	0:40:30,52
847	51400	PAPATHEODOROU LAMPRINI	321	Female 18-34	121		0:39:03,19	0:40:31,94
848	50925	SIAKATI SOFIA	322	Female 18-34	122		0:39:54,11	0:40:34,99
849	50481	KOLOKOURA ELENI	323	Female 18-34	123	METRO RUNNING TEAM	0:40:06,46	0:40:35,23
850	51116	MARKOU ELEFThERIA	324	Female 18-34	124		0:39:52,70	0:40:35,31
851	51021	CHRISTOPOULOU ARGYRO	325	Female 35-39	31		0:40:08,65	0:40:38,41
852	50624	GYRNAS ALEXANDROS	527	Male 18-34	181	BEEP BEEPS	0:40:14,11	0:40:39,75
853	51054	LETSIOU AIKATERINI	326	Female 18-34	125		0:32:02,00	0:40:43,40
854	51504	PSATHAS PAVLOS	528	Male 18-34	182		0:40:34,26	0:40:47,52
855	50582	ZOIS DIMITRIOS	529		181	10Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:40:21,74	0:40:47,83
856	50459	BASTA BASTA	327	Female 18-34	126	METRO RUNNING TEAM	0:39:30,98	0:40:52,78
857	50325	SOUEREF ANNA	328	Female 40-44	25	METRO RUNNING TEAM	0:39:34,61	0:40:52,92
858	51042	APOSTOULOU MELINA	329	Female 45-49	26		0:40:23,28	0:40:53,72
859	51043	ASPIOTIS PAVLOS	530	Male 45-49	46		0:40:23,19	0:40:53,72
860	51132	TSAKOUMI NIKOLETTA	330	Female 18-34	127		0:39:48,36	0:40:58,99
861	50665	SAKKA VARVARA	331	Female 18-34	128	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:39:19,03	0:41:00,00
862	51111	MAKRI ANASTASIA	332	Female 18-34	129		0:39:14,80	0:41:00,99
863	50955	IOANNOU PETROS	531	Male 18-34	183		0:39:46,56	0:41:01,67
864	51130	TSAKOUMI MARIA	333	Female 55-59	5		0:39:53,62	0:41:04,13
865	50317	SYGKOUNA STAVROULA	334	Female 18-34	130	METRO RUNNING TEAM	0:40:13,27	0:41:10,83
866	51249	STASINOU FOTEINI	335		103	4Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:41:08,76	0:41:13,59
867	50347	LALACHOU IRINI	336	Female 18-34	131	METRO RUNNING TEAM	0:40:01,99	0:41:19,85
868	51345	MPOUGIA LAMPRINI	337	Female 50-54	14		0:40:53,50	0:41:20,60
869	50312	ZOTOU ELENI	338	Female 18-34	132	METRO RUNNING TEAM	0:40:17,16	0:41:20,85
870	51346	PAPAPETROU SOTIRIA	339	Female 35-39	32		0:40:56,03	0:41:21,11
871	50314	PAPANDREOU CHRYSANTHI	340	Female 18-34	133	METRO RUNNING TEAM	0:40:23,74	0:41:21,41
872	50423	EVANGELOU EKATERINI	341	Female 35-39	33	METRO RUNNING TEAM	0:40:30,17	0:41:26,95
873	50198	KOYTSOKWSTA EYAGGELIA	342	Female 55-59	6		0:40:58,67	0:41:31,59
874	51080	NTALAKOS NIKOLAOS	532	Male 35-39	48		0:40:41,34	0:41:40,05
875	50169	MITSI AFRODITI	343	Female 35-39	34	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:40:54,10	0:41:42,47
876	50165	KONSTANTINOU KONSTANTINOS	533	Male 35-39	49		0:40:54,93	0:41:42,51
877	50802	FARIDI ATHINA	344	Female 40-44	26	ΕΘΝΙΚΗ ΤΡΑΠΕΖΑ	0:40:44,15	0:41:42,69
878	50674	LEKKOY ANTHI	345	Female 40-44	27	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:40:04,60	0:41:43,41
879	50805	STAVRATI AGGELIKI	346	Female 40-44	28	ΕΘΝΙΚΗ ΤΡΑΠΕΖΑ	0:40:44,58	0:41:43,47
880	50055	KARDASI VERA	347	Female 50-54	15		0:41:14,90	0:41:44,19
881	50048	ZOI KALLIOPI	348	Female 45-49	27		0:41:17,28	0:41:44,55
882	51181	MAGGOU EVAGGELIA	349	Female 18-34	134		0:40:53,23	0:41:45,71
883	50273	SITARA MARTHA	350	Female 18-34	135	METRO RUNNING TEAM	0:40:55,59	0:41:45,77
884	50500	TASOULA PINELOPI	351	Female 40-44	29	METRO RUNNING TEAM	0:40:51,29	0:41:46,76
885	50301	STERGIOU VASILIKI	352	Female 18-34	136	METRO RUNNING TEAM	0:40:55,28	0:41:47,02
886	50348	MAUROU GEORGIA	353	Female 45-49	28	METRO RUNNING TEAM	0:40:25,52	0:41:47,63
887	50416	KOUTROUBAS GEORGIOS	534	Male 18-34	184	METRO RUNNING TEAM	0:40:52,22	0:41:54,67
888	50175	MPAGIA AGGELIKI	354	Female 40-44	30		0:41:29,56	0:41:58,03
889	50049	FARIDI SOPHIA	355	Female 40-44	31		0:41:31,56	0:41:58,81
890	50949	SOYLIOU ANASTASIA	356	Female 18-34	137		0:40:26,27	0:42:00,11

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
891	51297	LAINA MARIA	357		104		0:41:39,79	0:42:02,17
892	50633	MIGKA STAVROULA	358	Female 18-34	138	ESN IOANNINA	0:40:30,18	0:42:07,89
893	51358	PSALLA ANTHI ALIKI	359		105	1Ο ΓΥΜΝΑΣΙΟ	0:41:32,47	0:42:10,84
894	51117	PAPAKOSTA EVAGGELIA	360	Female 40-44	32		0:41:35,86	0:42:17,11
895	50468	ARGYRI VASILIKI	361	Female 18-34	139	METRO RUNNING TEAM	0:41:12,86	0:42:19,33
896	50469	NIKOLOUZOS GERASIMOS	535	Male 40-44	46	METRO RUNNING TEAM	0:41:13,38	0:42:19,43
897	50816	POULATSOGLOU CHRISTOS	536	Male 55-59	9	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:40:47,40	0:42:20,45
898	51508	ARRALI NIKOLETTA	362	Female 35-39	35		0:41:34,98	0:42:20,91
899	51500	KYRIAKOPOULOU MARIANNA	363		106		0:41:59,02	0:42:22,57
900	50191	SKIADOPOULOU DAFNI	364	Female 18-34	140		0:42:11,56	0:42:31,75
901	50088	PAPAPETROU VASILIKI	365	Female 18-34	141		0:42:10,93	0:42:31,85
902	51275	GIANNOULI THEODORA	366		107	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:41:51,10	0:42:34,17
903	50531	TOLI GEORGIA	367	Female 18-34	142	PRAKTIKER	0:41:28,24	0:42:34,57
904	51269	STAVROU KONSTANTINA	368		108	7Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:41:53,59	0:42:36,62
905	51124	STAMOU ELISAVET IRINI	369		109		0:41:59,22	0:42:39,31
906	50269	CHANTZICHRISTOU ELENI	370	Female 18-34	143	METRO RUNNING TEAM	0:41:22,57	0:42:39,37
907	50271	ZIOGA EKATERINI	371	Female 35-39	36	METRO RUNNING TEAM	0:41:22,74	0:42:40,50
908	50294	MERELI STAVROULA	372		110	METRO RUNNING TEAM	0:41:39,67	0:42:41,03
909	50270	DIMITRIOU EUFROSINI	373	Female 40-44	33	METRO RUNNING TEAM	0:41:26,71	0:42:42,34
910	51314	MITKANI ATHINA	374	Female 18-34	144		0:41:41,53	0:42:45,82
911	51313	TSAKNAKI GEORGIA	375	Female 18-34	145		0:41:37,82	0:42:45,89
912	50575	KAMNINOY SOFIA	376		111	10Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:42:23,41	0:42:47,52
913	50298	MERELHS KONSTANTINOS	537	Male 40-44	47	METRO RUNNING TEAM	0:41:46,45	0:42:47,64
914	50576	THEODOROY XARIKLIA	377		112	10Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:42:24,20	0:42:48,31
915	50578	SILIRA XARIKLIA	378		113	10Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:42:24,97	0:42:48,57
916	51226	CHRISTODOULOU-POLIKIPI MAGDALINI	379	Female 50-54	16		0:42:08,83	0:42:52,54
917	50463	KROMYDA IOANNA	380	Female 45-49	29	METRO RUNNING TEAM	0:42:14,57	0:42:58,54
918	50211	STAVROPOYLOY ALEXANDRA	381	Female 18-34	146		0:42:49,32	0:42:59,08
919	50209	KARKANTELOU BASILIKI	382	Female 18-34	147		0:42:52,91	0:43:03,17
920	51168	KRITSIMA OLGA	383	Female 40-44	34		0:42:45,76	0:43:10,81
921	51316	TSOUKAKI EVANGELIA	384		114	A.Γ.Σ.Ι.	0:41:05,39	0:43:12,05
922	51022	STERGIOULA KONSTANTINA	385	Female 18-34	148		0:42:52,40	0:43:13,79
923	51529	GEROGIANNIS IOANNIS	538		182		0:42:54,13	0:43:14,39
924	51102	THEOFILOU FOTIOS	539	Male 18-34	185		0:42:59,79	0:43:16,59
925	50370	VARELI OLGA	386	Female 40-44	35	METRO RUNNING TEAM	0:42:44,55	0:43:24,51
926	50289	KOLYVA GEORGIA	387	Female 40-44	36	METRO RUNNING TEAM	0:42:28,01	0:43:26,47
927	51237	TASIOU PANAGIOTA	388		115	ΓΕΛ ΚΑΤΣΙΚΑΣ	0:42:15,97	0:43:29,52
928	50815	MPAIRAMIDIS ARGIRIOS	540	Male 45-49	47	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:42:04,13	0:43:36,44
929	50244	KEFALA LAMPRIINI	389	Female 40-44	37	METRO RUNNING TEAM	0:42:41,34	0:43:37,08
930	50324	KAKARANTZA THEODORA	390	Female 45-49	30	METRO RUNNING TEAM	0:42:41,40	0:43:37,08
931	50811	KAFTERANIS PARASKEVAS	541	Male 35-39	50	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:42:09,31	0:43:41,29
932	51026	ZIGOU STAUROULA	391	Female 18-34	149		0:43:21,16	0:43:41,41
933	50998	PAPADOPOULOU ANNA	392	Female 45-49	31		0:43:31,39	0:43:41,47
934	50586	PASHALI ANNA	393		116	11Ο ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:43:20,84	0:43:43,21
935	51361	FAREKTZI ELENI ANDRIANA	394		117	1Ο ΓΥΜΝΑΣΙΟ	0:43:06,20	0:43:44,33
936	51377	METSIU EVI	395		118	1Ο ΓΥΜΝΑΣΙΟ	0:43:06,02	0:43:44,39
937	50808	TELLIOS IOANNIS	542	Male 40-44	48	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:42:13,29	0:43:46,52
938	51381	KARAGIANNI MIRTO	396		119	1Ο ΓΥΜΝΑΣΙΟ	0:42:48,88	0:43:48,55
939	50985	LITSI SOFIA	397		120		0:42:38,89	0:43:48,82
940	50809	KAPSALI THEODORA	398	Female 35-39	37	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:42:15,93	0:43:48,86
941	51372	KAMPERI KONSTANTINA	399		121	1Ο ΓΥΜΝΑΣΙΟ	0:42:49,37	0:43:48,95
942	50677	THEODOSIS IOANNIS	543	Male 18-34	186	MERCEDES-BENZ ΓΚΑΡΤΖΟΝΙΚΑΣ	0:42:19,56	0:43:54,05
943	51547	CHATZIEFSTRATOGLOU NIKOLAOS	544	Male 50-54	13		0:43:38,75	0:44:03,76
944	50981	KARALI DIMITRA	400	Female 18-34	150		0:42:55,71	0:44:09,19
945	51534	MICHA PAVLINA	401	Female 18-34	151		0:43:42,44	0:44:13,22

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
946	51533	ANGELIDOU MARINA	402	Female 18-34	152		0:43:43,60	0:44:14,69
947	50485	CHARISIADI ATHINA	403	Female 18-34	153	METRO RUNNING TEAM	0:42:55,05	0:44:15,53
948	50397	KONTOGIORGI MARIA	404	Female 18-34	154	METRO RUNNING TEAM	0:42:58,30	0:44:16,61
949	50255	DROSOU AIKATERINI	405	Female 35-39	38	METRO RUNNING TEAM	0:42:53,95	0:44:16,67
950	50260	ARAPOU DIMITRA	406	Female 40-44	38	METRO RUNNING TEAM	0:42:55,96	0:44:18,78
951	51527	NOUSIA CHRISANTHI	407		122		0:43:26,31	0:44:19,65
952	50503	IFANTIS VASILIOS	545		183	METRO RUNNING TEAM	0:43:44,59	0:44:21,11
953	51063	KOLOKA AFRODITI	408	Female 18-34	155		0:43:15,36	0:44:23,57
954	51213	SIOZOU ANASTASIA	409	Female 18-34	156		0:43:15,12	0:44:23,67
955	50501	IFANTI AMALIA	410		123	METRO RUNNING TEAM	0:43:50,50	0:44:26,81
956	50602	MICHAIL GEORGIA	411		124	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:44:23,01	0:44:34,41
957	50600	GOURNOPANOU DESPOINA	412		125	90 ΓΕΛ ΙΩΑΝΝΙΝΩΝ	0:44:21,18	0:44:34,61
958	51526	TSATSANI MARTHA	413	Female 40-44	39		0:43:47,38	0:44:38,03
959	50387	BISTAS THEOCHARIS	546	Male 50-54	14	METRO RUNNING TEAM	0:43:38,38	0:44:41,75
960	50316	GIANNETA STELLA	414	Female 35-39	39	METRO RUNNING TEAM	0:43:42,86	0:44:42,85
961	50252	KITSIOU KLEONIKI	415	Female 18-34	157	METRO RUNNING TEAM	0:43:47,89	0:44:44,11
962	50490	STAMOULI NEKTARIA	416	Female 45-49	32	METRO RUNNING TEAM	0:44:10,28	0:44:45,15
963	50836	TSAGAS KONSTANTINOS	547	Male 18-34	187	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:43:19,67	0:44:46,92
964	51047	STAMOULI MARIA	417	Female 50-54	17		0:44:18,63	0:44:55,43
965	50073	KATEMI ELISAVET	418	Female 18-34	158		0:44:29,90	0:45:05,96
966	50782	MUHAMMAD SAFI ULLAH	548		184	ΑΡΣΙΣ-ΚΟΙΝΩΝΙΚΗ ΟΡΓΑΝΩΣΗ ΥΠΟΣΤΗΡΙΞΗΣ ΝΕΩΝ / SAFE Z	0:44:36,66	0:45:07,43
967	51228	PAPANTZIMA KALLIOSPI-PANAGIOTA	419	Female 18-34	159		0:44:17,26	0:45:19,23
968	51229	SMEOU ANNETA	420	Female 18-34	160		0:44:14,28	0:45:19,31
969	51033	MUHAMETI ANXHELA	421	Female 18-34	161		0:43:45,40	0:45:22,53
970	50096	ZACHARAKI NIKOLETA	422	Female 18-34	162		0:44:46,04	0:45:22,65
971	51505	SOTIROPOULOU AVRA	423	Female 18-34	163		0:45:27,41	0:45:37,91
972	51247	ZIKOU VAGIA	424		126	40 ΓΥΜΝΑΣΙΟ ΙΩΑΝΝΙΝΩΝ	0:44:31,42	0:45:42,76
973	50525	TZORBATZOUZDIS KONSTANTINOS	549	Male 50-54	15	PRAKTIKER	0:44:55,65	0:45:50,37
974	51327	PAVLOU CHAROULA	425		127		0:45:31,50	0:45:51,33
975	50829	DIAMANTI ISIDORA	426		128	ΕΚΑ ΔΩΔΩΝΗ	0:45:44,29	0:45:52,06
976	50812	TSIAGIAS ASTERIOS	550	Male 45-49	48	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:44:20,03	0:45:52,27
977	51340	GORGOLI GEORGIA	427		129		0:45:32,56	0:45:52,29
978	51341	SPIROU ERASMIA	428		130		0:45:35,85	0:45:53,11
979	50097	ZISOPOULOU ANTONIA	429	Female 18-34	164		0:45:22,04	0:45:58,50
980	50524	IOANNIDIS GRIGORIOS	551	Male 40-44	49	PRAKTIKER	0:45:01,52	0:45:58,69
981	51122	KALOGIANNI ELENA	430	Female 18-34	165		0:45:13,66	0:46:04,67
982	51180	KALOGIANNI ZOI	431	Female 18-34	166		0:45:14,77	0:46:04,67
983	51183	STRATILAKA ANNA MARIA	432	Female 18-34	167		0:45:14,75	0:46:04,75
984	50814	MPAIRAMIDIS HARALAMPOS	552	Male 45-49	49	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:44:36,46	0:46:07,48
985	50281	KOURTIS GEORGIOS	553	Male 45-49	50	METRO RUNNING TEAM	0:46:11,39	0:46:11,39
986	50290	BOURLIASKOU EFTHIMIA	433	Female 50-54	18	METRO RUNNING TEAM	0:45:07,94	0:46:11,43
987	50489	PAPADIMITRIOU ELENI	434	Female 45-49	33	METRO RUNNING TEAM	0:44:48,12	0:46:11,71
988	50350	PAPANIKOLAOU DIMITRA	435	Female 35-39	40	METRO RUNNING TEAM	0:44:55,57	0:46:11,71
989	50813	IOANNIDOU DESPOINA	436	Female 45-49	34	ΕΙΔΙΚΟ ΕΡΓΑΣΤΗΡΙ ΚΟΖΑΝΗΣ	0:44:41,32	0:46:16,30
990	50108	PAPOUTSI KOSTITSA	437	Female 55-59	7	S-TEAM	0:45:19,88	0:46:30,46
991	51323	POTSI FOTEINI	438	Female 18-34	168		0:45:11,69	0:46:35,02
992	50246	KYRIAZI CHARA	439	Female 18-34	169	METRO RUNNING TEAM	0:45:44,60	0:46:46,26
993	50460	ROUMPOU SOFIA	440	Female 18-34	170	METRO RUNNING TEAM	0:45:45,37	0:46:46,41
994	50250	MOLONIS THEODOROS	554	Male 18-34	188	METRO RUNNING TEAM	0:45:44,84	0:46:47,29
995	50251	KOKKALI KONSTANTINA	441	Female 35-39	41	METRO RUNNING TEAM	0:45:48,66	0:46:49,71
996	51199	VRAKA MARINA	442	Female 40-44	40		0:46:26,21	0:47:04,33
997	50855	BALTOGIANNIS KONSTANTINOS	555	Male 40-44	50	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:45:56,11	0:47:11,19
998	51015	KYRATZI EUGENIA	443	Female 18-34	171		0:47:00,04	0:47:18,69
999	50262	KOSTARA THEODORA	444	Female 18-34	172	METRO RUNNING TEAM	0:46:19,39	0:47:19,57
1000	51016	SKIADAS ZACHARIAS	556	Male 18-34	189		0:47:06,21	0:47:24,77

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
1001	51139	KRIKONIS NIKOLAOS	557	Male 40-44	51		0:45:54,09	0:47:26,34
1002	51176	SPYRIDOPOULOU AMALIA	445	Female 18-34	173		0:46:39,42	0:47:30,89
1003	51121	NIKOLAIDOU SOFIA	446	Female 18-34	174		0:46:39,22	0:47:30,89
1004	51350	NTOUMA LAMPRINI	447	Female 18-34	175		0:47:25,03	0:47:33,01
1005	50091	MALAKONTA DANAI	448	Female 18-34	176		0:47:04,59	0:47:34,55
1006	51184	ATHANASIOU ELEFThERIA MARIA	449		131		0:47:08,54	0:47:34,75
1007	50542	RODANA KALLIOPI	450	Female 50-54	19	PRAKTIKER	0:46:56,02	0:48:07,37
1008	50543	PAPPA ATHINA	451	Female 45-49	35	PRAKTIKER	0:47:00,54	0:48:08,10
1009	50989	EVANGELOU GEORGIOS	558	Male 55-59	10		0:47:51,26	0:48:08,43
1010	50661	GKARAMETSIU SOFIA	452	Female 35-39	42	MERCEDES BENZ ΓKAPTZONIKΑΣ	0:47:52,38	0:48:08,67
1011	50530	KALOBATSOU CHRISTINA	453	Female 18-34	177	PRAKTIKER	0:48:09,70	0:48:09,70
1012	50353	GORGOLU EFI	454	Female 35-39	43	METRO RUNNING TEAM	0:47:11,49	0:48:13,62
1013	51201	MYLONA ELENI	455		132		0:47:01,80	0:48:15,40
1014	50923	MYLONAS CHRISTOS	559	Male 50-54	16	ΣΥΛΛΟΓΟΣ ΔΡΟΜΕΩΝ ΙΩΑΝΝΙΝΩΝ	0:47:04,85	0:48:18,72
1015	51018	MERTZIOS GEORGIOS	560	Male 18-34	190		0:46:55,16	0:48:26,77
1016	51389	TSEKOURA AIKATERINI	456	Female 18-34	178		0:48:27,04	0:48:27,04
1017	50141	LIAKOU DESPOINA	457		133		0:48:09,61	0:48:30,23
1018	50856	KYRKOU ANDROMACHI	458	Female 18-34	179	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:47:05,36	0:48:31,60
1019	50839	XATZH SEVASTI	459	Female 18-34	180	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:47:05,99	0:48:32,35
1020	50841	TZOVARA PAULINA	460	Female 35-39	44	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:47:09,72	0:48:32,75
1021	50486	VASILIADOU SIMELA	461	Female 45-49	36	METRO RUNNING TEAM	0:47:10,36	0:48:33,37
1022	50437	ZARKADA PANAGIOTA	462	Female 40-44	41	METRO RUNNING TEAM	0:47:11,20	0:48:33,87
1023	50249	DOUGIAS NEFELI	463	Female 18-34	181	METRO RUNNING TEAM	0:47:30,94	0:48:37,08
1024	50158	TACHIA XRYSA	464	Female 18-34	182		0:47:16,43	0:48:40,44
1025	50263	KRANA ALIKI	465	Female 18-34	183	METRO RUNNING TEAM	0:47:33,22	0:48:42,89
1026	50355	VASIOU GEORGIA	466	Female 40-44	42	METRO RUNNING TEAM	0:47:33,22	0:48:43,21
1027	50247	TATSI ALEXIA	467	Female 40-44	43	METRO RUNNING TEAM	0:47:36,60	0:48:46,41
1028	50427	PAPADOPOULOS MARKOS	561		185	METRO RUNNING TEAM	0:47:52,60	0:48:51,58
1029	51019	BOZIOU EFThALIA	468	Female 18-34	184		0:47:27,96	0:48:58,71
1030	50439	STAMATIOU ELENI	469	Female 35-39	45	METRO RUNNING TEAM	0:49:01,36	0:49:01,36
1031	51305	ANAGNOSTOPOULOU VIRGINIA	470	Female 18-34	185		0:48:29,92	0:49:04,91
1032	51306	LAMPSA AIKATERINI	471	Female 18-34	186		0:48:30,87	0:49:05,86
1033	50388	TZAFIDOU ANNA	472	Female 45-49	37	METRO RUNNING TEAM	0:48:19,88	0:49:22,34
1034	50184	VOUSTROS NIKOS	562	Male 45-49	51	ALFASTAR	0:47:30,62	0:49:22,74
1035	50334	KELEPOURI ELENI	473	Female 18-34	187	METRO RUNNING TEAM	0:48:31,33	0:49:23,63
1036	50382	TSEPIS SPYRIDON	563	Male 35-39	51	METRO RUNNING TEAM	0:48:21,46	0:49:24,28
1037	51331	ATHANASIOU AGAPI	474		134		0:47:48,77	0:49:32,95
1038	51324	ATHANASIOU FOTIOS	564	Male 35-39	52		0:47:50,58	0:49:34,62
1039	51330	ATHANASIOU SPIROS	565	Male 40-44	52		0:48:03,84	0:49:50,37
1040	51302	GIANNOPOULOU DESPOINA	475		135		0:48:50,27	0:50:07,83
1041	50740	XAXIRI FOTEINI	476		136	A.Γ.Σ.Ι.	0:48:50,60	0:50:08,74
1042	50339	PALIOGIANNIS NIKOLAOS	566	Male 18-34	191	METRO RUNNING TEAM	0:49:20,09	0:50:11,79
1043	50337	BELLOU EFThIMIA	477	Female 18-34	188	METRO RUNNING TEAM	0:49:20,96	0:50:12,91
1044	50344	CHANAS GEORGIOS	567	Male 45-49	52	METRO RUNNING TEAM	0:49:20,07	0:50:15,13
1045	50496	PALIOURA ANDRIANA	478	Female 45-49	38	METRO RUNNING TEAM	0:49:22,45	0:50:15,59
1046	50338	NASIOU XANTHI	479	Female 40-44	44	METRO RUNNING TEAM	0:49:28,55	0:50:21,07
1047	51392	VLI CHRYSI	480	Female 18-34	189		0:49:54,20	0:50:32,50
1048	50376	MAKRI EUFIMIA	481	Female 40-44	45	METRO RUNNING TEAM	0:49:51,56	0:50:54,93
1049	50362	TSANTOULI SPYRIDOULA	482	Female 35-39	46	METRO RUNNING TEAM	0:49:54,66	0:50:55,71
1050	50418	BONOVA STAMATIA	483	Female 18-34	190	METRO RUNNING TEAM	0:49:54,58	0:50:56,01
1051	50491	KASIMI MARIA	484	Female 45-49	39	METRO RUNNING TEAM	0:49:53,39	0:50:56,21
1052	50726	KOKKAS NIKOLAOS	568		186	A.Γ.Σ.Ι.	0:50:52,58	0:51:11,31
1053	50272	GEORGOULI FRIDERIKI	485	Female 18-34	191	METRO RUNNING TEAM	0:50:08,60	0:51:42,00
1054	50433	KOSTAKOU VIKI	486	Female 40-44	46	METRO RUNNING TEAM	0:50:50,11	0:51:44,03
1055	50451	PRIOVOLOU KATERINA	487	Female 50-54	20	METRO RUNNING TEAM	0:50:55,57	0:51:50,04
1056	50127	KOUSOURIS ANASTASIOS	569	Male 45-49	53		0:51:30,33	0:51:59,96

Place	Bib	Name	Gender Rank	AG	AG Rank	Club	ChipTime	GunTime
1057	51231	MASTORAS ANDREAS	570	Male 35-39	53		0:51:29,27	0:52:00,78
1058	51110	MAKRIS ALEXANDROS	571	Male 18-34	192		0:50:19,62	0:52:06,61
1059	50441	ZAVERDA KATERINA	488	Female 50-54	21	METRO RUNNING TEAM	0:51:07,82	0:52:13,61
1060	50356	MANIOTIS ARISTOTELIS	572	Male 35-39	54	METRO RUNNING TEAM	0:51:11,16	0:52:13,79
1061	50306	LIOUMI EVANGELIA	489	Female 18-34	192	METRO RUNNING TEAM	0:51:12,38	0:52:14,37
1062	50849	SIONTI ANTONIA	490	Female 55-59	8	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:50:56,50	0:52:15,81
1063	50319	PAPPAS NIKOLAOS	573	Male 18-34	193	METRO RUNNING TEAM	0:51:28,16	0:52:32,35
1064	50393	TZIOUMA ALAXANDRA	491	Female 35-39	47	METRO RUNNING TEAM	0:51:33,99	0:52:33,98
1065	50488	KRIKONIS VASILIOS	574	Male 35-39	55	METRO RUNNING TEAM	0:51:31,50	0:52:35,57
1066	50378	LOLI MARIA	492	Female 18-34	193	METRO RUNNING TEAM	0:51:41,81	0:52:37,52
1067	50172	KEFALIDOU MARGARITA	493	Female 18-34	194		0:52:13,86	0:53:30,16
1068	50173	KOLIOUSI VASILIKI	494	Female 18-34	195		0:52:17,08	0:53:30,71
1069	50425	BESIOU CHARIKLIA	495	Female 45-49	40	METRO RUNNING TEAM	0:52:42,43	0:53:41,07
1070	50429	IFANTI ARGYRO	496	Female 18-34	196	METRO RUNNING TEAM	0:52:43,39	0:53:41,33
1071	50349	DAKOUMI KONSTANTINA	497	Female 45-49	41	METRO RUNNING TEAM	0:52:44,39	0:53:41,34
1072	50373	MASTAKOULI ARISTEA	498	Female 40-44	47	METRO RUNNING TEAM	0:53:51,43	0:53:51,43
1073	50333	MANTZIOU DIMITRA	499	Female 50-54	22	METRO RUNNING TEAM	0:52:54,29	0:53:51,75
1074	50399	STAVROU MARIANA	500	Female 18-34	197	METRO RUNNING TEAM	0:52:40,32	0:53:57,53
1075	50328	PAPPAS EVGENIA	501	Female 45-49	42	METRO RUNNING TEAM	0:52:51,38	0:54:09,26
1076	50381	GIANNAKOULI MERANTA	502	Female 50-54	23	METRO RUNNING TEAM	0:53:26,17	0:54:26,25
1077	50660	EVANGELOU ELENI	503	Female 18-34	198	MERCEDES BENZ ΓΚΑΡΤΖΩΝΙΚΑΣ	0:55:31,39	0:55:48,56
1078	50361	PAPPA ELENI	504	Female 18-34	199	METRO RUNNING TEAM	0:54:15,43	0:55:53,06
1079	50360	GOUSI STASINI	505	Female 50-54	24	METRO RUNNING TEAM	0:54:20,84	0:55:53,61
1080	50842	BITSIKAS XENOFONTAS	575	Male 55-59	11	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:54:25,06	0:55:54,90
1081	50420	DROSOU EVANGELIA	506	Female 45-49	43	METRO RUNNING TEAM	0:54:56,20	0:55:56,33
1082	50851	SFAIROPOULOS NIKOLAOS	576	Male 50-54	17	ΙΩΑΝΝΙΝΑ_2023 ΤΟ ΜΕΛΛΟΝ ΣΗΜΕΡΑ	0:54:29,45	0:55:58,59
1083	50303	SANTORINAIOU MARILENA	507	Female 18-34	200	METRO RUNNING TEAM	0:54:52,16	0:56:31,60
1084	50302	DOSIS ATHANASIOS	577	Male 18-34	194	METRO RUNNING TEAM	0:54:56,80	0:56:33,77
1085	50389	TZIMARI PANAGIOTA	508	Female 40-44	48	METRO RUNNING TEAM	0:55:51,37	0:56:34,40
1086	50464	LEONTARI ELENI	509	Female 35-39	48	METRO RUNNING TEAM	0:55:54,08	0:56:34,66